



October 2016

The Center gives people of all faiths, backgrounds, and ages the space to dream, grow, and become fully alive—physically, mentally, emotionally, and spiritually.

“A place for celebration, enrichment and healing”

*The Center*



The Chicago Southwest Suburban Community  
Parish and Community Center Foundation  
Sunday services 12:30pm and 4:30pm  
<http://www.thecenterpalos.org> 708-361-3650

## OUR SINCERE THANKS!

When I think of The Center and all that we are today, I am completely humbled by the breadth of people who have contributed to our mission, our cause. We would never be where we are today were it not for a tremendously supportive fellowship spanning nearly five generations. There are so many of you who volunteer your time and I would venture to guess over our eighty-four years we've been blessed with thousands upon thousands of volunteers helping us. There are those of you who give financially and that is such a big help for an organization like ours. Every building on this property or the numerous special projects such as our chapel garden or labyrinth – all have been made possible by this fellowship's financial support. Many of you donate your expertise in so many areas: trades, architectural, legal, spiritual, educational, health – the list goes on and on. There is more than just a staff here making things happen – there is an entire community. It's heartwarming to us all...it really is!

We are truly a multi-faceted organization. Our efforts are focused in many areas: addiction, health and welfare, education, green farming and agriculture, recreation, the arts...and through it all weaves an amazing spiritual presence and feeling. The Center was built and continues to grow on the principles of love and service. Out of this little chapel in the woods we've reached out and discovered we could help in a multitude of ways. We could help people live a God-based life and free themselves from the destruction of alcohol and substance abuse. Being located in these old-growth woods we discovered we could show children and adults the awesome wonder of God's natural creation...providing a space where one can step back, breathe, and recast one's thoughts in the stillness and beauty of the land. We found teaching and offering art classes was an excellent way to help people exercise their creative spirit, become more whole and more centered. Just recently we made a commitment to go totally green at our farm and to lead by example. We live on God's green earth and we should take care of it as such. All these efforts, layer upon layer, over eighty-four years, with such a dedicated commitment of our fellowship bring us to The Center today – a very multidimensional church!

What a rich history we have. It's pretty amazing to go back to the beginning...a Methodist minister and his wife getting together a group of young people to tear down an abandoned Girl Scout cabin piece by piece, move it back through the woods with horses, and rebuild it on nine acres of cow pasture. My grandparents moved into that cabin with their two sons in the winter of 1932. They had no electricity, no indoor plumbing, and the only heat came from a wood burning potbelly stove. Even though there was absolutely no money – they were rich with dreams of what could be. This “House by the side of the road, a friend to all mankind” began in earnest. I think granddad and grandmom would be heartened and amazed at how their dream has unfolded over all these years!

We thank you very much for supporting The Center and we welcome you with open arms!

## SPIRITUAL OFFERINGS:

### **Meditation: Attending the Silence**

Tuesday evenings 5:30 - 6 p.m. or Thursday mornings 9 - 9:30 a.m.

Please join us for a twenty minute period of silent meditation each week. Come whenever you are able.

### **Loving-Kindness Meditation** Monday mornings 9 - 9:30 a.m.

Our Monday morning meditation is a Loving-Kindness meditation. It is not a silent meditation, but a group prayer for peace in the world beginning with ourselves. Because as the Dalai Llama once said: "We can never obtain peace in the outer world until we make peace with ourselves."

Please join us as we engage this world and life changing prayer! Come whenever you are able. Questions may be directed to Chris Hopkins, 708-361-3650

### **Mindfulness** Sunday mornings 11 a.m.- noon

Mindfulness: the practice of being present to what is with kindness and curiosity. For anyone who has tried, they can tell you that it is easier said than done! Come gather with others who seek to be truly present to their lives. Find the support, guidance and companionship that you need, whenever you are able. No registration necessary. These Sunday morning sessions are team led by Dan Morley, Patty Parker & Kitty Rigenbach. All are welcome!

### **Spirituality 101** ~ Tuesday evenings 6:30 p.m.- 8 p.m. (or) Thursday mornings 10 a.m.- 11:30 a.m.

#### **"The Sacred Art of Loving Kindness" by Rabbi Rami**

This book discussion is completed on Oct. 18 & 20. Even so, new participants are always welcome since each chapter is a new discussion so you won't be lost! Feel free to contact Chris Hopkins at 708-361-3650 with any questions.

