



April
2018

The Center



The Chicago Southwest Suburban Community
Parish and Community Center Foundation
Sunday services 12:30pm and 4:30pm
<http://www.thecenterpalos.org> 708-361-3650

The Center gives people of all faiths, backgrounds, and ages the space to dream, grow, and become fully alive—physically, mentally, emotionally, and spiritually.

“A place for celebration, enrichment and healing”

“Why do you look for the living among the dead?

He is not here, but has risen.”

Luke 24: 5b

A number of years ago, Episcopalian Bishop Daniel Corrigan was asked if he believed in the Resurrection. His response stirred a new awakening in my heart:

“Do I believe in the Resurrection? I have seen it too many times not to.”

Ever since that first Easter morning, people have wondered what *really* happened. The Scriptures are pretty sketchy with details and there is no record of anyone actually seeing Jesus' rising. What we do have are stories of an empty tomb, conversations with angels, one story of Mary Magdalene mistaking Jesus for a gardener and several 'post-Resurrection' stories. Apparently the gospel writers were not too concerned about trying to explain what happened to Jesus. They thought it was more important to share how they experienced his Resurrection in their lives. What if we try to do the same?

What if, this Easter, we return to the quest of his first followers and look for evidence of his Resurrection in our lives. What if we were willing to let go of cynicism and skepticism and fear? What if we search for signs of new life in ourselves and those we care for? What if we look for experiences of forgiveness both given and received? What if we stay open to being surprised by joy? What if we find ourselves being loved more than we can imagine?

If we are able to do these things or at least willing to do these things, then I would suggest, we will recognize his Resurrection in our lives and thus experience our own.

One of the great gift of being at The Center is the witnessing of the Resurrection of the men who come to heal from their addictions. They come to the Center still feeling the physical affects of their addictions but as they stay with us you can literally see their faces change, the bodies change, and their spirits grow. They are indeed experiencing Resurrection....

And it is not only the men in recovery who are rising into new life here at The Center, but also the many folks who find their way here feeling lost and alone. As they find themselves accepted and part of loving, laughing community whatever they chose to do, we see them rising into a new life of friendship and community.

I personally experience Resurrection when I feel the warmth of someone's forgiveness for my blunders and insensitivity. I experience Resurrection when I am pulled out of my own narrow vision and find my heart stretched wider than I ever thought possible. I experience Resurrection when I find God's Love being offered to me when I feel unlovable and unworthy.

So, do I believe in the Resurrection?
You bet I do! and to that I say: Alleluia, Amen!

Chris Hopkins



SPIRITUAL OFFERINGS:

Meditation: Attending the Silence ~ Tuesday evenings 5:30 - 6 p.m. or Thursday mornings 9 - 9:30 a.m. Please join us for a twenty minute period of silent meditation each week. Come whenever you are able.

Meta Meditation ~ Monday mornings 9 - 9:45 a.m.

There can only be peace in the world, when we find peace within ourselves. That is the intent and purpose of Metta meditation: to pray for peace in us first and then for all of creation. You are invited to join in a communal prayer for world peace each Monday morning. Please arrive at 8:55 so that we can begin promptly at 9 a.m. Come whenever you are able.

Mindfulness ~ Sunday mornings 11 a.m.- noon

Mindfulness: the practice of being present to what is with kindness and curiosity. For anyone who has tried, they can tell you that it is easier said than done! Come gather with others who seek to be truly present to their lives. Find the support, guidance and companionship that you need, whenever you are able. No registration necessary. These Sunday morning sessions are team led by Dan Morley, Kitty Riggerbach and Georgina Taylor. All are welcome!

Spirituality 101 ~ **Tuesday evening, April 24, 6:30 p.m. - 8 p.m. (or)**
Thursday morning, April 26, 10 a.m. - 11:30 a.m.

Join us for the movie *The Peaceful Warrior*. This film is based on the true story of a young man destined for Olympic gold. It is an inspiring and thoughtful film sure to lead to a lively conversation. Registration is necessary and the cost is \$8 payable at class.

Living Mindfully **Thursday afternoons** **1:00 p.m. to 2:30 p.m.**

Whether you are new to Mindfulness or practice on a regular basis, gathering together to meditate and discuss an aspect of Mindfulness each week will help support your practice.

This is an ongoing class and no registration is necessary! Free will offering greatly appreciated.

Vespers in the Chapel ~ **Sundays, 12:30 & 4:30 p.m.**

Please join us each week for a nondenominational service of music, meditation and prayer led by Rev. Chris Hopkins. The Chapel stands on the highest point of The Center's grounds and symbolizes the underlying spirituality of all Center programs. All are welcome!

Communion Sunday **April 8 ~ 12:30 p.m. & 4:30 p.m.**

On the first Sunday of each month (except December) Communion is offered at both of our Chapel services. Volunteers are needed to help set up for Communion as well as helping to distribute it. If you are able and interested, please contact Chris Hopkins. ALL ARE WELCOME!

*Please note: we always have a non-alcoholic cup & gluten free bread.

Family Service ~ **Sunday April 15 ~ 10 a.m.**

Please join us as we gather inside the Lodge (on the west side of Southwest Highway) for this family friendly service. And we will share a bit of hospitality together, because Jesus *always* ate with his friends!

Anniversary Dinner And Renewal Of Vows
Sunday, April 15

Whether you were married in our chapel, a grand cathedral or a courthouse, if you were married in April, we invite you to this beautiful evening of celebrating and renewing your marriage commitment. You are invited to begin the evening with Vespers Service at 4:30 pm in the Chapel. After Vespers, you will enjoy a gracious (and delicious!) candlelight dinner in the lodge and then return to the Chapel for the Renewal of Wedding Vows ceremony. For reservations, send \$90 for dinner for two, to be received no later than Monday, April 9.

