

# December 2025

*The Center*



The Center gives people of all faiths, backgrounds, and ages the space to dream, grow, and become fully alive- physically, mentally, emotionally, and spiritually.

The Chicago Southwest Suburban Community  
Parish and Community Center Foundation  
Sunday services: 8:30am and 12:30pm  
<http://www.thecenterpalos.org> 708-361-3650



## What Do You Fear? Insisting on Hope This Advent



This Advent, our Vespers will draw from A Sanctified Art devotional that invites us to both face our fears and insist on hope. Given the challenges of our time, this focus feels especially meaningful as we prepare for Christmas.

The creative team at Sanctified Art writes:

“Jesus entered a fearful world filled with oppression, economic disparity, and instability- a world not so unlike our own. And yet, throughout the stories of Christ’s birth, we hear the angel’s surprising message: ‘Do not fear’. When we find ourselves in fearful times, can we acknowledge our fears while also insisting on hope?”

This Advent series takes seriously the angels’ message and trusts that Christ’s birth truly is good news of great joy for all people.

May The Center be a sacred place where we can name our fears, face them honestly, and transform them into love and action. What a gift we are given this Christmas- to see more clearly that God’s Son invites us to trust His empowering presence and to love with greater courage. Together, may we create a community where courage grows, hope takes root, and love becomes our shared response to fear.

Rev. Dr. Boyung Lee offers this poem for our reflection as we journey through Advent together:

In a season of waiting, we are not  
asked to suppress fear but to face it.  
To ask:

How does fear live in me?  
What voices has it amplified?  
What longings has it silenced?

... This Advent, perhaps the question  
is not how we rid ourselves of fear.  
Perhaps the deeper invitation is this:

Can we name our fear honestly-  
and still believe God is near?



Peace and light to you this Advent,

*Rev. Nancy Nemeth*

Rev. Nancy Nemeth



# Spiritual Offerings

## ADVENT SERVICES

### 8:30 a.m. in the Parlor

This early Vespers gathering is informal and inviting as we reflect and converse about the true meaning of Christmas. Whether meditating, praying, or reading Scripture, it's a comforting and safe place to listen and participate in the collective wisdom of a small group whose heart is to connect with others and know God more intimately.

### Christmas Cantata with The Center Singers

#### Sunday, December 14 at 12:30 p.m. Vespers in the Chapel

This Advent season would not be the same without The Center Singers sharing their enthusiasm and special songs in hopeful anticipation of the coming Messiah. Please join us! It is a beautiful way to prepare for the birth of Jesus together.

### 12:30 p.m. in the Chapel

Our beloved Wayside Chapel takes on the special beauty of the Christmas season as it is decorated with greenery and candlelight. Join us in song and prayer as we celebrate Christ's coming and reflect upon the stories of Christmas.

## CHRISTMAS EVE SERVICE

### Wednesday, December 24, 3:00 p.m. in the Great Hall

Join us as we celebrate Jesus' Birth in the Great Hall of The Lodge with candlelight and Communion. If you plan on attending, please register on our website ([thecenterpalos.org/christmas\\_eve\\_rsvp\\_2025](http://thecenterpalos.org/christmas_eve_rsvp_2025)) since seating is limited.

## EVENTS

### PILGRIMAGE TO THE MANGER

#### Saturday, December 13, 5:30 p.m.

We start in the Lodge where we will dress with Judean head scarves in order to follow Mary and Joseph on the pilgrimage to the manger. Bring warm coats and mittens for the walk across the bridge to the farm. The shepherd with their sheep and the Magi on horseback will join us on the pilgrimage. Rev. Nancy will lead us in Scripture and carols will be sung as we each experience again the miracle of that First Christmas. It is truly a special night for both children and adults.

A free will donation is greatly appreciated. All proceeds support the mission of The Center

### The Longest Night Service

#### Wednesday, December 17, 6:00 p.m. at Presbyterian Church in Orland Park

As Christmas approaches, many people carry grief, stress, or loneliness that can make this season difficult. On December 17 at 6:00pm, the Orland Park Presbyterian Church will hold a special **Longest Night Worship Service**- a quiet, contemplative gathering for anyone who needs space for reflection, healing and hope. Held near the winter solstice, this service recognizes that not everyone feels merry this time of year. Through gentle music, scripture, prayer, and candlelight, we will create a sacred space for remembering loved ones, naming our burdens, and resting in God's comforting presence. All are welcome to come as they are and find light in the midst of the night.