**Beginning October 25 & 27: *The Great Chain of Being: Simplifying our Lives.*** This is a DVD recording of a conference by the same name held in 2007. It features Richard Rohr, Paula Gonzalez and Tiki Kurstenmacher. Join us we explore the spiritual and ecological reasons for 'living simply'. The cost for this five week class is \$25 or \$5/class. Tuesday evenings 6:30 p.m.- 8 p.m. (or) Thursday mornings 10 a.m.- 11:30 a.m.

### **Vespers in the Chapel** Every Sunday 12:30 p.m. & 4:30 p.m.

Please join us each week for a nondenominational service of music, meditation and prayer led by Rev. Chris Hopkins. The Chapel stands on the highest point of The Center's grounds and symbolizes the underlying spirituality of all Center programs. All are welcome!

### **Communion Sunday** Oct. 2, 12:30 p.m. & 4:30 p.m.

On the first Sunday of each month (except August and December) Communion is offered at both of our Chapel services. Volunteers are needed to help set up for Communion as well as helping to distribute it. If you are able and interested, please contact Chris Hopkins. ALL ARE WELCOME! \*Please note: we always have a non-alcoholic cup & gluten free bread.

### **Family Service Sunday** Oct. 16 at 10 a.m.

Please join us as we gather outdoors behind the Lodge on the west side of Southwest Highway for this family friendly service. And we will share a bit of hospitality together, because Jesus always ate with his friends!

### **Spiritual Companionship**

Spiritual Director Kathy Fontaine donates her time and expertise to The Center, by offering her one-on-one spiritual companionship services to anyone seeking spiritual direction through prayer, meditation, and dialogue. The cost is \$20/hour, which Kathy donates to the camp scholarship fund. Please, call the office at any time for details about setting up appointments with Kathy, who is here as a spiritual companion all day every Tuesday. We all need the love, support, and witness of others who share our journey.

### **Mother's Wisdom Circle** Oct 20 at 6:30 - 7:30 p.m.

We are a group of moms who gather monthly to explore the joys and the struggles of raising kind hearted, compassionate, spiritually grounded children in today's complex world. **October's theme: preparing ourselves for the holidays!** This isn't just about ways to be better organized, but about ways of reducing our stress and anxiety during a wonder-full time of year. Registration is GREATLY appreciated and a free will donation would be gratefully accepted!

## SPIRITUAL OFFERINGS: continued

### Anniversary Dinner And Renewal Of Vows ~ Sunday, Oct. 23, beginning with 4:30 p.m. Vespers

Whether you were married in our chapel, a grand cathedral or a courthouse, if you were married in October, we invite you to this beautiful evening of celebrating and renewing your marriage commitment. You are invited to begin the evening with Vespers Service at 4:30 pm in the Chapel. After Vespers, you will enjoy a gracious (and delicious!) candlelight dinner in the lodge and then return to the Chapel for the Renewal of Wedding Vows ceremony. For reservations, send \$90 for dinner for two, to be received no later than Monday, Monday, Sept. 26.

### LABYRINTH OFFERINGS:

#### Hatha Yoga and Fire Ceremony ~ Friday, Oct. 14 ~ 6 - 8 p.m.

Join us at the labyrinth for a special evening of Hatha yoga led by yoga teacher Kevin Leep (Revival Yoga, Palos Heights). Kevin will guide us through a series of postures, breath work and meditation all designed to reconnect us with Mother Earth. A fire ceremony will conclude the class with the intent of inviting us to let go of whatever might be holding us back from a new beginning. No registration is necessary, but please come prepared to pay with a check or the exact amount (cost for the evening is \$30).

Also, please bring a mat, water, journal and pen. It will be held rain or shine. Questions may be directed to Chris Hopkins (708-361-3650)

#### A Walk in Autumn Glory ~ Saturday, Oct. 22 ~ 9 a.m.

This labyrinth walk will focus on the startling paradox of autumn. On one hand there is the profound and vibrant beauty of the changing color of the leaves...and on the other hand those same leaves will quickly turn brown and fall off the tree. Come walk the labyrinth on the edge of our Center's forest as we find Autumn's metaphors speaking to our life's journey.



While **A JOYFUL PATH** is not a religious education program, it does intend to nourish our children's spirituality in a way that is compassionate and inclusive. This curriculum connects children with their own inner wisdom. It teaches interdependence, self awareness, respect for nature, stillness, forgiveness, prayer, meditation, and integrity. Using the Bible and other wisdom stories, **A Joyful Path** helps children learn how to follow the path of Jesus in today's complex world. Even if your child (children) participated last year, there will be new things to learn and new experiences for all. This program will be taught by Winnie Brock and Bill Hopkins who are working closely with Chris Hopkins.