Spiritual Direction

Spiritual Direction (Companionship) is a long time non-denominational practice that offers a person confidential space to reflect upon the intersection of their lives and God's presence. A Spiritual Director is trained to listen without judgment and with compassion in order to help you understand where and how God is acting in your life. If you would like to make an appointment with a Certified Spiritual Director, please call the Center at **708-361-3650**. They will have one of our Spiritual Directors give you a call to make an appointment with you. The cost is \$30/hr.

LABYRINTH OFFERINGS!

Earth Day Labyrinth Walk ~ April 22, ~2 p.m.

Let's gather at the Labyrinth to prayerfully reflect upon the ecological state of our home planet and perhaps discover ways we can add to the health and vitality of all living beings. Registration is requested and a free will offering is greatly appreciated

Good Friday Labyrinth Stations Of The Cross ~ March 30 ~ 9 a.m. - 5 p.m.

The Stations of the Cross and the Labyrinth are joined together to offer you a unique way to experience the passion of Jesus. These Scriptural Stations of the Cross have 15 stations modeled on the Scriptural Stations celebrated by Pope John Paul II on Good Friday, 1991. There will be prayer books to guide you on your journey. Come any time!

Upcoming in May!

World Labyrinth Day ~ May 6 ~ 1:00 p.m.

This is a *global* movement to gather and walk the labyrinth for peace. We will join this movement! We will Walk at One as One, so please join us at **1pm** down by the labyrinth so that we can add our energies and prayers to this global peace effort.

HOLY WEEK SERVICES

Holy Thursday Communion Service ~ March 29 ~ 7 p.m.

Please join us for a special Communion service in the Wayside Chapel commemorating the Last Supper of Jesus. This service will be rich in silence, music and prayer. We will break bread and share the cup in remembrance of Him.

Good Friday Labyrinth Stations Of The Cross ~ March 30 ~ 9 a.m. - 5 p.m.

The Stations of the Cross and the Labyrinth are joined together to offer you a unique way to experience the passion of Jesus. These Scriptural Stations of the Cross have 15 stations modeled on the Scriptural Stations celebrated by Pope John Paul II on Good Friday, 1991. There will be prayer books to guide you on your journey. Come any time!

Easter Sunrise Service ~ April 1 ~ 7 a.m.

We begin our celebration inside the Great Hall of the Lodge, move to the chapel garden to celebrate the Resurrection and complete our morning service in the Lodge enjoying hot cross buns and fellowship! *Please see the back page of this newsletter for further details.*

*Barn
To
Be
Wild* 10



May
12
&
13

Guess who our next victim is???

Heather Young That's who!!!

Heather Young--and plenty of her closest "pen" pals--will be living with the animals to raise money to further our mission. Updated information at barntobewild.org

SPRING RETREATS AT THE CENTER

You deserve a break! Treat yourself to a retreat...

Register today to assure your spot in one of these wonderful experiences!



Spring Needlework/Crafts Retreat: Saturday, March 24, 9 a.m. - 4 p.m.

Calling all people who love to work with their hands! If playing with yarn, thread, craft materials, etc. is your creative outlet and you yearn to “get away from it all”, come join Georgann Ring (our knitting/weaving instructor) for a fun-filled day in the Forest View Room. The lighting is excellent, the scenery serene, and the food is beyond compare. If you knit, crochet, weave, embroider, cross stitch, needlepoint, do beading, enjoy craftwork, etc., be sure to put this date on your calendar. All are welcome! Retreat fee: \$55 includes leadership and lunch/ 24-hour advance registration is required.

Awake at The Center: A Day of Mindfulness in the Out of Doors

Saturday, April 14, 9 a.m. - 4 p.m.

The grounds of The Center hold a beauty and peace that, when we take the time, can be truly felt. Please join us for a day retreat amidst the emerging spring wildflowers, led by Dan and Sharon Morley and other leaders of the Sunday morning mindfulness group. You will be invited to sit, to walk, to listen, to share, to hear, and to see that beauty and wonder that abounds all around us. Wear clothing and shoes appropriate for the weather as we will be spending most of our time out of doors. Retreat fee: \$55 includes leadership, lunch, and retreat supplies.



The Art and Movement of Dream Work

Saturday, April 21, 8:45 a.m. - 4:25 p.m.

Please join Rev. Deb-Ellen Brown, Susan Pannier-Cass, BSW and Priscilla Boyd, LCSW for an opportunity to combine movement, Dream Work and Soul Collage as you enter into a conversation with the Divine within. This retreat is open to the experienced as well as the novice dreamer. The \$55 fee (payable to The Center at the time of registration) includes all materials, facilitators, and a delicious lunch. Questions may be directed to Deb-Ellen Brown at revdeboraellebrown@gmail.com or [708-822-5484](tel:708-822-5484).

“To the Trees – To the Trees” – Spring Migration Retreat

Saturday, May 12, 9am – 4pm



The Center’s woods hold the sounds of music...bird music that is! Come spend the day in nature with Dan and Sharon Morley, during the height of spring bird migration. We will walk the woods and follow the farm nature trail to the pine forest for a bird meditation. Catch a glimpse of rose breasted grosbeaks, northern orioles, goldfinches, woodpeckers and more! A wonderful lunch will be served followed by an afternoon activity. Bring your camera for that lucky shot! Come and learn some of the lifestyles of our fine feathered friends. We will have field guide books available. Please dress for the weather. Retreat Fee: \$55 includes leadership,

continental breakfast, lunch, and activities.

OUR SACRED SELF – TAPPING INTO THE WISDOM WITHIN US Retreat Leader: Karen Signore

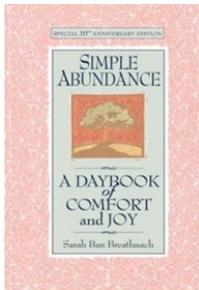
Saturday, May 26, 9 a.m. – 4 p.m.