*This service will be held at the Presbyterian Church in Orland Park: 13401 Wolf Road, Orland Park.*

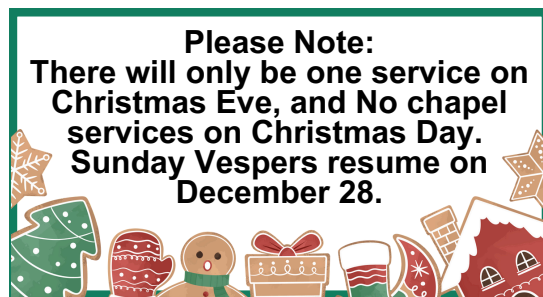
## YULE LOG SERVICE

### Monday, December 22, 6:30 p.m. in the Great Hall

**Advanced reservations required.**

**Sign up at: [thecenterpalos.org/yule\\_log\\_rsvp\\_2025](http://thecenterpalos.org/yule_log_rsvp_2025)**

The Yule Log Service is a lovely evening at The Center, featuring Christmas carols, Scripture, stories, and a variety of old-fashioned traditions. The highlight of this service is the lighting of the huge Yule log and the opportunity for each participant to add their own twig into the blazing fire, symbolizing a fresh start for the New Year. Group singing, a reading of Christmas Scripture from Luke 2, and the "Night Before Christmas" poem creatively told by Megan Wells make the Yule Log Service a night of warm fellowship, good cheer, and Christmas spirit. Though there is no fee for this year's Yule Log Service, we would appreciate you RSVP'ing so that we are prepared with enough refreshments for our fellowship gathering following the service. We look forward to seeing you at this wonderful Christmas celebration!



## MINDFULNESS

### **Sunday mornings 11:00 a.m. - 12:00 p.m. in the Forest View Room (FVR)**

Mindfulness: the practice of being present to what is with kindness and curiosity. We invite you to come and find the support, guidance, and companionship that you need to be present wherever you are in life. Please contact Dan Morley with any questions you may have at 708-280-3945.

## MEDITATION

### **Loving-Kindness Meditation (Metta)**

#### **Every Monday 9:00 a.m. - 9:45 a.m. in the Forest View Room (FVR)**

Metta includes a silent meditation, but it is primarily a group prayer for peace in the world, beginning with ourselves. Questions may be directed to Peggy Quinn at 773-841-3203.



## ADDITIONAL SPIRITUAL OFFERINGS

### **Anniversary Dinner and Renewal of Vows**

#### **Sunday, December 14 at 4:30 p.m.**

Whether or not you were married in our Wayside Chapel, we invite you to celebrate your October, November, or December wedding anniversary here at The Center on December 14<sup>th</sup>. Beginning with fellowship in the Great Hall at 4:30 p.m., enjoy a delicious candlelight dinner followed by a meaningful Renewal of Wedding Vows ceremony in the Chapel. For reservations, please contact our front office at 708-361-3650 to make your payment of \$110 before December 9th.

## SPIRITUAL DIRECTION

Spiritual Direction (Companionship) is a long time non-denominational practice that offers a person confidential space to reflect on the connection between life and God's presence. A Spiritual Director is trained to listen with compassion and to help navigate through life's challenges from a divine perspective. To make an appointment, call The Center at 708-361-3650, and one of our spiritual directors will return your call to schedule a meeting. **The fee is \$30 per session.**

## Good Seeds Ministry

This holiday season, let's work together to support our neighbors in need. We will be collecting non-perishable food items to donate to the Share Food,

Share Love pantry, located in Brookfield. Donations can be dropped off in the beige tote box located at the Lodge entrance. We will be accepting donations through December 20th, 2025. Please contact [waysidechapel@thecenterpalos.org](mailto:waysidechapel@thecenterpalos.org) with any questions about donations. Thank you for your generosity... Together we can make a difference!

