

October 2026

The Center gives people of all faiths, backgrounds, and ages the space to dream, grow, and become fully alive- physically, mentally, emotionally, and spiritually.



The Chicago Southwest Suburban Community
Parish and Community Center Foundation
Sunday services: 8:30am and 12:30pm
<http://www.thecenterpalos.org> 708-361-3650

WHAT HAPPENS THROUGH THE CENTER

We often talk about all the things that happen **at** The Center. But perhaps what matters most is what happens **through** The Center.

Frank Sanders used to say, "People grow *through* The Center." I think there is something really beautiful about those words. People grow here in so many different ways, and in so many different seasons of their lives.

A preschooler discovers the confidence to climb a tree. A camper learns that they can spend a week away from home and find a second family. A young person finds a place where they belong. Someone comes to Pathway and begins to believe that a different life is possible. A senior finds friendship, connection, and a new social opportunity. An adult takes time to slow down and find some peace through meditation. A family gathers in God's creation. An artist discovers something they didn't know they could create. And sometimes, people simply come here.

They walk the trails. They sit beneath the trees. They bring their children to the farm. They come back year after year, generation after generation, because The Center has become part of their lives.

That is what I love about the Fall season at The Center.

The grounds begin to change. The leaves turn, the mornings get cooler, and the fields take on the colors of fall. The pumpkins fill the fields, the barns are busy, and familiar faces start showing up again. Families & folks return for traditions that have become part of their own stories.

There is something about this time of year that makes us notice change. One season gives way to another, and we know that is how life works, too.

And that is true of The Center.

For more than 90 years, this place has grown and changed while staying rooted in the things that matter most. It is a place to learn, to wonder, to work and play, to worship, and to simply be. It is a place where people can try something new, find a place to belong, or come back to something that has always felt familiar.

The Center doesn't grow because of the buildings, the fields, or the programs alone. **It grows because people are part of it.**

People who come here. People who bring their children. People who volunteer. People who recover. People who worship. People who attend an event or take a class. People who give what they can. People who have been part of The Center for decades, and people who are discovering it for the very first time.

There is no one way to be part of The Center. This fall, we encourage you to find yours! Come walk the trails when the leaves begin to turn. Bring your family to Pumpkin Playland. Attend a luncheon. Take a class. Visit the Wayside Chapel. Bring someone who has never been here before. Or simply come and be.

Because this place is not just about what happens **at** The Center. It is about what happens **through** it. And there is nothing more meaningful than being here to watch people grow.

We sincerely hope to see you here this Fall!

Amy Donze
Executive Director

SPIRITUAL OFFERINGS

SERVICES

8:30 a.m. in the Parlor

This early morning Vespers is an informal gathering that incorporates silence, prayer, Scripture, and conversational reflection. It's a time of sharing collective wisdom and building community, and you are invited!

12:30 p.m. in the Chapel

Each Sunday, we have a non-denominational service of music, meditative message, and prayer. Immediately following Vespers, we gather in The Great Hall of The Lodge for a time of fellowship and light refreshments. We would love to have you join us!

Communion Sunday

Sunday, October 4 and November 1, 8:30 a.m. and 12:30 p.m.

Join us as we gather for Communion. Non-alcoholic juice and gluten-free bread are provided, and all are welcome at the Lord's table.

A Prayer for Peace at the Labyrinth

The first Tuesday of each month, October 6, November 3, December 1, 4:00 p.m. at the Labyrinth

Let us meet at the Labyrinth to walk in silence with Love for peace. All are welcome! No registration is necessary. We will walk rain or shine! Email revc.spirituality@gmail.com with any questions.



Family Service Sunday

Sunday, October 11, 10:00 a.m.

Family Service returns to The Center this month! Please join us as we gather outside, in "God's Chapel" behind the Lodge (on the west side of Southwest Highway) for this family-friendly service. Our focus this month is God's presence in ALL of creation. This service is intended for families with children 10 years and younger. Afterwards, we will share a bit of hospitality, because Jesus always ate with his friends! Questions may be directed to Rev. Chris at revc.spirituality@gmail.com

SPIRITUAL DIRECTION

Spiritual Direction (Companionship) is a long time non-denominational practice that offers a person confidential space to reflect on the connection between life and God's presence. A Spiritual Director is trained to listen with compassion and to help navigate through life's challenges from a divine perspective. To make an appointment, call The Center at 708-361-3650, and one of our spiritual directors will return your call to schedule a meeting. **The fee is \$30 per session.**

MINDFULNESS

Sunday mornings 11:00 a.m. - 12:00 p.m. in the Forest View Room (FVR)

Mindfulness: the practice of being present to what is with kindness and curiosity. We invite you to come and find the support, guidance, and companionship that you need to be present wherever you are in life. Please contact Dan Morley with any questions you may have at 708-280-3945.

MEDITATION

Loving-Kindness Meditation (Metta)

Every Monday, 9:00 a.m. - 9:45 a.m. in the Forest View Room (FVR)

All are welcome to gather in the Forest View Room for 45 minutes of getting centered. Metta includes a silent meditation, but it is primarily a group prayer for peace in the world, beginning with ourselves. No registration is necessary. Questions may be directed to Peggy Quinn at 773-841-3203.



