

May 2026

The Center gives people of all faiths, backgrounds, and ages the space to dream, grow, and become fully alive- physically, mentally, emotionally, and spiritually.



The Chicago Southwest Suburban Community
Parish and Community Center Foundation
Sunday services: 8:30am and 12:30pm
<http://www.thecenterpalos.org> 708-361-3650

WHERE WILDFLOWERS GROW

“The moth that pollinates the flowers once ate the leaves- before it flew. As each thing ever fosters that thing that fosters it- and in return must ever give as much as it receives.”

-Gwen Frostic

Early each spring, a wildflower named “Bloodroot” begins to bloom outside our art center. This is one of the very first plants of the season. At first it looks like a tiny finger popping out of the dirt, then it sprouts a tiny white flower with a cloak of leaves wrapped around it. Their leaves will unfurl and grow big, but the flower only lasts a few weeks. They are called Bloodroot because within the stem is a red sap. Native Americans in the area once used these plants to create dyes for clothing and baskets. Their sight is symbolic of hope. When I see them bloom I can’t help but to think “We made it! We made it through one more winter! There is so much wonder and beauty in the coming season, and this is just the start!” From here, more and more wildflowers will start to bloom. Sprouting up next there will be Skunk Cabbage, then Wild Leeks, Spring Beauties, May Apples, Toothwort, Dutchman’s Breeches, Trout Lillies, Jack in the Pulpit, Buttercups, Trillium, and Shooting Stars. The names sound like they are from an enchanting fairy tale, and they really look like they could be too. The flowers are typically tiny, colorful, and exotic-looking, but they do not last very long. That’s why they are named “Ephemerals”, they appear above ground for a short time, the flowers die off but the plant remains, then retreats underground. These tiny miracles are needed to start the chain reaction of our local ecosystem. They are the heroes behind the scenes in nature. They give pollen to the bees after hibernating, who will make all things grow, we need them both to survive.

These plants are the native indigenous species to this area. They have grown here for thousands of years. They don’t need help from humans to do so, other than protecting them and letting them be. Although you can purchase wildflowers at special plant nurseries, and if you do they will need little to no care after they have taken to the environment! Wildflowers grow in abundance throughout The Center’s property and surrounding forests. We especially have a large amount of them all around the art center. Wildflowers continue to grow in areas that haven’t been plowed through, natural areas in which the surface hasn’t been disturbed, areas that have maintained the same natural landscape for thousands of years. Log Cabin #1 was built as the start of our art center in the 1950’s. They didn’t use machinery to dig deep into the earth; they dug by hand. Horses dragged in the recycled telephone poles that were used to build the cabin. The natural landscape was maintained, not destroyed.



I hope you will stop by sometimes this spring to see for yourself. But please do not pick any of the wildflowers if you find them, many of them are an endangered species and are desperately needed by the local ecosystem. My interest in wildflowers started here, at The Center’s Wildflower Walks with Lois Lauer and Carol Alesia. They would take us on a hike around The Center’s grounds and local forests, to show and teach us about what wildflowers were popping up. The two of them contain a wealth of knowledge about local wildflowers, trees, and wildlife, and made it really fun and exciting.

Many of the art classes held in our Log Cabin Center for the Arts are inspired by nature in one way or another. Being here, immersed in nature with beautiful scenic views all around us. Students create paintings and drawings depicting the seasons and local flora and fauna, carve sculptures of animals from wood, sculpt with clay from the earth, polish stones, make baskets, wreaths, or brooms from plants, among many other types of art. Creating with your hands and heart is good for the human spirit.

When the last frost comes around in May, it feels like a holiday to me, it's all systems go for planting and growing! It will be a long time before we worry about the first frost taking it all back. It's a time to shine for humans and the whole ecosystem. Just like nature, we scale back in winter to be reborn each spring, fully alive and new, part of this living earth. Each spring, the miracle of life is poignant and evident in God's millions of tiny miracles around us, such as the wildflowers that set forth a chain reaction of growth in the ecosystem. One generation gives to the next and so on and so forth.

Registration for spring art classes is now open at the Log Cabin Center for the Arts. We welcome and encourage you to join us. Come learn, create, and be inspired by the beauty that surrounds us.

Heather Young

Heather Young
Art Director

Summer Supper Series

Gather at the table. Savor the season. Experience the farm.

Join us for an outdoor farm-to-table dinner series in our open-air pavilion. Each meal is prepared by O.A.K. Farm & Kitchen's chef and farmer, Kat, using regenerative proteins and fresh, seasonal ingredients from The Children's Farm. Following dinner, guests are invited to enjoy a hayrack ride and guided tour led by our farmers and growers. See firsthand the animals, pastures, and fields that nourished your meal, and ask questions along the way. Slow down, share a meal, and experience the beauty and abundance of the farm!