**Groceries:** Rice, Pasta, Mac & Cheese, Canned goods & Pasta Sauces, Cereal, Oatmeal, Flour, Sugar, & Sweeteners, Pancake/Waffle Mix, Cooking Oil, Spices, Condiments, Individually-Wrapped Snacks, Cake/Muffin Mixes, Frosting

**Personal Care Items:** Shampoo, Conditioner, Toothpaste & Toothbrushes, Feminine Hygiene Products, Deodorant, Bar Soap, Toilet Paper, Paper Towels

## Program

### **CHRISTMAS SUPPER AND AUCTION: A fun way to support The Center!**

#### **Wednesday, December 17, 6:30 p.m.**

Each December, The Center's Toastmaster's Club sponsors a Christmas supper and auction. Members of The Center donate auction items and practice their public speaking skills by auctioning off the items to the rest of the members and guests. It's a fun night of Center fellowship, and an opportunity to do some last-minute Christmas shopping, which will benefit The Center. Supper is free, provided by the members of The Center's Toastmasters Club. To RSVP or for more information, contact Lois Lauer at [loislauer@sbcglobal.net](mailto:loislauer@sbcglobal.net)



### **WomanTalk Discussion Group**

#### **Tuesday, December 9, 10:00 - 11:30 a.m.**

"WomanTalk," hosted by Kate Atkins-Trimnell, is a gathering of women who meet on the last Tuesday of each month in the parlor to nurture and support each other on their personal journeys of creativity and self-discovery. Rooted in Sarah Ban Breathnach's Simple Abundance the group, now in its 28th year, seeks ways to live authentically and joyfully. Each year, the Griffin Museum of Science and Industry recognizes the Holidays of Light: Hanukkah, Kwanza, the Lunar New Year, Diwali, the Solstice, and Saint Lucia Day. As we prepare for an increase in the daylight hours, consider how you can celebrate the Light within you. We hope that you'll be able to join us to welcome in the New Year. If you have any questions, please contact The Center's main office.





# HOLIDAY FARM FUNCTION

**SATURDAY, DECEMBER 13TH 10-1PM**

VISIT THE FARM ANIMALS - TAKE A PHOTO WITH SANTA  
ENJOY A HAYRACK RIDE\* - COMPLIMENTARY REFRESHMENTS SERVED

**\$10 PER PERSON AGES 2+  
UNDER 2 YEARS OLD: FREE!  
NO ADVANCE RESERVATIONS REQUIRED**

THE CHILDREN'S FARM AT THE CENTER  
12700 SOUTHWEST HIGHWAY  
PALOS PARK, IL 60464  
[WWW.THECENTERPALOS.ORG](http://WWW.THECENTERPALOS.ORG)

\*HAYRACK RIDES ARE WEATHER PERMITTING



## Online Store

PURCHASE OUR BEEF, PORK AND EGGS ONLINE!  
EASY ORDERING AND PICK-UP!  
NEW OPTIONS ADDED FREQUENTLY!

THE ONLINE STORE CAN BE ACCESSED VIA OUR  
WEBSITE [WWW.THECENTERPALOS.ORG](http://WWW.THECENTERPALOS.ORG)

All our meat is grown right here at The Children's Farm through our SAGE program. We raise Aberdeen Angus grass-fed and grass-finished cattle and non-GMO fed, pastured Heritage breed hogs.

THE CHILDREN'S FARM AT THE CENTER  
12700 SOUTHWEST HWY PALOS PARK, IL  
(708) 361-3650  
[WWW.THECENTERPALOS.ORG](http://WWW.THECENTERPALOS.ORG)





# Luncheons

run from 12 noon until 2 p.m., cost \$38 per person, and offer a delicious meal and the best in entertainment and educational programming.



## Tuesday, December 2 "Stories Behind the Best-Loved Songs of Christmas" with Jenny Riddle

Jenny sings and shares the fascinating stories behind our most beloved Christmas songs, based on Ace Collins' book of the same title. There is a treasure trove of inspiration to be found in these stories. The history of these cherished songs will come to life in the hands of Jenny's engaging storytelling. You'll laugh and cry and learn things you didn't know before. Get ready to sing along.