With our day to day responsibilities, in today’s busy world it’s easy to lose sight of our inner resources. We can become externally focused and look for joy, guidance and direction from outside of us. Within us lies a depth of innate wisdom, peace and joy that is available when we take time to go within and listen. Through process-oriented art experiences, journaling, creative movement, guided meditation and yoga, we will delve inward to connect with our inner selves. If weather permits, we will also spend some time outdoors in nature and at the labyrinth. Join us for a fun, creative day of relaxation, rejuvenation and journeying inward. No prior art, writing or yoga experience necessary. Bring a blanket, pillow and yoga mat if you have one. Includes leadership, lunch and materials.

Workshop fee: \$60

PROGRAMS OFFERED EVERY MONTH

TOASTMASTERS: 1st and 3rd Wednesdays, April 4 and 18, 7:00 - 9:00 p.m.
Toastmasters is an opportunity for folks who wish to improve their public communication skills, to develop the confidence to stand and speak before large or small groups of people. The Center's Toastmasters Club consists of staff, volunteers, and friends of The Center. No commitment is necessary to try it out: for more information, talk to Lois Lauer.



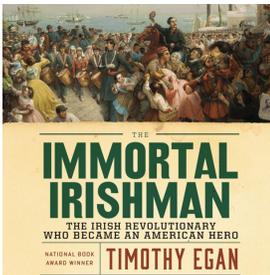
WOMANTALK COFFEE HOUR!

Tuesday, April 24, 10 a.m. – 11:30 a.m.

WOMANTALK! is a wonderfully nurturing and supportive women's discussion group, led by Mary Anne O'Callaghan, and focusing on the month's readings in Sarah Ban Breathnach's *Simple Abundance daybook*, or any other inspirational resources that ladies would like to bring to share. The focus of Womantalk is on learning to live authentically, joyfully, simply, and gratefully. No cost, but please call to register.

CENTER SINGERS

The Center Singers are looking forward to their April 29 concert of jazz and gospel music. Please attend either the 12:30 or 4:30 Vesper services to enjoy such gospel favorites as "This Little Light of Mine," "Soon and Very Soon," and "I'll Fly Away." The jazz numbers include "Walkin' Through the Wilderness," "Wade in the Water," and "Amen." The choir will also be a part of the Easter Sunrise services on April 1 at 7 a.m.



MEN'S POINT OF VIEW (POV)

The group meets The group meets April 24 (Please note: This is the fourth Tuesday, which is the new meeting date going forward) in the Lodge at 7 p.m. George Harris will lead a discussion about the book *The Immortal Irishman*. Invite a friend—New members welcome!!!

WILDFLOWER WALKS:

Leaders: Carol Alesia & Lois Lauer
Three Tuesday evenings, weather permitting, beginning, April 10, 5:30 - 6:30 pm.

We invite you to join us for this series of leisurely nature rambles to see the amazing display of spring wildflowers. We'll walk at The Center and at nearby forest preserves. Please call to register in early April so we can notify you of earlier walks and field trips in case spring comes early. Wear sturdy hiking shoes for spring mud. \$5/walk to be paid upon arrival. Please call to pre-register and be sure we have your phone number and email address.



Sheep to Shawl ~ Sunday, April 29 Noon - 4 p.m.



Through the wool they grow, the meat they produce, and the endless products they provide, sheep have become an asset to our society. Sheep shearing is an antique practice that has evolved greatly over the years and at this year's Sheep to Shawl event we'll focus on demonstrating the hand shearing method. In addition to the shearing demonstrations, guests can visit all of our animals in the barns, see some fiber art-work in action, and children will be able to make a "sheep to shawl" craft.

Admission is \$7.00 per person and gates open at 12 noon.
Shearing begins at 1:30pm. See you there!

Mark your calendars for our 13th annual

Ladies Spring Tea

Sunday May 6, 2 - 4 p.m.

A delightful afternoon in The Great Hall of The Main Lodge filled with delicious tea party fare, home brewed tea from herbs grown in Lois's garden at the farm, elegant and wild hats, beautiful floral arrangements and actress Megan Wells will delight you with her enchanting story telling. This is a great get together the weekend before Mother's Day! Well behaved young ladies are welcome to attend. Tickets: \$33 each



REJUVENATE YOURSELF AT THE CENTER...

GENTLE YOGA CLASSES

Instructor: Carolyn Harms

Five Tuesday evenings, beginning March 27, 6:30 - 8 p.m. or Five Thursday evenings, beginning March 29, 6 - 7:30 p.m.

(The following sessions will begin Tuesday, May 8 and Thursday May 10, registration is open. In May the Tuesday class will move from the Anderson Center to The great Hall of The Main Lodge)

We invite you to this series of gentle, restorative yoga classes taught by yoga instructor Carolyn Harms. The Tuesday classes will be held in the Anderson Activity Center at the farm and the Thursday classes will be held in the Forest View room in the Lodge. All Classes will include discussion and practice on breathing, relaxation, and centering, as well as movement and poses. Dress in comfortable clothing; bring a yoga mat. Class fee: \$55. Pre-registration required.

BODY PRAYER YOGA

Instructor: Celeste Santiago

Five Sunday mornings, beginning April 8, 9 - 10 a.m.

Yoga is more than just physical movement. Come explore what it means to use your body as a form of devotion to connect to the deepest parts of ourselves and, in turn, to others. This hatha/vinyasa style yoga class will link movement, breath, alignment and meditation to create a practice that blends physical movement and spiritual intention. All are welcome! Dress in comfortable clothing; bring a mat and water bottle. If weather allows we may go outside, otherwise class is held in the beautiful Forest View room overlooking the woods! Class fee: \$55 for each five-week session, or a \$13 per class drop in rate per class

REIKI HEALING SESSIONS Reiki is a gentle energetic healing method which balances, harmonizes and restores the body, mind and spirit. It promotes deep relaxation and stress reduction as it strengthens the flow of energy in the body, clearing energy blocks, balancing the chakras, strengthening the immune system and facilitating self-healing. Reiki Master Practitioner Karen Hart Signore will provide a safe, supportive, nurturing environment to assist you in going inward and relaxing deeply so you can receive all of the benefits of the Reiki session. \$65 for an hour session. Call for appointment availability.