Zen Meditation

Tuesday nights, 5:15 p.m. - 6:15 p.m. in the Parlor

Jim Matson, a Zen Buddhist Priest, is teaching a class on the background and practice of Zen Meditation. He comes with 24+ years of experience and describes Zen Meditation as "the art of becoming aware of the movement of the mind. It permits an understanding and realization of the deeper and more subtle aspects of our lives and points toward a compassionate and more confident way of living."

Class fee: \$5 suggested donation per session

PROGRAM

Toastmasters

Wednesday, October 7 and 21, 6:00 - 8:00 p.m.

Toastmasters is an opportunity for folks who wish to improve their public communication skills, to develop the confidence to stand and speak before large or small groups of people. The Center's Toastmasters Club consists of staff, volunteers, and friends of The Center. No commitment is necessary to try it out. For more information, contact Lois Lauer.



WomanTalk Discussion Group

Tuesday, October 27, 10:00 - 11:30 a.m. in the Parlor

Please join us as we celebrate the arrival of Autumn, and the "rustic palette of jewel tones that dazzle with their beauty."

Simple Abundance continues September's consideration of Beauty, as readers are encouraged to enjoy seasonal Joyful Simplicities such as visiting nurseries and pumpkin patches, walking outdoors amongst changing Fall colors, planting bulbs to enjoy next Spring, and perhaps baking an applesauce spice or carrot cake. Group members regularly share the books they are currently reading. A free copy of *The Real Mrs. Miniver* by her granddaughter Ysendra Maxtone Graham is available.

"WomanTalk," hosted by Kate Atkins-Trimnell, is a gathering of women who meet monthly in the Parlor to nurture and support each other on their personal journeys of creativity and self-discovery. Rooted in Sarah Ban Breathnach's Simple Abundance, the group, now in its 29th year, seeks ways to live authentically and joyfully.

We hope that you'll be able to join us in the Parlor. We generally take a group outing together each month. If you have any questions about the group, or the outing, please contact the Center office by e-mail at tarag@thecenterpalos.org.

Reiki Circle

4th Sunday of the Month, October 25, November 22, 1:00- 2:30 p.m. in the FVR

Join us for our monthly Reiki share at The Center! Whether you are trained in Reiki (I, II, or III) or not, you are welcome to participate. Reiki is a Universal Life Force Energy that can activate natural healing and restore physical and emotional well-being. We will meet together in circle and share healing Reiki energy. There is no fee but a donation to The Center is very much welcomed. No need to register. Please contact Eileen Hurn (773-550-6174) or Karen Signore (708-860-7813) for further information.

RETREATS

Awake at The Center: A Day of Mindfulness in the Out of Doors

Saturday, October 10, 9:00 a.m. - 3:00 p.m.

The grounds of The Center hold a beauty and peace that, when we take the time, can be truly felt. Please join us for a day retreat led by Dan and Sharon Morley. You will be invited to sit, to walk, to listen, to share, to hear, and to see the beauty and wonder that abounds all around us. Wear clothing and shoes appropriate for the weather, as we will be spending most of our time outdoors.

Retreat fee: \$50. Includes leadership, in-room refreshments, and retreat supplies. Please plan to bring a sack lunch.



Women's Christmas Retreat: Preparing Our Hearts & Our Hearths for Christmas

Saturday, November 21, 9:00 a.m. - 5:00 p.m.

We gather for our very popular annual women's Christmas Retreat, which will focus on preparing not just our homes, but also our hearts for the holidays! Featuring Christmas crafts, fireside fellowship, and time for reflection, this women's retreat is always a wonderful way to get in the spirit of the season. A full day of creativity and Christmas Spirit!

Retreat leaders: Lois Lauer and Julie Palucki

Retreat fee: \$110. Retreat goes on sale: Wednesday, October 21, 10:00 a.m.



2ND ANNUAL FIELD TO FORK DINNER

Join us for a five-course farm-to-table dinner that celebrates the gifts of the season and the joy of gathering around the table!

This meal is more than a menu. It's truly a story of our land, our farmers, and the flavors that come alive when food is grown with care. Chef Kat has created a beautiful progression of dishes inspired by Thanksgiving featuring slow roasted turkey with homemade pan gravy along with sprinkling the classic sides and accompaniments throughout the entire meal.

Pasture-raised meats, eggs and honey from our own SAGE program are highlighted alongside produce from O.A.K. Farm and other local growers. Each course will be paired with a unique handcrafted, non-alcoholic beverage, designed to bring out the flavors and invite you to linger in the experience.



Every ticket purchased sows seeds for the future. Your support nurtures our SAGE program, where we teach and inspire the next generation of environmental stewards while growing wholesome, nourishing food that feeds our community.



Tickets: \$125 per person
November 14 | 4PM
The Lodge at The Center



***Tickets on sale now
Come hungry. Leave nourished.***



The Witches Tea

Friday October 9th 2:00 - 4:00pm



Dust off your witch's hat and broomstick to prepare for another magical Witches Tea!! A bewitching event held in The Great Hall of the Lodge. Our cackle of witches will serve you spider cider, a special herbal elixir brewed from our garden, and a fanciful spread of finger foods. Actress and Storyteller Megan Wells will enchant with a bewitching tale.

Event price: \$48 per person

CHRISTMAS WREATHS

Bring a little holiday cheer home with one of our beautifully handmade balsam fir wreaths, finished with a classic red velvet bow! Wreaths are available in four sizes: 24", 36", 48", and 60".