## Tuesday, December 9 Christmas Tea Around the Tree

Come hear Storyteller Megan Wells perform "A Literary Christmas", famous holiday tales from around the world. The tea luncheon will have our typical hearty luncheon-style buffet meal, as well as Christmas Tea. All guests will have the chance to make their own blend of holiday potpourri. **Event price: \$46**

*[Please note: The December 9 Christmas Tea is listed with the other Christmas Teas in this newsletter and online, and has different pricing than the standard luncheons. The Bob Cratchit Dinner, below, runs from 5:15 to about 8:15 p.m. and costs \$56 per person.]*



## Tuesday, December 16 "A Live Indoor Nativity"

Come join us for this special luncheon, as we'll have live animals and characters in costume played by our fellowship and staff. You won't want to miss this spiritual, sacred, and tender narrative tradition here at The Center.

### And, don't forget...

## The Bob Cratchit Candlelight Dinner Sunday, December 7, 5:15 - 8:15 p.m.

In the tradition of Charles Dickens' Christmas Carol, we'll feast on turkey and plum pudding, just as Tiny Tim's family did in merry old England. Both before and after dinner, we'll be entertained by the delightful storyteller/drama teacher, Greg Weiss, as he reads from Dickens' classic tale or the Christmas spirits visiting Scrooge. The tradition of reading The Christmas Carol at The Center dates back to the 1930s. In the 80s, we added the dinner, and have enjoyed this as one of the nicest evenings of the year at The Center ever since. Dinner tickets are \$56 per person and are limited in number. Reservations required. Please reserve early.



# Retreats

## Awake at The Center: A Day of Mindfulness in the Out of Doors. Saturday, January 10, 9:00 a.m. - 3:00 p.m.

Feeling stressed after the holidays? Looking for some peace and space to ponder the New Year ahead? Then consider joining this day of Presence and Mindfulness. The grounds of The Center have always held a peaceful energy that can be palpably felt when we take the time to be aware. This retreat is led by Sharon and Dan Morley, and the other leaders of our Sunday morning mindfulness team. You will be invited to sit, to walk, to listen, to see, and to share all the beauty and wonder that abounds. In the afternoon, you will experience the healing sounds of crystal bowls offered by Jalima Cuesta. Please wear clothing and shoes appropriate for the weather. Don't worry about the cold: there will always be a warm fire awaiting us when we come in from the outdoors.



**Retreat fee: \$65 includes leadership, lunch, and retreat supplies.**

# Farm & Nature Discovery School

We are wrapping up our Fall season and rapidly heading into Winter. This December is a quick month for us! We will be learning all about Winter Holiday Traditions as we prepare for Christmas and Winter Break. Winter brings many celebrations from different cultures, and what an exciting topic to learn about and explore!

We will start off by looking at holiday traditions from around the world. We will explore traditions in Germany, Mexico, The Philippines, Sweden, India, and more! While exploring other cultures, we can learn to respect what and how others celebrate during this time.

We will also be exploring family traditions in our classrooms to see how our friends celebrate holidays in their homes. We are looking forward to learning about our students' family traditions while finding similarities and differences among them. Every family and every celebration looks a little different, how interesting that can be!

We will celebrate together by having our traditional school Nativities for our families right before Winter Break. Each session will choose a Mary and Joseph to lead out the angels and wise men to the manger. After singing a few songs for our families, we will all join and celebrate together with coffee, hot chocolate, and cookies!

We are excited to open up enrollment for the 2026-2027 school year in January for current families, and in February for the public! We are also still enrolling for the second half of our current school year for afternoon sessions. If you or someone you know would like to learn more about our school, or would like to set up a tour, I can be contacted at 708-361-8933 or email me, Danielle Bell, at [FarmandNature@TheCenterPalos.org](mailto:FarmandNature@TheCenterPalos.org).



## ARE YOU STILL LOOKING FOR UNIQUE AND THOUGHTFUL CHRISTMAS GIFTS?

Stop by The Center for lots of great ideas!