### **A JOYFUL PATH**

A Spiritual Curriculum for children in grades 1-6.

Sundays,  
12:15-1:15 p.m.

The 2016-2017 year is offered in 2 sessions:

Session 1 runs Sept. 25-Nov. 13 (\$70/child)

Session 2 will run Jan. 8-April 30 (\$110/child).

***This year we will have two classrooms:***

***one for children in grades 1& 2 and one for children in grades 3-6.***

New children are welcome all the time!  
Any questions may be directed to Chris Hopkins.



9700 W 131st St  
Palos Park, IL 60464  
(708) 361-3350

Please  
Support  
Our  
Festival  
Sponsors



Butler Orthopaedics

15300 West Avenue  
Suite 300  
Orland Park, IL 60462

## Fall Junior Farmers begins week of September 10 ~ 7 Weeks/\$91 (prorated rates available for late sign ups)

*Classes meet one hour per week for seven weeks. Advanced registration required.*

*Fall is such a wonderful time at the farm and even a better time to be enrolled in our Junior Farmer program! Our Fall session will focus on pumpkins, taking the animals on walks around the farm, fall harvests and simply enjoying the seasonal changes. Mr. Paul, our Youth Program Manager, will provide a hands-on, educational experience for children that is unique and rewarding!*

### Choose a Session:

#### Ages 3-6

\*Saturday 10:00-11:00a.m. or 11:30 a.m. -12:30pm  
Beginning Sept 10

Mon., Tues., or Friday 10:00-11:00a.m. or  
1:30-2:30p.m. Beginning Sept 12, 13 or 16

#### Ages 7-12

\*Saturday 2:00-3:00 Beginning Sept 10  
Monday or Tuesday 4:00-5:00 Beginning Sept 12 or 13



**\*Saturday classes will skip September 24 due to our Fall Festival.**

## Farm and Nature Discovery School

September was a busy month as we began with our Open House and Barn Dance. Our families had a wonderful night dancing in the arena, visiting their teachers, and seeing the farm. It is such a great way for families to see our farm and all we offer. During September the students visited all the areas of our farm, had pictures taken, a hayrack ride and got to know their classroom, teachers, and all their new friends.

During October, we will be getting another hayrack ride to pick pumpkins and the children will enjoy their harvest parties that are run by our wonderful parents. We begin October with our largest fundraiser ever. This is a one mile walk around the farm for our students in an effort to raise money for the school. Families will get to enjoy the farm on our first day of Pumpkin Playland. There will be food and t-shirts and It's sure to be a fun day for the families. All the teachers and staff will be on hand to help it run smoothly.

If you are interested in looking at our school for the 2017-2018 school year, please contact Kristin at [farmandnature@sbcglobal.net](mailto:farmandnature@sbcglobal.net) or 708-361-8933. Information can be emailed to you or a tour scheduled. Registration will begin January, 2017.

## Don't forget: Our 74th annual FALL FESTIVAL AT THE FARM!



**Saturday, Sept. 24**  
**10 a.m. - 4:00 p.m.**

It's like our very own "homecoming" weekend---a fun time to see your Center friends, and a great way to support the ministry and programs of The Center!

### PROGRAMS OFFERED EVERY MONTH

**TOASTMASTERS** ~ 1st and 3rd Wednesdays, Oct. 5 & 19, 7 - 9 p.m.

If you are interested in improving and practicing your public speaking skills, then please join our supportive group of speech makers. We take turns leading the meetings, giving speeches, giving evaluations---and we always have fun doing it! We invite you to come as a guest to see what Toastmasters is all about. For more information, contact Dave Sanders.



**LAUGHTER CIRCLE** ~ Wednesday, Oct. 12, 6 p.m.

Want to laugh? Research shows that laughter strengthens the immune system, reduces stress and anxiety, alleviates pain, and helps people get along better. Leader Kathy O'Brien is an R.N. and an Advanced Certified Laughter Leader who is sure to get you laughing, not from jokes or comedy routines, but rather from laughter for the sake of laughter! The cost is \$5 which Kathy donates to The Center. Please call to reserve a spot!