BUILDING YOUR AWARENESS OF ESSENTIAL OILS, CLASS AND AFTERNOON TEA

Instructor: Carolyn Harms, Saturday, April 28, 1 - 4 p.m.

Treat yourself to something new and healthy! Learn about essential oils, tips on using oils in everyday life, why, where and when to use oils and free oil samples! Learn this all while sipping a relaxing cup of tea and savoring a homemade dessert infused with therapeutic grade essential oil. Class will be held in the Parlor of the Main Lodge. Workshop fee: \$25



Please support our Festival Sponsor!

KARYN R. VANDERWARREN
ATTORNEY AT LAW

Estate Planning, Wills & Trusts, Probate, Real Estate

708-839-9622

vdwlaw.com

Youth, Family & Farm Programs



Weekend Visits to The Children's Farm

Did you know our Children's Farm is open every Saturday and Sunday from March through November? Bring your family, friends and/or neighbors out for an afternoon of farm fun. Pet the pigs, brush the goats, take a hay ride and simply enjoy the fresh air and scenery.

Open from 1 - 4p.m., admission is \$6 per person.

WILD NIGHT OUT: Saturday, April 21, 6 - 8 p.m.

Ages 6-13 ~ Fee: \$20

Send the kids over for a night of learning, crafts, games, and snacks with Evan Vogt, Palos Park Recreation Supervisor. The evening will be spent exploring the forest trails, playing games, and creating a take home craft. This month's theme is Crepuscular Animals. Please call to preregister.

Earth Day at The Children's Farm: Sunday, April 22, 1 - 4 p.m.

Come join Tara Garcia, our farm program manager, for an exciting afternoon dedicated to celebrating the EARTH! The barns will be open for tours and hayracks will be running, there will be a kid's scavenger hunt and activities and we will be planting a new tree!

Admission is \$6 per person.

FAMILY FULL MOON HIKE: Saturday, April 28, 6 - 8 p.m.

Fee: \$20 per family

Did you know that each full moon has a name and a story given to it by the season? Come join Evan Vogt, Village of Palos Park Recreation Supervisor, on an expertly guided hike that celebrates the full moon. We will conclude the night with s'mores by a campfire. Please call to preregister.

SPRING NATURE STORIES: Saturday, May 5, 10 - 11:30 a.m.

Ages: 3-5 ~ Fee:\$20

Come join Evan Vogt, Palos Park Recreation Supervisor, for a morning story time complimented with outdoor exploration. Evan will be reading "Muncha, Muncha, Muncha" by Candice Fleming and then leading the group on an interpretive hike and through a Wild Rabbit inspired craft. Please call to preregister.

Spring Junior Farmers

Come join Mr. Paul, our youth Program Manager, for our 2018 Late Spring session of Junior Farmers! The **six week Late Spring session** begins the week of April 2. Spring is an exciting time of year at the farm and it's a great time to be a Junior Farmer! We will be embracing the warmer weather and welcoming all of 2018's new babies. Spring time Junior Farmers will be interacting with chicks, ducklings, lambs, calves, kids and more! Visit thecenterpalos.org for registration forms!

Class Offerings:

Ages 3-6

**Tuesday or Friday 10 - 11 a.m. or 1 - 2 p.m.
Saturday 10 - 11 a.m. or 11:30 - 12:30 p.m.**

Ages 7-12

**Monday or Tuesday 4 - 5 p.m.
Saturday 2 - 3 p.m.**



Soil, Seedlings & Sprouts - *A hands-on approach to learning about our food systems through the spring growing season!*

Join us for a six-week program that focuses on the miracle of soil, seedlings and sprouts! Participants will get a firsthand experience working in our SAGE fields and garden. We will be starting seeds, nurturing seedlings in the greenhouse, planting transplants in the field and garden and then caring for those plants as we witness our hard work grow into delicious, healthy food. Soil, Seedlings & Sprouts will be led by Amy DiDominicis, our Program Director and SAGE creator, & Paul Purdy, our youth Program Manager. If the weather works out, this program will conclude

with a group harvest and feast!

**Classes meet Wednesday afternoons from 3:45 - 5 p.m.
April 25 - May 30 ~ Ideal for Ages 9-14 ~ Program fee \$75
Call the office to register!**

2018 Summer Camp is Right Around the Corner...WE INVITE YOU TO APPLY NOW!!

The Center is once again offering a wonderful opportunity for children to learn, play, and grow! Farm and Ranch Camp, Outdoor Adventure for Teens, Senior Outdoor Leadership and Farm Explorers Day Camp, are outstanding summer opportunities for young people entering grades 2 – 12 to spend time in the healthy and fun atmosphere of the farm and surrounding woods. The Center’s camping programs include horseback riding, arts and crafts, hayrides, farm animals, songs, nature hikes, games, fun, friendship, and lots of laughter!

Our summer campers spend either 5 days, 5 nights or 12 nights attending our nature and animal based camps.

NOW IS THE TIME TO APPLY! Do you know someone that could benefit from a life enriching experience like this one? If so, please visit our website for more information.