- Sustainably raised meat, eggs, and honey from our SAGE program
- Beautiful and unique gifts and decorations from our Fellowcrafters gift shop
- Handmade wooden reindeer and balsalm wreaths
- An annual membership to The Children's Farm
- A gift certificate for a class at the Log Cabin Center for the Arts
- Tickets for any of our Holiday programs- Yule Log, Bob Cratchit, Tuesday Luncheons





## *An Appeal to The Center's Fellowship*

Christmas is a sparkling time of the year at The Center. The Queen Anne's Lace is glittered to sparkle in the spot lights on the Lodge's huge fir tree. The gift shop is decked out in sparkling decorations for the holidays. The farm is lit with a huge star of lights which can be seen from the highway. Luminaries line the walkway outside the Lodge on Christmas Eve, while candles illuminate the service inside. A star hangs over the manger for hundreds of school children participating in nativity re-enactments at the farm. And, perhaps most importantly, the spirit of fellowship and goodwill sparkles in the people who attend the Christmas teas, classes, luncheons, dinners, and more. I hope you will join us this December, and enjoy and be inspired by the sparkle of Christmas at The Center!

Christmas is also a time of giving. I hope you will use the enclosed envelope or follow the Christmas Appeal QR code below to share your generosity and gratitude for this amazing sparkling place. We depend on the support of you, our fellowship, to continue to provide the wonderful services and programs so many enjoy and appreciate at The Center.

Please give whatever amount you are able. Your gift will enable The Center to continue to heal and enrich the lives of many, to continue to sparkle with hope and love. Thank you for your faith in our work and your generosity in supporting it.

I wish you all a Christmas that sparkles, which I hope will include your participation at The Center and your contribution in gratitude for The Center.



Lois Lauer

Chairperson of The Center's Board of Trustees





## Rustic Holiday Market & Art Show

**Saturday, December 6 9:00 a.m. - 1:00 p.m.**

Mark your calendar for this huge art show and do your Christmas shopping here at The Center! Our art teachers and students will have a wide variety of fine art and holiday crafts for sale. The Fellowcrafters gift shop will be stocked and spread out to the Great Hall. SAGE, our sustainable agriculture program, will be selling meat and farm goods as well! And of course, we will have our popular log reindeer for sale! This event is spread throughout the Lodge and Art Center cabins.

## December 2025/ January 2026 Art Classes for Children and Teens

**AFTER SCHOOL FUN WITH CLAY** Instructor: Heaven Newsom

**Four Wednesdays starting January 14, 4:00 - 5:00 p.m.**

**Workshop fee: \$55 Plus a \$15 Materials fee**

Students will work with clay each week creating a variety of sculptures and pottery pieces. Open to students in grades K-5

**FAMILY ART WORKSHOP: GINGERBREAD HOUSES** Instructor: Ally Rein

**Two Wednesday nights, December 3 and 10, 6:00 - 7:00 p.m.**

**Workshop fee: \$36 Plus a \$12 Materials fee**

During the first class, students will learn how to create a gingerbread house while using terracotta clay. On the second day, students will paint and embellish their houses and take them home to decorate their homes for the holidays. Open to all ages.

**Pricing includes one child and one guardian**



**KIDS SEWING WORKSHOPS** Instructor: Angela Gonzalez

Open to students in 3rd-8th grade. Bring your own sewing machine or use one of ours.

**FELT GINGERBREAD BUDDY**

**Sunday, December 7, 10:00 - 11:30 a.m.**

**Workshop fee: \$24 Plus a \$8 Materials fee**

Sew a festive gingerbread man or woman. Decorate with accessories, gems, and trim.

**HOLIDAY HAT OR STOCKING**

**Sunday, December 14, 10:00 a.m. - Noon**

**Workshop fee: \$30 Plus a \$12 Materials fee**

Sew your choice of a Santa hat or stocking.



**SWEATSHIRT UPCYCLE**

**Two Sundays, January 11 and 18, 10:00 - 11:30 a.m.**

**Workshop fee: \$45 Plus a \$6 Materials fee**

Update your sweatshirt with new sleeves, a fun pocket, patches, and more! Participants will need to bring in an old sweatshirt or hoodie to use.

**WALLET WORKSHOP**

**Sunday, January 25, 10:00 - Noon**

**Workshop fee: \$30 Plus a \$5 Materials fee**

Sew a convenient wallet to hold your cash and gift cards. Pick your own fabric from our wide selection.