3 Suppers, 3 Seasons, 3 Different Menus
\$45 per person, per meal, or \$120 for the full series

SAT. JULY 11	5PM-7PM	BBQ SAMPLER
SAT. AUGUST 8	5PM-7PM	HAND THROWN PIZZAS
SUN. SEPTEMBER 13	1PM-3PM	OKTOBERFEST FEAST





Something Fresh Is Growing at The Children's Farm!

We're excited to partner with The O.A.K. Farm and Kitchen LLC to offer a limited number of Summer CSA shares!

A full-season Summer CSA share is \$1,000, providing fresh, seasonal produce and proteins to your kitchen throughout the summer. When you purchase a share, you're not just buying groceries. You're becoming part of a community that values real food, responsible farming, and local agriculture. This is your opportunity to invest in your family's health while supporting local, sustainable farming.

Our Summer CSA runs July through October, providing four months of fresh, seasonal food straight from the farm to your table. Pickups will be conveniently located in our farm store and occur twice per month on the 2nd and 4th weekends of the month.

We anticipate each share will provide enough food to cover a large majority of dinners over a two-week period for a family of two. For a family of four, we recommend purchasing two shares to ensure you have enough to fill the table.

What Are the Benefits of Joining our CSA?

1. Superior Quality
2. Superior Taste
3. First Dibs on High-Demand Items
4. Know Your Farmer, Know Your Food
5. Convenience
6. Great Value
7. Experience the Rhythm of Seasonal Eating

What Might a Share Look Like?

- 1 lb ground beef
- 2 bone-in pork chops
- 1 pack cheddar bratwurst
- 2 lb chuck roast
- 8 oz kale, shishito peppers, and tomatoes
- 1 large yellow squash
- 2 cucumbers
- Chives & thyme

Each pickup will include:

5 - 7 varieties of fresh, seasonal produce grown using sustainable, organic practices

One dozen farm-fresh eggs

Approximately 5 pounds of beef and pork varieties

We would love to have you join us this summer and experience the difference of locally and responsibly raised food. For more information or to purchase shares, visit our website. Contact tarag@thecenterpalos.org with any questions.



SPIRITUAL OFFERINGS

SERVICES

8:30 a.m. in the Parlor

This early morning Vespers is an informal gathering that incorporates silence, prayer, Scripture, and conversational reflection. It's a time of sharing collective wisdom and building community, and you are invited!

12:30 p.m. in the Chapel

Each Sunday, we have a non-denominational service of music, meditative message, and prayer. Immediately following Vespers, we gather in The Great Hall of The Lodge for a time of fellowship and light refreshments. We would love to have you join us!

Communion Sunday

Sunday, May 3, 8:30 a.m. and 12:30 p.m.

Join us as we gather for Communion. Non-alcoholic juice and gluten-free bread are provided, and all are welcome at the Lord's table.

Vespers in the Pines- Memorial Day Weekend

Sunday, May 24, 8:30 a.m. and 12:30 p.m.

Please join us for this very special opportunity to attend Vespers in "God's Chapel!" You will be able to drive the farm road back to the pines or park in the farm parking lot and stroll past our farm fields. There will be seating provided, but feel free to bring your own portable chair if you prefer.



The Center Singers will be singing for Vespers

Sunday, May 31 12:30 p.m. in The Wayside Chapel

Join us for a special musical concert and an inspirational message, as the Center Singers play their favorite songs. This will be the Center Singers' final performance for the summer, you won't want to miss this phenomenal service!

SPIRITUAL DIRECTION

Spiritual Direction (Companionship) is a long time non-denominational practice that offers a person confidential space to reflect on the connection between life and God's presence. A Spiritual Director is trained to listen with compassion and to help navigate through life's challenges from a divine perspective. To make an appointment, call The Center at 708-361-3650, and one of our spiritual directors will return your call to schedule a meeting. **The fee is \$30 per session.**

MEDITATION

Loving-Kindness Meditation (Metta)

Every Monday, 9:00 a.m. - 9:45 a.m. in the Forest View Room (FVR)

All are welcome to gather in the Forest View Room for 45 minutes of getting centered for the beginning of a new year. Metta includes a silent meditation, but it is primarily a group prayer for peace in the world, beginning with ourselves. No registration is necessary. Questions may be directed to Peggy Quinn at 773-841-3203. **Please Note: There will be no meeting on Monday, May 25th.**

MINDFULNESS

Sunday mornings 11:00 a.m. - 12:00 p.m. in the Forest View Room (FVR)

Mindfulness: the practice of being present to what is with kindness and curiosity. We invite you to come and find the support, guidance, and companionship that you need to be present wherever you are in life. Please contact Dan Morley with any questions you may have at 708-280-3945.