Please place your order electronically by October 23rd through The Center's website or by calling the main office. Wreath pickup will be November 27th & 28th at the Farm, or by special arrangement.



WINTER HOLIDAY JUNIOR FARMERS BEGINS WEEK OF NOVEMBER 2ND

Participants will focus on preparing our animals for the cold weather and getting into the Christmas spirit. The conclusion of this session will be reenacting a live nativity with our very own farm animals! Our donkeys, will carry 'Mary' to the manger, shepherds will bring goats, cows and sheep to visit baby Jesus, and the angels and wisemen will all be there as well. The live nativity reenactment is certainly an event you don't want to miss!

Class Offerings

Ages 3 - 6:

Tuesday - 9:30a.m. or 11:00a.m. Beginning November 3rd

Thursday - 1:30p.m. Beginning November 5th

Friday - 9:30a.m., 11a.m. or 1:30p.m. Beginning November 6th

Saturday - 9:30a.m., 11:00a.m. or 1:30p.m. Beginning November 7th

Sunday - 9:30a.m. or 11:30a.m. Beginning November 8th (Farmer Shay)

Ages 7 - 12:

Tuesday, Wednesday or Thursday - 4p.m. Beginning November 3rd, 4th or 5th

Saturday - 3p.m. Beginning November 7th

Sunday - 1:30p.m. Beginning November 8th (Farmer Shay)

4 WEEKS - \$80

Registration Opens September 23rd at 10AM
www.thecenterpalos.org/farm/junior-farmers/

Classes will not be held
Thanksgiving week
(Nov. 23rd- Nov. 30th)

FARM AND NATURE DISCOVERY SCHOOL

We are back in the swing of the school year, and we have so many exciting events coming up at The Farm & Nature Discovery School! We are so happy to have our families with us this year. It is so wonderful to have our school full of life and learning again.

During the month of October, we will focus on the themes of "On the Farm" and "Farm to Table". The children will learn firsthand about farm animals, farm machines, agriculture, crops, and produce. They will also take a look at how farms supply goods to families and how they use them in the home. We will also take a look at different types of farms and farms all around the world, diving into different cultures and biomes to see how they are the same and different from our farm.

Towards the end of the month, we are excited to introduce so many fun activities themed around Halloween! We will have bubbling cauldrons, spooky crafts to decorate our school, and a bunch of silly shenanigans! We will also be participating in The Children's Farm Trunk-or-Treat event again this year, and ending with a family party with our whole school community! We love all the fun Fall has to offer!



We will also be learning about and celebrating Día de los Muertos. The children will be introduced to the culture that surrounds this heartwarming celebration of life. We will decorate cookies, make marigolds, and try pan de muerto while listening and dancing to music. We love to invite our families to bring special items for our school ofrenda!

There is still time to join us for the 2026-2027 school year! Morning spots filled up quickly for preschool, but we have some availability in our 3-day pre-kindergarten class, as well as our afternoon classes for Preschool and Pre-Kindergarten, which run from 1:00-3:30 pm. If you or someone you know would like to learn more about our school or would like to set up a tour, I, Danielle Bell, can be contacted at 708-361-8933 or by email FarmandNature@TheCenterPalos.org

The Children's Farm Pumpkin Playland



OPEN BARN (CHICKENS, PIGS, GOATS, COWS, SHEEP, AND MORE!)
HAYRACK RIDES ~ SPOOKY WOODSHED ~ HAYBALE CLIMBER ~ CONCESSIONS
CRAZY MAZEY CORN BOX ~ U-PICK PUMPKIN PATCH ~ FALL DÉCOR

SEPTEMBER 19TH - NOVEMBER 1ST

HOURS

SATURDAYS & SUNDAYS (& MONDAY, OCTOBER 12TH) : 10AM - 4PM
FRIDAYS : 10AM - 1PM

\$15 ADMISSION FOR AGES 2+

NO ADVANCED RESERVATIONS REQUIRED!





OCTOBER AND NOVEMBER 2026

ART CLASSES FOR CHILDREN AND FAMILY ART WORKSHOPS

AFTER SCHOOL FUN WITH CLAY Instructor: Heaven Newsom

Three Tuesdays starting October 6, 4:30 - 5:30 p.m. or

Three Tuesdays starting October 27, 4:30 - 5:30 p.m.

Class fee: \$47 Plus a \$13 Materials fee

Students will work with clay each week creating a variety of sculptures and pottery pieces. Open to students in grades K-6.

KIDS SEWING WORKSHOPS AND CLASSES Instructor: Angela Gonzalez

Open to students in 3rd - 8th grade. Bring your own sewing machine or use one of ours.



GHOST STUFFIE

Sunday, October 4, 10:00 a.m. - Noon

Class fee: \$32 Plus a \$7 Materials fee

Sew a soft and squishy ghost stuffie, can be spooky or cute!

PUMPKIN PLUSHIE

Sunday, October 25, 10:00 a.m. - Noon

Class fee: \$32 Plus a \$7 Materials fee

Sew a soft and squishy pumpkin. We will head outside to gather twigs for its stem.



JACK-O-LANTERN HALLOWEEN TREAT BAG

Sunday, October 18, 10:00 a.m. - Noon

Class fee: \$32 Plus a \$7 Materials fee

Sew your own bag for trick-or-treating. Each bag will be unique, as students will be encouraged to create their own design.