**LOG CABIN ART FOR KIDS** Instructor: Heaven Newsom

**Four Saturdays starting January 10, 10:00 - 11:00 a.m.**

**Class fee: \$55 Plus a \$15 Materials fee**

Students will learn techniques in painting and drawing, as well as fun craft projects. Classes are held in our fun log cabin art center! Open to students in K-5 grade



# **December 2025/ January 2026 Schedule of Art Classes for Adults**

*Teens are able to register for most adult classes. Please inquire with interest*

## **THE ART OF WORDS- WHAT'S YOUR WORD FOR 2026?** Instructor: Karen Signore

**Sunday, January 18, 12:30 - 3:30 p.m.**

**Workshop fee: \$35 Plus a \$10 Materials fee**

Having a guided word for the year can be a powerful practice for clarifying priorities, creating focus, and cultivating growth. Join in for a fun and relaxing afternoon of reflection and creativity. Through whole-brain journaling techniques and guided meditation, you will choose a word to guide and inspire your decisions and experiences for the year, then you will choose from a variety of materials to create a mixed media collage that reflects your word to use as a visual affirmation of what you are wanting to create in 2026.

## **CERAMICS WORKSHOPS** Instructor: Robin Power

### **NERICOMI BOX**

**Tuesday, January 13, 10:00 a.m. - 12:30 p.m.**

**Workshop fee: \$35 Plus a \$12 Materials fee**

Nericomi is a Japanese technique where multiple colors of clay are combined to create marbled or patterned designs. Students will work with different colors of clay in this technique, then create a box that can be used for trinkets or jewelry. We will add a clear glaze after the first firing and call you when it's ready to pick up.



### **SELF PORTRAIT IN CLAY**

**Two Tuesdays, January 20 and 27, 10:00 a.m. - Noon**

**Workshop fee: \$55 Plus a \$15 Materials fee**

Who knows how to sculpt you better than you? Be your own model and create a ceramic sculpture bust of yourself. We will have mirrors for students to use, bring a profile pic of yourself to work from, or we can take one of you during class. We will contact students to pick up after fired in our kiln, students will have the option to paint at home or we can add an oxide colorant for you.



### **COLLAGE** Instructor: April Schabes

**Six Wednesday mornings beginning January 7, 9:30 a.m. - Noon**

**Workshop fee: \$155**

Experiment with color and composition to create your own mixed-media collages... an opportunity to "play in your own world of artistic expression with a fun and easy art form!"

### **CROCHET WORKSHOP: STRING OF LIGHTS** Instructor: Marissa Nugent

**Thursday, December 4, 10:00 a.m. - Noon**

**Workshop fee: \$25 Plus a \$5 Materials fee**

Learn the steps to crochet a colorful light bulb ornament or string of lights for your Christmas Tree



### **FINGER-KNIT WINTER SCARF WORKSHOP** Instructor: Sandy Safranek

**Saturday, January 10, 1:00 - 3:30 p.m.**

**Workshop fee: \$30**

Create a soft, warm winter scarf using a finger-knitting process. No knitting experience is required. Participants should purchase and bring their own yard. 1 skein (bundle) of Yarnspirations Bernat Blanket Big yarn is all that is needed to create one scarf. It may be one color or multi-color and is available at Michael's.

### **FOLK ART WORKSHOP: BROOM MAKING 101... AND BEYOND!** Instructor: Lois Lauer

**Saturday, January 17, 9:00 a.m. - Noon**

**Workshop fee: \$33 Plus a \$15 Material fee**

The traditional art of broom-making is enjoyable and productive, providing both creative fun, and also useful brooms for your home! New students will learn the basic principles of traditional broom-making by creating your own small whisk broom that is functional and decorative. More experienced students will learn advanced techniques like plaiting, attaching wooden handles to larger brooms, adding "shoulders" and "turkey wings", plaiting with cut stalks, fancier wraps, and stitching.



**LAPIDARY (ROCK POLISHING)** Instructor: Larry Rothenberg  
Four Monday mornings starting January 5, 9:00 - 11:00 a.m.  
Class fee: \$100 per four-week session

Four Thursday nights starting January 8, 5:00 - 7:00 p.m.