Zen Meditation

Tuesday nights, 5:15 p.m. - 6:15 p.m. in the Parlor

Jim Matson, a Zen Buddhist Priest, is teaching a class on the background and practice of Zen Meditation. He comes with 24+ years of experience and describes Zen Meditation as "the art of becoming aware of the movement of the mind. It permits an understanding and realization of the deeper and more subtle aspects of our lives and points toward a compassionate and more confident way of living."

Class fee: \$5 suggested donation per session

PROGRAM

Toastmasters

Wednesday, May 6 and 20, 6:00 - 8:00 p.m.

Toastmasters is an opportunity for folks who wish to improve their public communication skills, to develop the confidence to stand and speak before large or small groups of people. The Center's Toastmasters Club consists of staff, volunteers, and friends of The Center. No commitment is necessary to try it out: for more information, contact Lois Lauer.



WomanTalk Discussion Group

Tuesday, May 26, 10:00 - 11:30 a.m.

"WomanTalk," hosted by Kate Atkins-Trimnell, is a gathering of women who meet this month on the last Tuesday in the Parlor to nurture and support each other on their personal journeys of creativity and self-discovery. Rooted in Sarah Ban Breathnach's Simple Abundance, the group, now in its 29th year, seeks ways to live authentically and joyfully.

We hope that you'll be able to join us. We often take a group outing together each month. If you have any questions, please contact our office by e-mail at thechildrensfarm@thecenterpalos.org

Reiki Circle

4th Sunday of the Month, April 26, May 24, and June 28, 1:00 - 2:30 p.m. in the FVR

Join us for our monthly Reiki share at The Center! Whether you are trained in Reiki (I, II, or III) or not, you are welcome to participate. Reiki is a Universal Life Force Energy that can activate natural healing and restore physical and emotional well-being. We will meet together in circle and share healing Reiki energy. There is no fee but a donation to The Center is very much welcomed. No need to register. Please contact Eileen Hurn (773-550-6174) or Karen Signore (708-860-7813) for further information.

Have You Shopped at The Center's Gift Shop...

Located in the beautiful lodge at the Center is the quaint Fellowcrafters Gift Shop.

The shop was established in 1939 and still flourishing 87 years later. A dedicated group of volunteer crafters design, create and donate beautiful handmade items. The shop also carries unique quality vintage items. You are sure to find something special for that certain someone.

The shop is open 7 days a week, 9 to 5 when the Lodge Office is open. The shop is managed by volunteers and 100% of the gift shop proceeds benefits the Center. Fellowcrafters always welcome new crafters.

Any interest or for additional information contact the Lodge Office
Phone: 708-361-3650 Email: admin@thecenterpalos.org
Hope you visit soon



LUNCHEONS

run from noon until 2:15 p.m., cost \$40 per person, and offer a delicious meal and the best in entertainment and educational programming.

Tuesday, May 5 “The Sound of Music: From Stage to Screen” with Todd Hunt

Theater historian Todd Hunt presents a lively, engaging presentation tracing the remarkable journey of “The Sound of Music” from Broadway triumph to beloved Hollywood classic. Using photos, audio recordings, and memorable film clips, this program explores the true story behind the legend. Discover how this real-life story inspired the 1959 Broadway hit starring Mary Martin, television’s unforgettable Peter Pan, and the 1965 Academy Award-winning film featuring Julie Andrews, fresh from “Mary Poppins”



Tuesday, May 12 “The Parable of the Pond” with Ray Fischer

Ray Fischer, a Northern Seminary graduate & Catholic school teacher, brings a creative, energetic edge to his presentation of “The Parable of the Pond.” Growing up on a farm, Ray enjoyed fishing with his brother in the country ponds that scattered the area. Ray is hopeful that his visual analogy of the life of a pond can enlighten an audience to better understand how God judges & gives grace to a sometimes sinful world. This presentation includes your own artistic expression as you’ll draw your very own version of The Parable of the Pond!

Tuesday, May 19 An Afternoon of Stories with Mary Lou Edwards

Mary Lou Edwards is an accomplished storyteller and a longtime friend of The Center. She has been sharing her stories with our community for many years, weaving tales that inspire, entertain, and connect. Her passion for storytelling has touched the hearts of innumerable individuals and her genuine love for The Center makes her an invaluable part of our family. Her coming of age stories and life experiences combined with her zany sense of humor guarantee a very fun time.