FAMILY ACRYLIC PAINTING WORKSHOPS Instructor: Heaven Newsom

Family members will share a large canvas and create a beautiful art work together.

Class fee, per class: \$30 Plus a \$6 Materials fee (pricing includes one child and one guardian, open to all ages)



SUNFLOWER

Saturday, October 3, 10:00 - 11:00 a.m.

By using leaves to create prints that look like flower petals, you will create a beautiful sunflower painting.

FALL TREES

Saturday, October 10, 10:00 - 11:00 a.m.

Paint a fall tree and do some fun finger painting techniques to create leaves.

FAMILY CERAMIC ART WORKSHOPS

Pricing includes one child and one guardian, open to all ages.

We will need to fire your pieces in our kiln and will call you to pick up when ready.

CERAMIC PUMPKINS Instructor: Heaven Newsom

Thursday, October 8, 6:00 - 7:30 p.m.

Class fee: \$40 Plus a \$10 Materials fee

Learn how to sculpt some pumpkins out of clay, then add colors in class. Great decor for the fall!

FALL LEAF PLATTERS Instructor: Heaven Newsom

Thursday, October 29, 6:00 - 7:30 p.m.

Class fee: \$40 Plus a \$10 Materials fee

Families will collect leaves to create impressions in clay and create a fall-inspired platter together. Students will add colors in class.



HALLOWEEN MONSTERS Instructor: Gynx Valentine

Wednesday, October 21, 6:00 - 7:30 p.m.

Class fee: \$40 Plus a \$10 Materials fee

In this fun family art class, students will work with clay and create a Halloween-inspired monster, adding colors while in class.

TURKEY SCULPTURES Instructor: Heaven Newsom

Thursday, November 12, 6:00 - 7:30 p.m.

Class fee: \$40 Plus a \$10 Materials fee

Families will create a charming turkey sculpture, will make a great decoration this Thanksgiving!



FAMILY JEWELRY WORKSHOP: RESIN PENDANTS Instructor: Aimee Leang

Wednesday, November 4, 6:00 - 8:00 p.m.

Class fee: \$45 Plus a \$16 Materials fee

(pricing includes one child and one guardian, open to all ages)

Have fun making mini collages inside a jewelry-sized blank metal frame. Students can use dried flowers, semi-precious stones, glitter, sequins, and more! Students will seal the pieces with a uv resin. Feel free to bring items from home to include, although the teacher will have a variety for students to choose from.

FAMILY WATERCOLORS PAINTING WORKSHOP: SPOOKY SPLASHES OF HALLOWEEN

FUN Instructor: Bridhid Kiruci

Wednesday, October 28, 6:00 - 7:30 p.m.

Class fee: \$32 Plus a \$6 Materials fee (pricing includes one child and one guardian, open to all ages)

Unleash your family's inner artists as you paint vibrant ghosts, friendly pumpkins, and magical night skies using simple watercolor techniques and playful splatters. A cozy, creative way for parents and kids to share some hauntingly happy holiday togetherness.

OCTOBER AND NOVEMBER 2026 **SCHEDULE OF ART CLASSES FOR ADULTS**

Teens are able to register for most adult classes. Please inquire with interest.



ABSTRACT ART PAINTING Instructor: Sandy Safranek

Thursday, November 12, 1:00 - 3:00 p.m.

Class fee: \$25 Plus a \$6 Materials fee

Create your own unique Abstract/Modern Art Painting in acrylic paints on a canvas panel. Each student will use lines, shapes, textures, and colors to design a variety of patterns and produce a painting that resembles those done by contemporary artists.

BASKET WORKSHOP Instructor: Ann Marie Jagiella

Two Fridays, October 16 and 23, 9:30 a.m. - 12:30 p.m.

Class fee: \$70 Plus a \$28 Materials fee

Learn the steps to weave this cute basket for the fall season.



BROOM-MAKING! Instructor: Lois Lauer

Saturday, November 7, 9:00 a.m. - Noon

Class fee: \$36 Plus a \$15 Materials fee

The traditional art of broom-making is enjoyable and productive, providing both creative fun, and also useful brooms for your home! New students will learn the basic principles of traditional broom-making by creating your own small whisk broom that is functional and decorative. Returning students will learn advanced techniques like plaiting, attaching wooden handles to larger brooms, adding "shoulders" and "turkey wings", plaiting with cut stalks, fancier wraps, and stitching.





CANDLEMAKING WORKSHOP Instructor: Kim Taylor
Saturday, October 3 or November 7, 10:00 - 11:30 a.m.
Class fee: \$20 Plus a \$20 Materials fee, per workshop

Brighten and enlighten yourself in candle-making basics, while walking away with your own beautifully handmade crackling wood wick candle creation! We will use 100% organic soy wax, crackling wood wicks, and aromatherapy fragrances (optional) to make candles. With fall in the air and the holiday season around the corner, your candle can make a thoughtful gift or become part of a fun family tradition.

CERAMICS WORKSHOPS AND POTTERY CLASSES

ADVANCED POTTERY Instructor: Maddie Burns
Four Monday nights starting October 12, 6:00 - 8:30 p.m.
Class fee: \$127 Plus a \$38 Materials fee

A class for students with previous experience in wheel and hand-building. Students will refine skills and techniques through independent projects with teacher assistance.