12 NIGHT PROGRAM

FARM CAMP Entering grades 4 -7	RANCH CAMP Entering grades 8 - 9	SENIOR OUTDOOR LEADERSHIP Entering grades 10 - 12
___ I June 17 - June 29	___ I June 17 - June 29 (Girls)	___ I June 17 - June 29 (Girls)
___ II July 1 - July 13	___ II July 1 - July 13 (Boys)	___ II July 1 - July 13 (Boys)
	___ III July 15 - July 27 (Girls)	___ III July 15 - July 27 (Girls)
	___ IV July 29 - Aug. 10 (Girls)	___ IV July 29 - Aug. 10 (Girls)
12 NIGHT FARM CAMP FEE \$1160	12 NIGHT RANCH CAMP FEE \$1313	12 NIGHT SOL PROGRAM FEE \$1416

OUTDOOR ADVENTURE FOR TEENS Entering Grades 8 – 9
___ III July 15 - July 27 (Boys)
___ IV July 29 - Aug. 10 (Girls)
12 NIGHT O.A.T. FEE \$1236

5 NIGHT PROGRAM

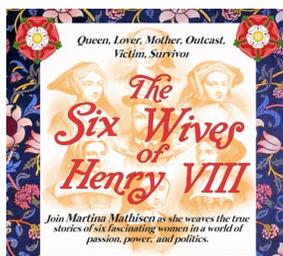
FARM CAMP Entering grades 4 - 7
___ IIIA July 15 - July 20
___ IIIB July 22 - July 27
___ IVA July 29 - Aug. 3
___ IVB Aug. 5 - Aug. 10
5 NIGHT FARM CAMP FEE \$670

DAY TIME ONLY PROGRAM

FARM EXPLORERS Entering grades 2 nd -6 th	EXTREME FARM EXPLORERS Entering grades 3 rd -7 th
___ IA June 18 – June 22	___ IB June 24 – June 29
___ IB June 25 – June 29	___ IIB July 8 – July 13
___ IIB July 9 – July 13	5:30 p.m. -9 p.m. – Sunday, 9 a.m. -9 p.m. Tuesday– Thursday 9 a.m. -5 p.m. Friday
___ IIIA July 16 – July 20	
___ IIIB July 23 – July 27	
___ IVA July 30 – Aug. 3	
___ IVB Aug. 6 – Aug. 10	
9 a.m. – 4 p.m. Monday - Friday	
FARM EXPLORERS FEE \$335	EXTREME EXPLORERS FEE \$489

TUESDAY LUNCHEONS ~ Noon - 2 p.m.

Every Tuesday at The Center, we have a delicious luncheon followed by an enlightening program on travel, nature, art, book reviews, personal growth, world affairs, spirituality, or other topics of interest. *Cost is \$22. Please make reservations by the Sunday before the luncheon and payment is requested at the time of reservation.*



Tuesday, April 3 Martina Mathisen, “The Six Wives of Henry VIII”

Six women and six stories. These fascinating women led equally fascinating lives—apart from the manner in which they ended. Educational entertainer Martina Mathisen artfully interweaves tales of power, personality, and politics. Do these six famous wives deserve their popular labels? Join us April 3rd in the Great Hall to meet the Six Wives of Henry VIII and decide for yourself!

Tuesday, April 10

Joyce Icenogle, “Cuba—Did Our History Books Tell All?”

Joyce will present about a 2017 trip she and Ruthann Jenkins took to Cuba, where they explored four cities and reflected upon the history of Cuba. This presentation will highlight aspects of Cuban history including revolutions, the missile crisis, Russian influence, and the social and economic effects of the U.S. embargo. There will also be an emphasis on the Cuban people and their various types of transportation, including the famous old cars, vintage trucks, horse-drawn wagons, and buses.



Tuesday, April 17

Mark Kater, “Animal and Nature Stories and Folktales”

Mark is a storyteller, who often finds the humor in life through the stories he tells. He is the resident storyteller at the North Park Village Nature Center in Chicago. There he leads storytelling walkabouts through the 46-acre preserve and coordinates other storytelling activities. His storytelling programs cover a wide range of topics and include original stories and re-tellings of myths, animal, nature and folktales from around the world. Join us as he shares some of these fascinating tales in the beautiful Lodge of The Center.



Tuesday, April 24 Janet Engstrom, “Birds in Your Backyard”

One of the most delightful things about spring is the birdsong that fills the air as birds find mates and begin their nesting and procreation. Join Janet Engstrom at the April 24th luncheon and learn more about the Birds in Your Backyard. Learn about their forms, colors, mates, and their secret lives. Janet is a retired Medical Technologist and current Master Gardener with a strong interest in birding.



EMERSON HILL

Sunday, April 22 Megan Wells “Daisy’s Gatsby” 5:30 - 8 p.m.

Megan Wells will present a thought-provoking look at The Great Gatsby from the point of view of Jay Gatsby’s forbidden love, as if Daisy Buchanan had written the tale. Megan Wells is a story artist and a theater artist. She creates the warm intimacy of storytelling, and more. Megan infuses characters with living souls, and delivers the experience with delicious theatrical timing. This is a special evening you won’t want to miss. The cost of dinner and the show is \$25 per person.



Farm and Nature Discovery School

March was a wonderful month with lots of exploring taking place. We studied PONDS and did lots of very cool outdoor experiments with pond water as well as cool crafts. We also did a lot of cooking projects this month. I love how the teachers are utilizing the kitchen more. We ended March with our Easter egg hunts and spring break.

April will be filled with lots of spring projects and discoveries of the wonders of nature at the farm. Our theme all about bugs and insects will be so much fun for the kids as they learn go out on bug hunts. We are currently registering for second and first grade, kindergarten and preschool for next fall as well as our annual Summer School, a week long program that revolves around learning all aspects of the farm. Pack their lunch and leave your children with us and enjoy a few hours to yourself. They will be enjoying themselves every minute they are here. As always, the children get to spend time with the animals, get a hay rack ride, and if we can squeeze it in, a horse ride.



Information and registration forms may be found on our website. This summer program fills fast. Please call Kristin at the school: **708-361-8933** or email me at farmandnature@sbcglobal.net if you would like a tour or information on either program.