Spring Tea at The Center

Mark your calendars and dust off your hats, The Spring Tea is scheduled for Saturday, May 9, 2:00 – 4:00 p.m.! A delightful flower filled afternoon in the Great Hall of The Lodge with punch, a homebrewed tea grown in our farm garden and delicious tea party fare with entertainment by Story Teller, Megan Wells.
\$46 per person.



MAY OPEN FARM HOURS

Friday, Saturday & Sunday
10am-2pm*

ANIMAL BARN ◦ HAYRACK RIDES
WALKING TRAILS ◦ CONCESSIONS

Admission: \$9/person for ages 2+

...plus, shop our **Farm Store!**

Honey, Fresh Eggs & Produce.
Local Beef & Pork, & MORE!



SUPPORT
LOCAL FARMERS



*Please note: A special event is scheduled for **May 16th**, which may have a different admission price. [Please check our website for details.](#)

COW PIE BINGO

TAKE A CHANCE AT WINNING \$1000!

ALL PROCEEDS BENEFIT THE SUSTAINABLE
AGRICULTURE AND GREEN EDUCATION (SAGE)
PROGRAM AT THE CENTER.

SATURDAY, MAY 16TH

COW GETS TURNED LOOSE AT 10:30AM

PURCHASE SQUARES AT THECENTERPALOS.ORG

OFFICIAL RULES

- COW PIE BINGO WILL BE HELD ON THE CHILDREN'S FARM LAWN
- SQUARES WILL BE RANDOMLY ASSIGNED BY A COMPUTERIZED NUMBER GENERATOR
- THE SQUARE CONTAINING THE MAJORITY OF THE FIRST COW PIE DEPOSITED ONTO THE GRID WILL BE THE WINNER!
- WINNER NEED NOT BE PRESENT

ONLY 324 SQUARES WILL BE
AVAILABLE!

\$20 PER SQUARE

EACH SQUARE PURCHASED IS GOOD FOR ONE COMPLIMENTARY ADMISSION TO THE BINGO GAME & THE CHILDREN'S FARM FESTIVAL ON SATURDAY, MAY 16TH

PLANT & COMPOST SALE

Vegetables * Herbs * Flowers * Bagged Compost

Organic & Heirloom Varieties

FRIDAY, MAY 1ST
SATURDAY, MAY 2ND
SUNDAY, MAY 3RD

FRIDAY, MAY 8TH
SATURDAY, MAY 9TH
SUNDAY, MAY 10TH

SAGE
SUSTAINABLE AGRICULTURE
& GREEN EDUCATION



OUTDOOR FARM CONCERT
AT THE CHILDREN'S FARM PAVILION

LEGACY CLASSIC ROCK

FAVORITE CHICAGOLAND BAND TRIBUTE

SATURDAY, MAY 30
4-6PM

GATES OPEN AT 3:30PM



- FOOD & NON-ALCOHOLIC CONCESSIONS (ALCOHOL FREE EVENT)
- LAWN SEATING -(BRING YOUR OWN CHAIRS/BLANKETS)
- PLEASE NOTE: THIS EVENT IS A CONCERT ONLY. NO FARM ADMITTANCE PERMITTED.

FREE ADMISSION

RETREATS

“To the Trees- To the Trees”- Spring Migration Retreat Saturday, May 2, 9:00 a.m. - 3:00 p.m.

The Center’s woods hold the sounds of music... bird music that is! Come spend the day in nature with Dan and Sharon Morley during the height of spring bird migration. We will walk the woods and follow the farm nature trail to the pines forest for a bird meditation. Catch a glimpse of rose-breasted grosbeaks, northern orioles, goldfinches, woodpeckers, and more! A wonderful lunch will be served, followed by an afternoon activity. Bring your camera for that lucky shot! Come and learn some of the lifestyles of our fine feathered friends. We will have field guide books available. Please dress for the weather.

Retreat fee: \$65 includes leadership, lunch, and activities.

ARBOR DAY CELEBRATION

SUNDAY, MAY 3, 12:00 P.M.