Class fee: \$100 per four-week session. Instructor: Jackie Burger

Learn the art of rock polishing as you turn rough chunks of rock into beautifully polished gemstones. Create a pair of round or oval stones and then advance to more complex designs. Stones are not included but can be purchased from our instructor for projects.



**METALSMITHING FOR JEWELRY** Instructor: Mary Michaelson

- Five Tuesday nights beginning January 6, 6:30 - 8:30 p.m. or
- Five Thursday mornings beginning January 8, 9:30 - 11:30 a.m.

Class fee: \$131 Plus a \$44 Materials fee per session

By working with silver, copper, or brass, students can create either a silver ring or pendant. Students will learn the basics of metalsmithing such as sawing, filing, sanding, and soldering to create their own original jewelry pieces. Students are welcome to bring in stones for which to create their own settings. Advanced instruction will be given to continuing/advanced students.

### **POTTERY**

- Four Monday afternoons starting January 5, 1:00 - 3:30 p.m., Instructor: Madeleine Burns
- Four Tuesday nights starting January 6, 6:00 - 8:30 p.m.
- Four Wednesday afternoons starting January 14, 1:00 - 3:30 p.m., Instructor: Robin Power

Class fee: \$125 Plus a \$35 Materials fee per four-week session

In this beginner's level class, students will take turns on the pottery wheel and create pieces by hand, learning the art of ceramics. Students will create with clay each week and then glaze on the last day. Pottery will need to be picked up after a final kiln firing.

**SEWING WORKSHOPS** Instructor: Angela Gonzalez

No experience necessary. Bring your own sewing machine or use one of ours.

### **OPEN STUDIO SEWING**

Two Sundays, December 7 and 14, Noon - 2:00 p.m.

Workshop fee: \$50 Plus a \$15 Materials fee

Work on a project of your choice with Angela's assistance. Bring an idea to work on or choose from a selection of previously designed projects.

### **SWEATSHIRT UPCYCLE**

Two Sundays, January 11 and 18, Noon - 1:30 p.m.

Workshop fee: \$38 Plus a \$7 Materials fee

Update your sweatshirt with new sleeves, a fun pocket, patches, and more! Participants will need to bring in an old sweatshirt or hoodie to use.

### **PINCUSHION**

Sunday, January 25, Noon - 2:30 p.m.

Workshop fee: \$32 Plus a \$5 Materials fee

Sew a cute turtle-shaped pin cushion to hold your sewing needles and pins.



**STAINED GLASS WORKSHOP** Instructor: Savannah Kristof

Sunday, January 11 or 18, 10:00 a.m. - 2:00 p.m. each workshop

Workshop fee: \$100 Plus a \$50 Materials fee per workshop

Learn the steps to create a stained glass sun catcher from start to finish using the copper foil method. Students will choose glass colors and cut their glass then grind, foil, and solder as to finish their project. There will be multiple designs from which to choose, and they will be able to take their project home by the end of class. All supplies provided. Please wear closed toe shoes.

**WATERCOLOR PAINTING** Instructor: Lenox Wallace

Six Monday afternoons starting January 5, 1:00 - 3:30 p.m. (Advanced Class)

Six Thursday mornings beginning January 8, 10:00 - 12:30 p.m. (Beginner Class)

Workshop fee: \$155

Structured lessons for beginning watercolorists with critique and guidance in composition, values, textures, negative painting, brush stroke usage, and more. Experienced painters work individually with occasional guidance and critique. Materials list can be accessed through this link: [www.thecenterpalos.org/watercolors](http://www.thecenterpalos.org/watercolors)



**WINTER LANDSCAPE DRAWING WORKSHOP** Instructor: Sandy Safranek**Saturday, January 17, 1:00 - 3:30 p.m.****Workshop fee: \$28 Plus a \$10 Materials fee**

Become familiar with both black and white charcoal as a drawing medium, while completing a drawing of a Winter landscape scene. Please bring some pictures of Winter scenery to work from. The instructor will also have some available for students to use.