Leave a lasting legacy....Include The Center in your estate plan.

Did you know it costs nearly \$5,000 a day to fund The Center? While we strive to maintain our buildings and grounds to make it look like we might not need money, in reality we do depend on charitable contributions to continue our operations. As always, we also depend on a lot of love and elbow grease to keep things running smoothly.

Today, your charitable giving to The Center is an outstanding way to give voice to your values and priorities in our community. It is also vital to the continued operation of the programs that we all know and love—about one-quarter of our operating budget is financed through charitable contributions.

In the future, by including The Center in your estate plan right now, you can help ensure our operations for years or even generations to come. Recent legacy gifts have made possible repairs and capital improvements that would have been very difficult in their absence. If you have any questions about leaving The Center a gift from your estate, please contact Executive Director Dave Sanders.



Classes and workshops for adults and children in fine arts and folk arts

APRIL ART SCHEDULE 2018

All classes require
24 hour pre-registration.

CLASSES FOR CHILDREN AND FAMILIES

LOG CABIN ART FOR KIDS!

Instructor: Liz Credio

(Ruth Augspurger is finishing up her busy school year and will be back for our Outdoor Art for Kids summer classes)

Four Saturday mornings beginning April 14

Kindergarten through grade 2 Grade: 10 a.m. - 11:30 a.m.

Grades 3 through 8: 11:30 a.m. - 1 p.m.

A world of art and nature for kids! Classes are held in our log cabin art studios and outdoors; the majority of projects are inspired by the natural beauty of The Center's grounds. Within each session students work on a variety of art projects such as painting, drawing, sculpture, pottery, crafts, sewing and more. Each session ends with a fun art show! Class Fee: \$60 includes all supplies.

OUTDOOR ART FOR KIDS SUMMER ART CLASSES

Instructor: Ruth Augspurger

A world of art and nature for kids! Drawing, printmaking, pottery, painting, sculpture and more! Creative expression, hands-on fun, encouragement, and opportunities to learn new artistic techniques. Students spend time outdoors creating nature inspired artworks even utilizing items from nature within their art. Fun fieldtrips around The Center's beautiful grounds too! Each session ends with an art show of the students' creations. Enrollment is open for grades K - 6:

- ◆ Session 1: Monday June 25 – June 29, Class is held Monday through Friday from 9 -11 a.m. each day. Class fee: \$ 90
- ◆ Session 2: July 2 – July 13, Class is held Monday, Wednesday and Friday each week from 9 - 11 a.m. each day. Class fee: \$110
- ◆ Session 3: July 16 – July 27, Class is held Monday, Wednesday and Friday each week from 9 -11 a.m. each day. Class fee: \$110
- ◆ Session 4: July 30 – August 3, Class is held Monday through Friday from 9 -11 a.m. each day. Class fee \$90

POTTERY FOR KIDS

Instructor: Liz Credio

Four Thursdays beginning March 29 , 4 - 5:30 p.m.

Open to children in Kindergarten through grade 8, parents or family members are also welcome to register for this class. In this fun class students will learn the process of creating ceramic art, such as pottery and sculptures. Liz will have several fun projects planned as well as allowing time for experimentation. Class fee: \$51 plus a \$14 materials fee.

FAMILY ART:

Instructor: Karen Signore

- ◆ **SPRING NATURE PAINTING**, Friday. May 18, 6:30 – 7:30 p.m.
Capture the spirit of spring! Join us and create a spring nature scene painting. Use your creativity, paint, buttons and other embellishments to bring your painting into full bloom.
Workshop fee: \$11 per person

ADULT CLASSES AND WORKSHOPS

(Teens are allowed to register for some adult classes, please inquire)

BASKETMAKING

Instructor: Jane Dwyer

Six Thursday nights beginning May 3, 6:30 - 8:30 p.m.

Begin by making an easy and beautiful wood-bottomed basket with your choice of colored trim. Continue on to learn techniques for weaving a variety of shapes and sizes of baskets and choose your own project in consultation with the instructor. You can expect to make 2-3 baskets in 6 weeks, depending on your style and choice of projects. Class Fee: \$100, plus \$30 materials fee





CALLIGRAPHY

Instructor: Marge Boyd

Six Monday afternoons beginning April 9, 1 - 3 p.m.

Class will start with lettering with a pen and also learn unique calligraphy styles done with pen and markers. Also learn to construct a book with decorated pages and a favorite quote. List of required supplies available in our office. We require 48 hour advanced registration for this class so that the teacher can prepare. Class fee \$100

CERAMIC BIRDHOUSE WORKSHOP

Instructor: Liz Credio

Saturday, April 14 and 21, 2 - 4 p.m.

In the first class you will work with clay sculpting your birdhouse. During the second class you will paint the glazes on your piece. Two fun afternoons in the pottery studio! Children 12 and older are welcome to register as long as they are accompanied by an adult who is also registered.

Workshop fee: \$34 plus an \$8 materials fee

COLLAGE

Instructor: April Schabes (www.aprilsart.blogspot.com)

(Advanced class, open to students who have previously taken classes with April only)

Six Wednesday mornings beginning April 18, 9:30 a.m. – noon

Continue on your fun journey with April into the world of collage! April will have fun projects planned like always experimenting with papers, paints, images and text. Class fee: \$120.

COLLAGE

Instructor: April Schabes (www.aprilsart.blogspot.com)

(Open to beginning or intermediate students)

Six Monday mornings beginning April 16, 9:30 a.m. – noon

Experiment with color and composition to create your own mixed-media collages... an opportunity to "play in your own world of artistic expression with a fun and easy art form!" Class Fee: \$120.