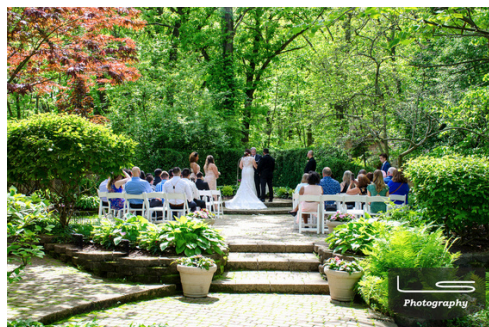
The Center will be hosting the Village of Palos Park’s Arbor Day Celebration. Please join us in the Great Hall of the Lodge for a presentation and program. Saplings will be given away and light refreshments will be served.



CELEBRATE LOVE IN A SETTING THAT FEELS LIKE A DREAM

Starting May 15, our Garden will be open for the season! Schedule a tour today, and picture your happily ever after at the Wayside Chapel! The majestic oaks and dancing wildflowers work together to create an unforgettable wedding ceremony, the only thing missing is you!

For more information on ceremonies at The Wayside Chapel, or to schedule a tour, contact Hannah at waysidechapel@thecenterpalos.org. We can’t wait to hear from you!



FARM & NATURE DISCOVERY SCHOOL

I cannot believe we have reached the final month of school. May is one of the busiest months of the year for us. It is packed full of end of year celebrations with families mixed in with our final traditional school days.

May's main theme will be "Here Comes Summer." Our students will be learning all about weather, nature, and activities associated with the season of Summer. We will learn about how to stay safe in the heat of summer with sunscreen, hydration, and proper attire. We will learn about camping, hiking, and taking vacations. The children will explore how animals live in summer and popular plants that grow during the season.

Our classrooms will also be observing Asian American and Pacific Islander Heritage Month during May. We will celebrate the history, heritage, and culture of Asian American and Pacific Islanders in the United States. We will explore artists, musicians, inventors, and other influential people throughout AAPI history and today.



We also want to wish a very Happy Mother's Day to all moms, step-moms, foster moms, and mother figures! We hope you have a very special day celebrating yourself and being celebrated in your role. You deserve all the rest, hugs, pampering, and love in the world. We are excited to celebrate with our school family with a Mother's Day picnic!

We will be having our creek walks with our families! We love getting to bond with our families while we explore Mill Creek with them. These creek walk days are some of our favorite days during the year because they fully encapsulate our nature-based learning philosophy. It also never gets old watching the wonder and curiosity of the children as they look for snails, find frogs, and splash around in the water.

To celebrate the end of another school year, we will be doing our end of year shows and kindergarten graduation. These shows are the perfect way to reflect back on our favorite memories from the year and look forward to what is to come during summer break! Congratulations to our graduating kindergarteners, class of 2039!

Registration for our 2026-2027 school year is open on our website. We are almost full in the morning sessions with only a few pre-kindergarten spots available for 2 and 3 day options. We do still have room in our afternoon sessions from 1:00 - 3:30 p.m. If you or someone you know is interested in learning more about our school, feel free to reach out to me, Danielle Bell, via phone at 708-361-8933 or email at FarmAndNature@TheCenterPalos.org





MAY/JUNE 2026 ART CLASSES FOR CHILDREN AND TEENS

KIDS SEWING WORKSHOP: TOWEL PONCHO/SWIMSUIT COVERUP

Sunday, May 3, 10:00 a.m. - Noon Instructor: Angela Gonzalez

Class fee: \$30 Plus a \$15 Materials fee

Sew a hooded swimsuit cover-up out of actual towels. This will surely keep you dry after a fun afternoon of swimming. Open to students in 3-8th grade.



OUTDOOR ART FOR KIDS, SUMMERTIME ART CAMP

Class fee, per session: \$165 Plus a \$25 Materials fee



A world of art and nature for kids entering grades K-8th. Drawing, painting, pottery, sculpture, crafts, and more! Classes take place outdoors as long as the weather allows. Students will be split up into different age groups depending on enrollment. Teachers plan new and different lessons all summer long so you can sign up for multiple sessions.

Within each two-week session, students meet every Monday, Wednesday, and Friday from 9:00 - 11:00 a.m.

Session 1: June 15 - June 26

Session 2: June 29 - July 10

Session 3: July 13 - July 24

Session 4: July 27 - August 7

MAY/JUNE 2026 SCHEDULE OF ART CLASSES FOR ADULTS

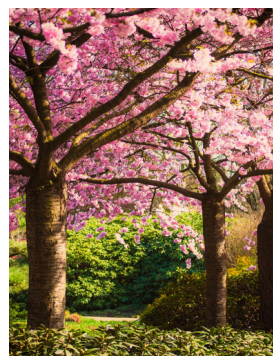
Teens are able to register for most adult classes. Please inquire with interest

ABSTRACT MAP, MIXED MEDIA WORKSHOP Instructor: Barb Thomas

Tuesday, May 19, 10:00 a.m. - Noon

Class fee: \$25 Plus a \$3 Materials fee

Create a unique artwork using a map! Choose a medium to work with such as colored pencils, watercolors, or collage in composing your piece. Maps will be provided or participants are welcome to bring their own to work from.