CERAMICS WORKSHOP: BEAUTIFUL MONSTERS Instructor: Robin Power
Two Wednesdays, October 7 and 14, 10:00 a.m. - Noon
Class fee: \$55 Plus a \$16 Materials fee

While working with clay, you will learn the steps to sculpt your own "Beautiful Monster" sculpture. Students will paint with colorful glazes on the second day of class. We will call you when your sculpture has been fired in the kiln and ready to pick up.



CERAMICS WORKSHOP: FALL TREE SCULPTURES Instructor: Robin Power
Two Wednesdays, October 21 and 28, 10:00 a.m. - Noon
Class fee: \$55 Plus a \$16 Materials fee

Create a sculpture of a fall tree on the first day of class and paint colorful glazes on the second day. We will call you when your sculpture has been fired in the kiln and is ready to pick up.

CERAMICS WORKSHOP: WOVEN CERAMIC TRIVETS

Wednesday, November 11, 10:00 a.m. - 12:30 p.m.
Class fee: \$30 Plus a \$11 Materials fee. Instructor: Robin Power
 Create a trivet out of clay that'd be perfect for your holiday table.



POTTERY

Instructor: Robin Power

- **Four Tuesdays starting October 6, 10:00 a.m. - 12:30 p.m.**
- **Four Tuesdays starting November 3, 10:00 a.m. - 12:30 p.m.**
 - **Class fee: \$127 Plus a \$38 Materials fee**

Instructor: Madeleine Burns

- **Four Monday afternoons starting October 12, 1:00 - 3:30 p.m. or**
- **Four Tuesday nights starting October 13, 6:00 - 8:30 p.m.**
 - **Class fee: \$127 Plus a \$38 Materials fee**

In this multi-level class, students will take turns on the pottery wheel and create pieces by hand, learning the art of ceramics. Students will create with clay each week and then glaze on the last day. Pottery will need to be picked up after a final kiln firing.

COLLAGE Instructor: April Schabes

Six Wednesday mornings beginning October 28, 9:30 a.m. - Noon. Class fee: \$160

Experiment with color and composition to create your own mixed-media collages... an opportunity to "play in your own world of artistic expression with a fun and easy art form!"

CROCHETED PUMPKIN COASTER WORKSHOP Instructor: Marissa Nugent
Saturday, October 24, 10:00 a.m. - Noon
Class fee: \$25 Plus a \$5 Materials fee

Learn the steps to crochet a cute pumpkin coaster.





ENAMELED JEWELRY WORKSHOP Instructor: Aimee Leang
Saturday, October 17, 11:00 a.m. - 1:00 p.m.
Class fee: \$35 Plus a \$18 Materials fee

Learn the art of enameling while torching your own colorful designs on copper pieces. Students will have the opportunity to create earrings or a pendant with their enameled creations.

EXPRESSIVE ARTS WORKSHOPS Instructor: Karen Signore

MOON REFLECTIONS MIXED MEDIA WORKSHOP

Sunday, October 11, 12:30 - 3:30 p.m.

Class fee: \$40 Plus a \$12 Materials fee

The moon holds a mystical presence, holding symbolism and the significance of its names and various phases. Join us for an afternoon of creativity and reflection. We will explore the symbolism of the moon and discover the personal meaning it has for you through guided meditation and journaling. Infuse your canvas with illuminating intentions. Explore various texturing techniques for the background with acrylics and choose from a variety of papers and embellishments to create your own mixed media moon painting.

GRATITUDE ROCKS

Sunday, November 15, 12:30 - 3:30 p.m.

Class fee: \$40 Plus a \$12 Materials fee

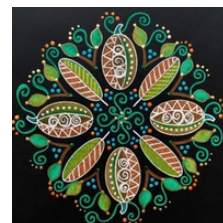
The practice of gratitude enhances our well-being and quality of life. Join us for a heart-centered, nourishing afternoon of reflection and creativity as we contemplate gratitude. Explore gratitude through guided meditation, journaling, and art. You will use paint, markers, decorative papers, and other embellishments to decorate rocks with messages of gratitude. They can be shared with others, or leave them in unexpected places to brighten someone's day.

FALL-INSPIRED MANDALA WORKSHOP Instructor: Robin Neumann

Thursday, October 22, 1:00 – 3:00 p.m.

Class fee: \$27 plus a \$4 Materials fee

Learn to create a fall-inspired mandala using a circular grid. You can turn your art into a greeting card or take home to frame.



FALL LANDSCAPES IN CHALK PASTELS Instructor: Sandy Safranek

Wednesday, October 28, 1:00 - 3:30 p.m.

Class fee: \$30 Plus a \$14 Materials fee

Capture the beauty of the fall season by completing an Autumn Landscape Drawing in chalk pastels. The instructor will provide the students with a variety of photos of fall scenery to use as inspiration. Finished drawings will be matted and ready for framing.

FELTED GHOST WORKSHOP Instructor: Barb Simon

Thursday, October 8, 1:00 - 3:00 p.m.

Class fee: \$25 Plus a \$8 Materials fee

Learn how to turn soft wool into a cute needle-felted ghost that's perfect for decorating your home this Halloween season.



FINGER-KNIT WINTER SCARF WORKSHOP

Saturday, November 21, 1:00 - 3:30 p.m.

Class fee: \$30 Instructor: Sandy Safranek

Create a soft, warm winter scarf using a finger-knitting process. No knitting experience is required. Participants should purchase and bring their own yarn. One skein (bundle) of Yarnspirations Bernat Blanket Big Yarn is all that is needed to create one scarf, available at Michaels. This will be a great opportunity to make someone a beautiful scarf as a Christmas gift.