**WOODCARVING** Instructor: Larry Rothenberg**Six Thursdays starting January 8, 9:00 - 11:00 a.m.****Workshop fee: \$125 per six-week session**

Learn and practice the tools and techniques of woodcarving in basswood. New students will gain knife handling skills and create beautiful, simple relief, or three-dimensional projects such as a star, shoe, or bird. If you are experienced, you may design your own projects. Wood and bench knives are available for purchase in class from the instructor (approximately \$25 for wood and bench knives)

**WREATHMAKING** Instructor: George Mitchell**Tuesday, December 2, 6:30 - 8:30 p.m.****Workshop fee: \$25 Plus \$17 Materials fee (bring your own pruners)**

Let professional floral designer George Mitchell help you to create a beautiful fresh balsam fir wreath complete with pinecones and a red velvet bow, just in time for the Christmas holidays.



## **Rejuvenate Yourself at The Center, Yoga, and More!**

*Class will take place in the beautiful Forest View Room in The Lodge. Bring your own yoga mat and props.*

**GENTLE YOGA** Instructor: Carolyn Harms**Two Friday mornings starting December 5, 9:30 – 10:45 a.m. Class fee: \$30**

Prepare yourself for the holidays and celebrate with Carolyn as she is retiring after teaching at The Center for the past twelve years! These 75-minute Hatha yoga classes are perfect for releasing tension, connecting with the breath, and helping students gain strength and flexibility.

**SLOW FLOW YOGA** Instructor: Danielle Schaar**Four Thursdays starting January 8, 6:00 - 7:15 p.m. Class fee: \$60**

This 75-minute yoga class combines Hatha Yoga and functional mobility to help students gain strength, flexibility, and ease in movement. We'll finish by settling into a restful meditation, finding peace in body and mind. Bring your own yoga mat.

**TRANQUIL YOGA** Instructor: Debbie Jacob**Three Mondays starting December 1, 6:15 - 7:15 p.m. Class fee: \$45 for 3-week session****Or Four Monday nights starting January 5, 6:15 - 7:15 p.m. Class fee: \$60 for 4-week session**

Start your week off right with one hour of gentle yoga and a sprinkling of Qigong and natural movements for simple challenges to your everyday posture transitions. Bring your own yoga mat and yoga strap.

**GONG BATH** Facilitator: Debbie Jacob, Vibrational Sound Therapy Certified Practitioner**Sunday, December 14 or January 4, 6:00 – 7:00 p.m. each night. Fee: \$25 per event**

Spend an evening immersed in the serene sounds and vibrations of the gong, accompanied by singing crystal and Tibetan bowls. Relax on your yoga mat and allow these ancient healing sounds and vibrations to wash over and through your body to deepen your state of relaxation. Don't forget to bring your yoga mat, pillow and blanket to maximize your relaxing experience. Will take place in the Forest View Room. Advance registration required.

*Pre-registration is required 24 hours in advance for all Log Cabin classes and workshops. Class and materials fees are due at time of registration; we cannot reserve space without payment. No refunds or transfers of fees are available for cancellations made less than 72 hours prior to the beginning of class. Any cancellations made by students will subtract a \$10 administration fee. To register you can visit our website at [thecenterpalos.org](http://thecenterpalos.org) You can also call 708-361-3650 or visit our main office between the hours of 9:00 a.m. – 5:00 p.m. daily.*

The Center



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Email: [admin@thecenterpalos.org](mailto:admin@thecenterpalos.org)

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## Christmas Tea Around the Tree

A lovely chance to gather with friends or family in the Great Hall of the Lodge, around our beautiful twenty-foot-tall Christmas tree! We will serve you punch and a delicious tea that was grown in our garden. Guests will help themselves to a wide assortment of tea party treats. A musician plays piano throughout. All guests will have the chance to create their own holiday potpourri to take home. Holiday storytelling will conclude the event.



Christmas Teas will take place on:

**Tuesday, December 9**

*(this luncheon tea is also listed within the Tuesday Luncheons and is Noon - 2:00 p.m.)*

**Wednesday, December 10**

**Thursday, December 11**

**Friday, December 12**

**Saturday, December 13**

**Event Time: 2:00 - 4:00 p.m.**

**Event Price: \$46 per person**