BRANCHING OUT, MIXED MEDIA SPRING TREE WORKSHOP

Sunday, May 3, 12:30 - 3:30 p.m. Instructor: Karen Signore

Class fee: \$40 Plus a \$12 Materials fee

Trees symbolize life, growth, strength, and connection to nature, inspiring myths, traditions, and spiritual beliefs across cultures. Celebrate the splendor of trees branching out and blossoming in spring through guided meditation, reflective journaling, and creative expression. Join us for a fun, soul-nourishing afternoon as you reflect on the personal significance and symbolism trees hold for you, and explore the textures, colors, and energy of trees and springtime foliage through layering techniques using paints, papers, and embellishments to create unique, textured mixed media trees.

CALLIGRAPHY Instructor: Marjorie Boyd

Three Thursday afternoons starting May 14, 1:00 - 3:30 p.m.

Class fee: \$90 Plus a \$30 Materials fee

Learn to use pens and ink in practicing different lettering styles. Also, learn to construct a small book to add a lettered quote/verse.

CERAMICS WORKSHOPS Instructor: Robin Power

PIT FIRING CERAMICS WORKSHOP

Three Tuesday mornings starting May 5, 10:00 a.m. - 12:30 p.m.

Class fee: \$100 Plus a \$25 Materials fee

Experiment with the ancient process of firing your ceramics in an outdoor fire pit!! On the first day of class, students will create ceramic sculptures out of clay. During the second class, students will paint with terra sigillata and learn burnishing techniques. On day three, students will prepare their pieces for the fire, dig a fire pit, and start a fire. We will call students to pick up their pieces when ready, since the pieces will need time to cool.



FAIRY HOUSES

Two-day Workshop on Wednesday, June 10 and 17, 1:00 - 3:00 p.m.

Class fee: \$55 Plus a \$15 Materials fee

Learn the steps to create a charming fairy house for your garden. On the first day of class, students will create with clay. On the second class, students will glaze their pieces, then we will call you to pick them up when they have been fired in our kiln.

CREATIVE ART JOURNALING Instructor: April Schabes

Meets the last Friday of each month throughout the year, Noon - 3:00 p.m.

Class fee: \$260 for all of 2026

Create a colorful artistic record of your days, your thoughts, your experiences- through words, collages, photos, poems, magazine images, drawings, watercolor, and a fun project to add to your journal each month! No excuses!

CROCHETED GRANNY SQUARE COASTERS WORKSHOP

Saturday, May 2, 10:00 a.m. - Noon. Instructor: Marissa Nugent

Class fee: \$25 Plus a \$4 Materials fee

Learn to crochet a colorful granny square that can be used as a coaster.



ENAMELED JEWELRY WORKSHOP Instructor: Aimee Leang

Saturday, May 30, 10:30 a.m. - 12:30 p.m.

Class fee: \$28 Plus a \$14 Materials fee

Learn the art of enameling while torching your own colorful designs on copper pieces. Students will have the opportunity to create earrings or a pendant with their enameled creations.

FELTED HEDGEHOG WORKSHOP Instructor: Barb Simon

Thursday, May 14, 1:00 - 3:00 p.m.

Class fee: \$25 Plus a \$8 Materials fee

Learn the art of felting and create a cute felted hedgehog holding colorful flowers.



FOLK ART WORKSHOP: BROOM-MAKING! Instructor: Lois Lauer

Saturday, May 9, 9:00 a.m. - Noon

Class fee: \$36 Plus a \$15 Materials fee

The traditional art of broom-making is enjoyable and productive, providing both creative fun and useful brooms for your home! New students will learn the basic principles of traditional broom-making by creating their own small

whisk broom that is functional and decorative. Returning students will learn advanced techniques like plaiting, attaching wooden handles to larger brooms, adding “shoulders” and “turkey wings,” plaiting with cut stalks, fancier wraps, and stitching.



FOLK ART WORKSHOP: SUMMER SOLSTICE WIND CHIMES

Saturday, June 20, 9:00 - 11:00 a.m. Instructor: Lois Lauer

Class fee: \$36 Plus a \$10 Materials fee

Create your own sparkling wind chimes out of beads and bling, dangling from a wooden branch and ready to shine in the summer sun and tink in the breeze. We will have a collection of keys, buttons, beads, and pieces of jewelry for you to choose from. Although you are welcome to bring some sparkly objects of your own to incorporate.