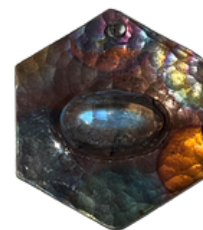


FIRE PAINTED PENDANT Instructor: Aimee Leang

Wednesday, October 21, 1:00 - 3:00 p.m.

Class fee: \$35 Plus a \$16 Materials fee

While using copper pendant blanks, students will learn to hammer textures, then "paint" with the flame of a micro torch. Affix your piece with a semi-precious stone, then seal with a UV resin.



HAMMERED COPPER CUFF WORKSHOP Instructor: Aimee Leang
Wednesday, November 18, 6:00 - 8:00 p.m.

Class fee: \$30 Plus a \$8 Materials fee

Create a cuff bracelet from a hammered copper sheet. Students will draw their design, cut with metal sheers, file and add hammered textures.



HIKING STICK WORKSHOP Instructor: Lois Lauer

Saturday, October 17, 9:30 - 11:30 a.m.

Class fee: \$25 Plus a \$8 Materials fee

We'll cut black willow sticks to our desired lengths, whittle away at least some of the bark, sand them smooth, draw and write on them (optional), drill holes for leather wrist straps, and varnish them for a lovely look and durability. While the varnish dries we'll enjoy a conversation about favorite places to hike.



LAPIDARY (ROCK POLISHING)

Four Monday mornings starting October 19, 9:00 - 11:00 a.m.

Instructor: Larry Rothenberg

Four Thursday nights starting October 15, 5:00 - 7:00 p.m.

Instructor: Jackie Burger. **Class fee: \$100 per four-week session**

Learn the art of rock polishing as you turn rough chunks of rock into beautifully polished gemstones. Create a pair of round or oval stones and then advance to more complex designs. Stones are not included but can be purchased from our instructor for projects.



METALSMITHING FOR JEWELRY Instructor: Mary Michaelson

Six Tuesday nights beginning October 27, 6:30 - 8:30 p.m. (no class on November 24) **or Six Thursday mornings beginning October 29, 9:30 - 11:30 a.m.** (no class on November 26)

Class fee: \$140 Plus a \$52 Materials fee per 5-week session

By working with silver, copper, or brass, students can create either a silver ring or pendant. Students will learn the basics of metalsmithing such as sawing, filing, sanding, and soldering to create their own original jewelry pieces. Students are welcome to bring in stones for which to create their own settings. Advanced instruction will be given to continuing/advanced students.



MUSHROOM EARRINGS WORKSHOP Instructor: Aimee Leang

Wednesday, October 28, 1:00 - 3:00 p.m. or

Saturday, November 7, 11:00 a.m. - 1:00 p.m.

Class fee: \$30 Plus a \$8 Materials fee, per workshop

Fall is mushroom hunting season! Create your own cute mushroom earrings, choosing from many colors and sizes of high-quality Czech glass beads. Learn wire-wrapping techniques to finish and choose from a variety of earring styles.



PANEL BOOK WORKSHOP Instructor: Barb Thompson

Tuesday, October 27, 10:00 a.m. - Noon

Class fee: \$25 Plus a \$5 Materials fee

Create a unique book of pages that swing on folded panels. Can be used for collage, painting, or journaling.



PAPERMAKING WORKSHOP: FALL LEAVES Instructor: Marilyn VandenBout

Saturday, October 24, 10:00 a.m. - Noon

Class fee: \$25 Plus a \$5 Materials fee

Create your own papers using real pressed leaves embedded in your paper pulp, as well as paper-shaped leaves to create a layered effect. Create papers for future art projects, or that can be framed as art.



STAINED GLASS WORKSHOP Instructor: Savannah Kristof
Sunday, October 18, 10:00 a.m. - 2:00 p.m.
Class fee: \$100 Plus a \$50 Materials fee

Learn the steps to create a stained glass sun catcher from start to finish using the copper foil method. Students will choose glass colors and cut their glass, then grind, foil, and solder to finish their project. There will be multiple designs from which to choose, and they will be able to take their project home by the end of class. All supplies provided. Please wear closed-toe shoes.



WATERCOLOR PAINTING Instructor: Lenox Wallace
Six Monday afternoons starting October 26, 1:00 - 3:30 p.m. (Advanced Class)
Six Thursday mornings beginning October 29, 10:00 a.m. - 12:30 p.m. (Beginner Class- No Class on November 26). Class fee: \$160 per class

Structured lessons for beginning watercolorists with critique and guidance in composition, values, textures, negative painting, brushstroke usage, and more. Experienced painters will work individually with occasional guidance and critique. Materials list can be accessed through this link: www.thecenterpalos.org/watercolors.



WOODCARVING Instructor: Larry Rothenberg
Six Thursdays starting October 29, 9:00 - 11:00 a.m.
(No class on November 26)
Class fee: \$112 per six-week session

Learn and practice the tools and techniques of woodcarving in basswood. New students will gain knife-handling skills and create beautiful, simple relief, or three-dimensional projects such as a star, shoe, or bird. If you are experienced, you may design your own projects. Wood and bench knives are available for purchase in class from the instructor (approximately \$25 for wood and bench knives)

REJUVENATE YOURSELF AT THE CENTER, YOGA, AND MORE!