CREATING ABSTRACT PAINTINGS

Instructor: Susan Flanagan

Saturday, April 28, 9:30 a.m. – noon

Have you ever wondered how to create an abstract or non – representational painting? Where do you start? This workshop demonstrates one approach to creating an abstract painting covering principals of design and use of color. This method is applicable to all art mediums. Bring your own supplies in your medium of choice. Include at least one small canvas or paper (5x7 inches) for a warm up exercise as well as other surfaces. Workshop fee: \$22

CREATIVE ART JOURNALING

Instructor: April Schabes (www.aprilsart.blogspot.com)

Meets the last Friday of each month throughout the year, noon - 3 p.m.

Create a colorful artistic record of your days, your thoughts, your experiences - through words, collages, photos, poems, magazine images, drawings, watercolor and a fun project to add to your journal each month! No excuses! Class fee: \$15 per month

DRAWING

Instructor: Lois Hrejsa

Six Thursday mornings beginning April 26, 9 -11:30 a.m.

Work in pencil or pen and ink to achieve a realistic three-dimensional effect on a two-dimensional surface. Value, perspective, composition, landscape, still life and portraiture will be explored. Students with drawing experience will be encouraged to try other drawing materials such as colored pencils or watercolor washes combined with pen and ink. Individual and group critiques will help point out what has worked and how to improve that which has not. Class Fee: \$120. A list of required supplies is available in our office.

ESSENTIAL OILS WORKSHOP: HELLO BEAUTIFUL!

Instructor: Liz Credio

Saturday, March 24, 2 - 4 p.m.

A little pampering is always needed! In this class you will make bath teas, a foaming facewash, an eye pillow and lip balms with essential oils. Benefits and usages of oils will be discussed during class. Workshop fee: \$17 plus a \$20 materials fee

GARDEN ANGELS

Instructor: Lois Lauer

Monday, April 23, 6:30 - 8 p.m. Create your own folksy garden angel to watch over your garden!

Workshop fee: \$13 plus \$4 materials fee

KNITTING

Instructor: Georgann Ring

Six Monday nights beginning April 16, 6:30 - 8:30 p.m.

Six Friday mornings beginning April 20, 9:30 - 11:30 a.m.

Beginning knitters will learn knitting basics as well as correcting mistakes, making a yarn chart, and locating yarn and pattern sources while making a spa cloth, then a project from a suggested collection. Beginning students should bring a ball of Sugar 'n Cream yarn and a pair of 10" U.S. size 8 (5mm) knitting needles. **Experienced knitters** will choose their own projects and learn more advanced knitting techniques through class discussions and demonstrations. Class fee: \$100.

LAPIDARY

Instructor: Larry Rothenberg

Six Monday mornings beginning April 16, 9 - 11 a.m. or

Six Wednesday evenings beginning April 18, 6:30 - 8:30 p.m.

Turn rough hunks of rock into beautifully polished gemstones. Create a pair of round or oval stones, and then advance to more complex designs. Class Fee: \$115 Stones can be purchased from our instructor for projects.

LEATHER JEWELRY WORKSHOP

Instructor: Liz Credio

Friday, April 20, 6:30 - 8 p.m.

Create a pendant using pieces of leather while embellishing your one of a kind piece with charms, chains and beads. Workshop fee: \$13 plus a \$8 materials fee



METALSMITHING FOR JEWELRY

Instructor: Mary Michaelson

Six Tuesday nights, beginning April 17, 6:30 - 8:30 p.m.

By working with silver, copper or brass students can create either a silver ring or pendant. Learn the basics of metalsmithing such as sawing, filing, sanding and soldering. Advanced instruction will be given to continuing/advanced students. Class fee: \$100 plus a \$30 materials fee.

QUILTING

Instructor: Denise Dulzo

Six Wednesday nights beginning April 18, 6 - 8 p.m.

Within this introductory class students will learn the basics of quilting. Students will create a sampler wall hanging then advance to other projects of your choice. All supplies will be provided by The Center. Class Fee: \$100 plus a \$15 materials fee



SPRING FRIENDSHIP MANDALAS

Instructor: Robin Neumann

Saturday, April 14, 10 a.m. - noon

Celebrate the beauty of spring by participating in the creation of friendship mandalas! First we will learn the basics of mandala making and then we will start out friendship mandalas which will be passed around the circle for everyone to work on. This is a great activity to do with a friend or group of friends! All supplies provided. Workshop fee: \$17 plus a \$3 materials fee

STAINED GLASS

Instructor: Harry Meneghini

Six Thursday nights beginning April 26, 6 - 8 p.m.

Create beautiful stained glass pieces, by learning the principles of glass design and color and the techniques of cutting and soldering, using both lead came and copper foil to join the pieces of glass. Start with simple projects, and eventually design your own windows, pictures, and lamps. Class Fee: \$115

A list of supplies which will need to be purchased will be distributed the first day of class, or may be obtained at The Center office, but wait until after the first class to make any purchases. Students will be able to choose glass from The Center's inventory, which has been included in the class fee.



TREE OF LIFE PENDANT JEWELRY WORKSHOP

Instructor: Liz Credio

Friday, May 4, 6 - 8:30 p.m.

Create a Tree of Life pendant with copper wire and your choice of colored beads. Learn the techniques of wire wrapping to make this one of a kind piece. Workshop fee: \$21 plus a \$9 materials fee

WATERCOLOR PAINTING

Instructors: Lois Hrejsa and Lenox Wallace(www.lenoxwallace.com)

Six Wednesday evenings beginning April 18, 6:30 - 9 p.m.

or 6 Thursday afternoons beginning April 26, 1 - 3:30 p.m.

Wednesday evenings with Lenox Wallace feature structured lessons for beginning watercolorists with critique and guidance in composition, values, textures, negative painting, brush stroke usage, and more, while experienced painters work individually with occasional guidance and critique. Thursday afternoons with Lois Hrejsa, include instruction in color mixing and theory, washes, light and shadow, glazing and negative painting, while intermediate and advanced students have the opportunity to further express themselves in watercolor with attention to areas of interest to the individual student. Opportunities will arise to expand the advanced students' painting experience. Individual and group critiques will point out what has worked and how to improve that which has not. Class Fee: \$120. List of required supplies available in office.