FLUID ART PAINTING CLASS Instructor: Thomas Dunn

Friday, May 15, 10:00 a.m. - Noon

Class fee: \$35 Plus a \$15 Materials fee

Create an original abstract painting on canvas. Students will experiment with color while paint pouring. Learn techniques in creating cell images and lacing techniques.

FROG SCULPTURES Instructor: Heather Young

Thursday, May 28, 10:00 - 11:30 a.m.

Class fee: \$25 Plus a \$10 Materials fee

While working with clay, you will learn the steps to create a ceramic frog sculpture. Students will have creative options such as making a head that comes off to store things inside, creating a frog flower pot, or leaving it as a solid sculpture. We will need to fire your pieces in the kiln and will call you to pick up when ready.



JAPANESE ORIGAMI AND DRAWING WORKSHOP

Thursday, May 7, 1:00 - 3:30 p.m. Instructor: Sandy Safranek

Workshop fee: \$27 Plus a \$10 Materials fee

Learn about the ancient Japanese art of Origami (paper folding). First, students will follow the steps to create their own Origami-inspired, folded paper animals. Then, they will create beautiful drawings in white charcoal on black paper of their animals. During the process, they will become familiar with the Art element of Value (light and dark), and apply what they learn to their drawings.

KNIT BUNNY WORKSHOP Instructor: Karen Litzau

Wednesday, May 13, 1:00 - 3:30 p.m.

Class fee: \$27 Plus a \$5 Materials fee

Learn to knit this cute stuffed bunny! Even if you are a beginner to knitting, this project will be a good entry into the world of knitted toys.





LAPIDARY (ROCK POLISHING) Instructor: Larry Rothenberg
Four Monday mornings starting May 18, 9:00 - 11:00 a.m.
(No class on Monday, May 25)

Four Thursday nights starting May 7, 5:00 - 7:00 p.m.

Class fee: \$100 per four-week session. Instructor: Jackie Burger
Learn the art of rock polishing as you turn rough chunks of rock into beautifully polished gemstones. Create a pair of round or oval stones and then advance to more complex designs. Stones are not included but can be purchased from our instructor for projects.

MAY FLOWERS MANDALA WORKSHOP Instructor: Robin Neumann
Friday, May 8, 1:00 - 3:00 p.m.

Class fee: \$25 Plus a \$4 Materials fee

In this class, we will create a spring-inspired mandala using colored pencils and gel pens. You will learn about working on a round grid to create a beautiful design.



METALSMITHING FOR JEWELRY Instructor: Mary Michaelson

- Six Tuesday nights beginning May 19, 6:30 - 8:30 p.m. or

- Six Thursday mornings beginning May 21, 9:30 - 11:30 a.m.

Class fee: \$165 Plus a \$55 Materials fee 6-week session

By working with silver, copper, or brass, students can create either a silver ring or pendant. Students will learn the basics of metalsmithing such as sawing, filing, sanding, and soldering, to create their own original jewelry pieces. Students are welcome to bring in stones for which to create their own settings. Advanced instruction will be given to continuing/advanced students.

POTTERY Instructor: Robin Power

Four Tuesday mornings starting Tuesday, June 2, 10:00 a.m. - 12:30 p.m.

Class fee: \$125 Plus a \$35 Materials fee

In this beginner's level class, students will take turns on the pottery wheel and create pieces by hand, learning the art of ceramics. Students will create with clay each week and then glaze on the last day. Pottery will need to be picked up after a final kiln firing.



SEWING WORKSHOP: CORD ORGANIZER Instructor: Angela Gonzalez
Sunday, May 3, 12:30 - 2:00 p.m.

Class fee: \$20 Plus a \$8 Materials fee

Sew fabric cord keepers to organize all those pesky cords in your drawers. Perfect for phone chargers, headphones, and more. Learn how to attach snaps and use interfacing. Bring your own sewing machine, or use one of ours.

STAINED GLASS WORKSHOP Instructor: Savannah Kristof
Sunday, May 3 or 17, 10:00 a.m. - 2:00 p.m.

Class fee: \$100 Plus a \$50 Materials fee per workshop

Learn the steps to create a stained glass sun catcher from start to finish using the copper foil method. Students will choose glass colors and cut their glass, then grind, foil, and solder to finish their project. There will be multiple designs from which to choose, and they will be able to take their project home by the end of class. All supplies provided. Please wear closed-toe shoes.