Class will take place in the beautiful Forest View Room in The Lodge. Bring your own yoga mat and props.

NEW!! FAMILY YOGA WORKSHOP "THE FAMILY TREE: YOGA AND MINDFULNESS"

Wednesday, October 14, 6:00 - 7:00 p.m. Instructor: Brigid Kircuci

Class fee: \$30 (pricing is for two participants, open to all ages)

Join us for a calming family yoga experience inspired by the strength and beauty of trees. Through gentle mindful movement, breathing exercises, and guided mindfulness, families will explore what it means to feel rooted, grounded, and open to growth. Perfect for all ages and experience levels.

NEW!! FAMILY YOGA WORKSHOP "MINDFUL TOGETHERNESS, A GRATITUDE YOGA FLOW"

Wednesday, November 11, 6:00 - 7:00 p.m. Instructor: Brigid Kircuci

Class fee: \$30 (pricing is for two participants, open to all ages)

Through gentle yoga, mindful movement, and breathwork, families can pause to cultivate gratitude and connection. Sharing these intentional moments grounds parents and children in a calm, thankful togetherness.

GENTLE YOGA Instructor: Maura Therese

Four Friday mornings starting October 9, 9:30 - 10:45 a.m. Class fee: \$64

These 75-minute hatha yoga classes are perfect for releasing tension, connecting with the breath, and helping students gain strength and flexibility.

NEW!! REST AND RENEW YOGA WORKSHOP Instructor: Carolyn Harms

Saturday, October 24, 9:30 - 11:30 a.m. Class fee: \$35

When the seasons shift, so does the body. Come and join Carolyn for a gentle practice that will guide your body into stability and renewal as we ease into the fall and winter seasons.

SLOW FLOW YOGA Instructor: Danielle Schaar

Four Thursday nights starting October 22, 6:00 - 7:15 p.m. (no class on October 29)

Class fee: \$64

This 75-minute yoga class combines Hatha Yoga and functional mobility to help students gain strength, flexibility, and ease in movement. We'll finish by settling into a restful meditation, finding peace in body and mind.

SUNDAY MORNING YOGA WORKSHOP Instructor: Maura Therese

Sunday, October 25, 9:00 - 10:00 a.m. Class fee: \$16

Treat yourself to a yoga class that's "Easy like Sunday Morning", a gentle session to help you ease into your Sunday. Expect mindful, breath-led movement at your own pace, and leave with that "good morning stretch" feeling. Bring your own yoga mat and yoga blocks if you have them.

TRANQUIL YOGA Instructor: Debbie Jacob

Four Monday nights starting October 26, 6:15 - 7:15 p.m. Class fee: \$64

Invest in your health through gentle yoga and a sprinkling of Qigong and natural movements for simple challenges to your everyday posture transitions. Bring your own yoga mat and yoga strap.



GONG BATH Facilitator: Debbie Jacob, Vibrational Sound Therapy Certified Practitioner

Sundays, October 4 or November 1, 6:00 - 7:00 p.m. Fee: \$26 per event

Spend an evening immersed in the serene sounds and vibrations of the gong, accompanied by singing crystal and Tibetan bowls. Relax on your yoga mat and allow these ancient healing sounds and vibrations to wash over and through your body to deepen your state of relaxation. Don't forget to bring your yoga mat, pillow and blanket to maximize your relaxing experience. Will take place in the Forest View Room. Advance registration required.

Pre-registration is required 24 hours in advance for all Log Cabin classes and workshops. Class and materials fees are due at time of registration; we cannot reserve space without payment. No refunds or transfers of fees are available for cancellations made less than 72 hours prior to the beginning of class. Any cancellations made by students will subtract a \$10 administration fee. To register you can visit our website at thecenterpalos.org You can also call 708-361-3650 or visit our main office between the hours of 9:00 a.m. – 5:00 p.m. daily.

LUNCHEONS

Luncheons run from noon until 2:15 p.m., cost \$40 per person, and offer a delicious meal and the best in entertainment and educational programming.

Tuesday, October 6 "A Chico's Fashion Show"

Join Orland Park Chico's manager Shanda O'Donnell and Sharon Woodcock, and enjoy the modeling stylings of the women of The Center for this very special presentation featuring Chico's fall collection. Get styling tips and info on the latest trends, a discount on anything you might like to purchase, and a chance at a Fellowcrafters gift card raffle. Chico's is a brand known for its bold style, beautiful details, and a deep connection to women, inspiring women to feel confident, beautiful, and strong.

chico's

Tuesday, October 13 "Haunted History" with Terry Lynch

Sit back and listen, if you dare, to the entertaining and chilling tales of the historical hauntings of the Midwest. Stories of the S.S. Eastland, Brookfield Zoo, Fort Dearborn Massacre, and John Dillinger (to name just a few) help to guarantee spooky goosebumps, while learning a bit of history at the same time! Terry Lynch is back to share the scares!



Tuesday, October 20 "The British Invasion" with Dave Rudolf

Join multi-award-winning, Gold Record artist Dave Rudolf for a trip down memory lane (maybe even Penny Lane) for an afternoon of music from the British Invasion that influenced a whole new world of music, fashion, and style. Hear the music of The Beatles, the Kinks, the Who, Peter Gordon, and others, with a few stories about the groups and the times from the rather warped mind of Dave... Dave has 34 albums to his name and counting and is a 15-time nominee for NACA Entertainer of the Year Awards.