WEAVING

Instructor: Georgann Ring

Six Wednesday mornings beginning April 18, 9:30 - 11:30 a.m.



Beginning weavers will learn to weave a scarf on a rigid heddle loom. Then explore intermediate techniques on the rigid heddle loom while weaving a sampler or set of coasters. Supply list for the first project available in the office; purchase yarn before first class. **Experienced / returning weavers** use our table or floor looms or bring their own loom. Study and weave a project in the patterns of student's choice with instructor guidance. Class Fee: \$100.

WOODCARVING

Instructor: Keith Miller

Six Thursday mornings beginning Thursday April 19, 9 - 11 a.m.

Learn and practice the tools and techniques of woodcarving using a variety of types of wood. Create beautiful animals, objects, and faces. New students will make 3-6 projects such as a bird, a shoe, an egret, and miniature people. If you're experienced, you may design your own projects. Class Fee: \$100. Wood and bench knives are available for purchase in class (approximately \$25 for wood and bench knives).

Pre-registration is required 24 hours in advance for all Log Cabin classes and workshops. Class and materials fees are due at time of registration. All class fees include a \$10 non-refundable, non-transferable registration fee. No refunds or transfers of fees are available for cancellations made less than 24 hours prior to the beginning of class. To register by mail, send check and the following information: Name, address, phone, email, name and date/time of class, and if registration is for a child, send birth date and grade in school in the fall, plus parents' names and emergency contact information

Please support our Festival Sponsor!



**BONE & JOINT
SPECIALISTS**

CONVENIENT LOCATIONS:

Palos Heights

Oak Lawn

Evergreen Park



LITTLE COMPANY OF MARY
MEDICAL GROUP

For Orthopedic Care appointments, call **708.974.7330** or
visit us online at **www.LCMOrtho.com** for more information.



Will you help us build a new Greenhouse??

Sadly, our greenhouse didn't survive the winter which is leaving us in need of a new greenhouse to get all of our spring plants started. Farmer Chris is going to construct us a new, larger, heavier duty greenhouse but we need help funding this project. Our projected cost is \$1,200 but we're hopeful that this greenhouse will last us many years to come. If you're interested in contributing to this great need, please call The Center today!



Like us on Facebook! Go to www.facebook.com and search for Sustainable Agriculture and Green Education @ The Center, Palos Park. Lots of photos and program updates. Check it out!

Don't Miss Out on SAGE's 2018 Meat CSA!! May – November 2018 \$840

- ◆ Seven months of grass fed beef, free range poultry, pork and eggs
- ◆ November's share will be a 12-15 lb., free ranged Holiday Turkey
- ◆ One scheduled pick up per month
- ◆ One preseason buy in fee
- ◆ Less than 20 shares being sold for 2018
- ◆ Monthly shares will include one whole chicken and approximately 4-5 pounds of both beef and pork in various cuts
- ◆ One dozen eggs included with each month's share
- ◆ Approximately 15 lbs. of meat per month!



Call or Email Amy for More Information: Thechildrensfarm@sbcglobal.net



Spring Plant & Compost Sale

May 5 – May 13 ~ Noon to 4 p.m.

Do you need spring plants and compost for your garden? If so, please consider purchasing from our SAGE program at the farm. All plants will be from heirloom or organic untreated seeds. We will start every seed in organic soil and grow them at our farm with nothing but sunshine, water and love! Available varieties will include but are not limited to tomatoes, peppers, lettuce, ornamental flowers and herbs – basil, parsley, sage, cilantro. You'll have to stop by to see what we have offered! The compost is one year old, aged farm compost that will be bagged and ready to add to your garden. There is no need to pre-order, just stop by The Children's Farm on the sale days and look for the yellow and white tent. Hope to see you then!

COW PIE BINGO A SAGE Fundraiser Take a chance at winning \$1000!

Sunday, May 13 ~ Starting at Noon

For those of you who are new to 'Cow Pie Bingo', let me explain...

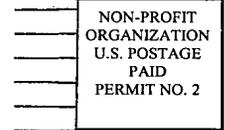
Cow Pie Bingo is a fun way to raise money for SAGE while embracing our 'farmy' roots. We will be selling 324 tickets for the event and each ticket buys a square on our grid. We will be painting a large grid on the farm lawn (all squares of equal shape and size) and then turning one of our cows loose into the grid space. The game involves waiting for the first 'cow pie' to be deposited on the grid. The first square 'hit' is the winner and will be taking home a \$1,000 cash prize!



Tickets (for a grid square) are currently on sale and can be yours for a \$20 donation. We will be selling until all 324 tickets are sold! The event will be held on the Sunday of Barn to Be Wild and will be a wonderful family friendly afternoon. And all ticket holders and their families get FREE ADMISSION to the Bingo game as well as Barn to be Wild and all the farm fun happening that day.

For official contest rules, more information, or to purchase your tickets, please call The Center!

The Center



The Chicago Southwest Suburban Community
Parish and Community Center Foundation
12700 Southwest Highway, Palos Park, IL 60464
708-361-3650
Website: <http://www.thecenterpalos.org>
Email: centerpalospark@sbcglobal.net

**DATED MATERIAL
RETURN SERVICE REQUESTED**

**The Wayside Chapel
invites you to.....**

Join us for
Sunrise Service
Easter Sunday.

**SUNDAY, APRIL 1, 2018 @ 7:00 A.M.
AFTER THE SERVICE PLEASE JOIN US IN THE GREAT
HALL OF THE LODGE FOR COFFEE & HOT CROSS BUNS**