SUMMER DAYS, REFLECTIVE MIXED MEDIA WORKSHOP Instructor: Karen Signore

Sunday, June 14, 12:30 - 3:30 p.m.

Class fee: \$40 Plus a \$12 Materials fee

Summer evokes a sense of adventure, lightness, expansiveness, and joy. Join us for a relaxing and rejuvenating afternoon as we celebrate the richness, warmth, and energy of summer and step into the season with intention and inspiration. Explore the personal symbolism and meaning summer holds for you through guided meditation and reflective journaling. Create a summer-themed collage choosing from a variety of patterned papers, images, embellishments, and paints. No art or journaling experience needed.

WOODCARVING Instructor: Larry Rothenberg

Six Thursdays starting June 4, 9:00 - 11:00 a.m.

Class fee: \$125 per six-week session

Learn and practice the tools and techniques of woodcarving in basswood. New students will gain knife-handling skills and create beautiful, simple relief, or three-dimensional projects such as a star, shoe, or bird. If you are experienced, you may design your own projects. Wood and bench knives are available for purchase in class from the instructor (approximately \$25 for wood and bench knives)



REJUVENATE YOURSELF AT THE CENTER, YOGA, AND MORE!

Class will take place in the beautiful Forest View Room in The Lodge. Bring your own yoga mat and props.

GENTLE YOGA Instructor: Maura Therese

Four Friday mornings starting May 29, 9:30 - 10:45 a.m. Class fee: \$60

These 75-minute hatha yoga classes are perfect for releasing tension, connecting with the breath, and helping students gain strength and flexibility.



SLOW FLOW YOGA Instructor: Danielle Schaar

Four Thursday nights starting May 7, 6:00 - 7:15 p.m. Class fee: \$60

This 75-minute yoga class combines Hatha Yoga and functional mobility to help students gain strength, flexibility, and ease in movement. We'll finish by settling into a restful meditation, finding peace in body and mind. Bring your own yoga mat.

TRANQUIL YOGA Instructor: Debbie Jacob

Four Monday nights starting June 1, 6:15 - 7:15 p.m. Class fee: \$60

Start your week off right with one hour of gentle yoga and a sprinkling of Qigong and natural movements for simple challenges to your everyday posture transitions. Bring your own yoga mat and yoga strap.

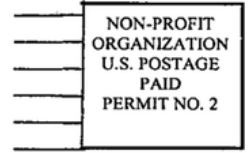
GONG BATH Facilitator: Debbie Jacob, Vibrational Sound Therapy Certified Practitioner

Sunday, May 3, or June 7, 6:00 - 7:00 p.m. each night. Fee: \$25 per event

Spend an evening immersed in the serene sounds and vibrations of the gong, accompanied by singing crystal and Tibetan bowls. Relax on your yoga mat and allow these ancient healing sounds and vibrations to wash over and through your body to deepen your state of relaxation. Don't forget to bring your yoga mat, pillow and blanket to maximize your relaxing experience. Will take place in the Forest View Room. Advance registration required.

Pre-registration is required 24 hours in advance for all Log Cabin classes and workshops. Class and materials fees are due at time of registration; we cannot reserve space without payment. No refunds or transfers of fees are available for cancellations made less than 72 hours prior to the beginning of class. Any cancellations made by students will subtract a \$10 administration fee. To register you can visit our website at thecenterpalos.org You can also call 708-361-3650 or visit our main office between the hours of 9:00 a.m. – 5:00 p.m. daily.

The Center



The Chicago Southwest Suburban Community
Parish and Community Center Foundation
12700 Southwest Highway, Palos Park, IL 60464
708-361-3650
Website: <http://www.thecenterpalos.org>
Email: admin@thecenterpalos.org

**DATED MATERIAL
RETURN SERVICE REQUESTED**

BARN TO BE WILD

FARM FESTIVAL & FUNDRAISER

SATURDAY, MAY 16TH 10AM-4PM

\$13 PER PERSON ADMISSION
CHILDREN UNDER 2: FREE



- ★ OPEN FARM ★
- ★ HAYRACK RIDES ★
- ★ KIDS GAMES & CRAFTS ★
- ★ LIVE MUSIC BY ★
- ★ GRACE & JOHN LIVE MUSIC (11-3PM) ★
- ★ FOOD CONCESSIONS ★
- ★ YOUTH HORSE SHOW ★
- ★ ART & VENDOR FAIR ★
- ★ COW PIE BINGO (10:30AM)* ★



* COW PIE BINGO REQUIRES ADVANCED TICKETS