Tuesday, October 27 "Spooktacular Strings," a Halloween String Quartet Concert

You'll love this Halloween-inspired string quartet concert featuring: Stephane Collopy, violin; Brian Ostrega, violin; Oana Tatu, viola; Brian Gaona, cello. Come for a fun variety of spooky music to give you a thrill and a shrrill for the season!





TRUNK OR TREAT!

OPEN BARNs (CHICKENS, PIGS, GOATS, COWS, SHEEP, AND MORE!)
 HAYRACK RIDES ~ SPOOKY WOODSHED ~ HAYBALE CLIMBER ~ CONCESSIONS
 CRAZY MAZEY CORN BOX ~ U-PICK PUMPKIN PATCH ~ FALL DÉCOR

FRIDAY, OCTOBER 30TH
10AM-1PM
ADMISSION \$15/PERSON
CHILDREN UNDER 2: FREE!
THE CHILDREN'S FARM
12700 SW HWY PALOS PARK, 1L 60464
TRUNK OR TREAT CANDY IS WHILE SUPPLIES LAST!



ART CENTER OPEN HOUSE AND ART SHOW

SATURDAY, NOVEMBER 14,
10:00 A.M. - 1:00 P.M.

Stop by our art center to chat with teachers from The Log Cabin Center for the Arts about classes they teach and the art they create. Teachers will have displays of their own artworks with some items for sale.



Dash for Den 2026

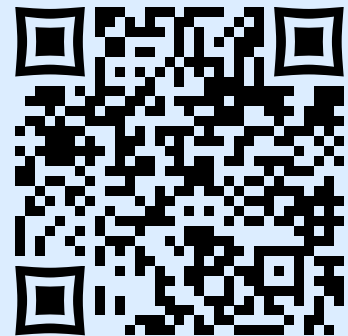
A 5K Walk/Run to Support The Center's Pathway Program
In Memory of Dennis Raber, 11/17/88- 2/6/18
October 18, 2026 @ 8:30 a.m. at The Children's Farm at The Center

We are losing a generation to the opioid epidemic. Dennis lost his battle on 2/6/18. Join us on October 18th to raise awareness- to humanize addiction- and to help support the Pathway Program at The Center. You do not need to register to join the walk.

If you have any questions, contact Maureen Esposito at maureenespo@comcast.net or (708) 259-1445 or Mark Raber at mark@ramarsupply.com or (708) 717-3368.



Donate Now



Have You Shopped at The Center's Gift Shop...

Located in the beautiful lodge at the Center is the quaint Fellowcrafters Gift Shop.

The shop was established in 1939 and still flourishing 87 years later. A dedicated group of volunteer crafters design, create and donate beautiful handmade items. The shop also carries unique quality vintage items. You are sure to find something special for that certain someone.

The shop is open 7 days a week, 9 to 5 when the Lodge Office is open. The shop is managed by volunteers and 100% of the gift shop proceeds benefits the Center. Fellowcrafters always welcome new crafters.

Any interest or for additional information contact the Lodge Office
Phone: 708-361-3650 Email: admin@thecenterpalos.org
Hope you visit soon

The Center



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The Chicago Southwest Suburban Community
Parish and Community Center Foundation
12700 Southwest Highway, Palos Park, IL 60464
708-361-3650
Website: <http://www.thecenterpalos.org>
Email: admin@thecenterpalos.org

**DATED MATERIAL
RETURN SERVICE REQUESTED**

FALL HARVEST SESSION BARN BUDDIES & FARMERS-IN-TRAINING

4 WEEKS - \$80

BEGINS WEEK OF OCTOBER 26TH

Barn Buddies Class Offerings

Monday - 9:30a.m., 11a.m. Beginning October 26th

Tuesday - 10:30a.m. Beginning October 27th

Wednesday - 9:30a.m., 11a.m., 1:30p.m. Beginning October 28th

Thursday - 9:30a.m. or 11a.m. Beginning October 29th

Friday - 9:30a.m. Beginning October 30th

A PERFECT BONDING OPPORTUNITY FOR ANY CHILD/ADULT PAIR! CHILDREN AGES 1-3, WITH AN ACCOMPANYING CHAPERONE WILL BE LED THROUGH A SERIES OF HANDS ON FARM AND NATURE EXPERIENCES AND ACTIVITIES. ADULT CHAPERONES SHOULD PLAN TO BE ACTIVE PARTICIPANTS IN EACH CLASS AS THE PROGRAM CONTENT IS DESIGNED TO BE A SHARED EXPERIENCE!

Farmers-in-Training Class Offerings

Monday - 4:30p.m. Beginning October 26th

Wednesday - 4:30p.m. Beginning October 28th

DESIGNED FOR CHILDREN AGES 10 AND UP, FARMERS-IN-TRAINING WILL BE EXPERTLY GUIDED BY FARMER BILL TO SEE FIRSTHAND WHAT IT TAKES TO CARE FOR A FARM FULL OF ANIMALS! THROUGH HANDS ON EXPERIENCES, CHILDREN WILL LEARN ABOUT AND PARTICIPATE IN THE NUTRITIONAL AND EXERCISE NEEDS OF OUR ANIMALS PLUS DAILY CARE, CLEANING AND FEEDING.

**Electronic Registration Opens September 23rd at 10a.m.
www.thecenterpalos.org**