**WOMANTALK!** Tuesday Oct. 25, 10 - 11:30 a.m.

WOMANTALK! is a wonderfully nurturing and supportive women's discussion group, led by Mary Ann Grzych, and focusing on the month's readings in Sarah Ban Breathnach's "Simple Abundance" or any other inspirational resources that ladies would like to bring to share. The focus of Womantalk is on learning to live authentically, joyfully, simply, and gratefully. Please call to reserve a spot.



**CENTER CINEMA** ~ Film Classics Shared and Discussed

Friday Oct. 21, **6:30 – 9 p.m.** *Notorious*, Alfred Hitchcock, 1946, 101m

A woman spies on some Nazis in South America. It's not just any woman—It's Ingrid Bergman. And Cary Grant plays, well, Cary Grant. Lively discussion to follow. We'll bring popcorn. Free, but registration is necessary.

**MEN'S POINT OF VIEW (POV)**

The group meets Oct. 18 in the Lodge at 7 p.m.

Mark Walker will be the discussion leader for the book *American Character* by Colin Woodard. Invite a friend—New members welcome!!!

### GENTLE YOGA CLASSES

Five Tuesday evenings, beginning Nov. 1

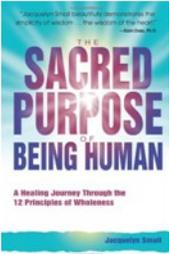
6:30 - 8 p.m., at the Anderson Activity Center at the farm

We invite you to this series of gentle, restorative yoga classes taught by our yoga instructor Carolyn Harms. The classes will include discussion and practice on breathing, relaxation, and centering, as well as movement and poses. Dress in comfortable clothing and bring a yoga mat. Meet at the Anderson Center at the farm. Class fee: \$50. Preregistration required.



### CENTER SINGERS

The Center Singers have started practicing for the Fall / Winter season. There's still room for singers! The dates for singing at Vespers are: Oct. 9, Oct. 16, Nov. 13 (Annual Meeting) and Dec. 11 (Advent). The Cantata will be Nov 27 at both 12:30 p.m. & 4:30 p.m. Vespers. Please join us!



**WAY-FINDERS CIRCLE**--- for those who like to explore the psycho/spiritual mysteries of our lives and relationships. The book for this session is *"The Sacred Purpose of Being Human"* by Jacquelyn Small, which focuses on The Twelve Principles of Wholeness that keep you grounded and clear as you consciously move through life.

Course Overview: Tuesday Oct. 4, 10:30 - 11:30 a.m. An opportunity to find out more before making a commitment. Come and learn about the program and meet the other participants. No fee for overview session, no commitment, but please call to register.

The actual course begins a week later for ten weeks and requires pre-registration:

Ten Tuesday mornings, beginning Oct. 11, 9:45 -11:45 a.m.

Facilitated by counselor Sharon Butler (MHS, CRADC) who is committed to creating a safe and respectful environment which allows group members to probe deeply and honestly into their hearts and minds.

Class fee for 10 week class: \$120. Pre-registration is required. Students also need to purchase their textbook online or at a local bookstore and are asked to read the first assignment before the first class on Oct. 11.

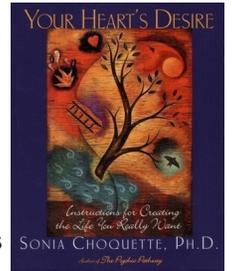
## THE ARTIST'S WAY CIRCLE

Instructor: Robin Neumann

Intro session on Sept. 22 at 10 a.m. Come and find out what it's all about! There is no fee for the intro but please call the office and sign up.

Class begins Thursday, Sept. 29. We will meet weekly for ten Thursdays 10 a.m. - noon. (Skip Thanksgiving) Cost: \$120

The Artist's Way group is not just for artists and creators. It is intended for anyone who wishes to discover/recover their innate creative spark and live a more creative and authentic life. Yes, if you are alive, you ARE creative! And your greatest work of art is your life! This group offers a safe and supportive environment in which to share your thoughts, dreams, fears and longings with other like-minded people. We help each other to discover what makes us happy, how to find joy and to move forward in making our dreams of a fulfilling life reality. The book that we will be using in the fall session is *Your Heart's Desire: Instructions for Creating the Life You Really Want* by Sonia Choquette, Ph.D. Please read the Intro, "Warming Up and Principle Number One" before the first class on Sept. 29.



## PROGRAMS OFFERED THIS MONTH

**Emerson Hill** Sunday, Oct. 9, 5:30 p.m. : The Glenn Ellison Duet

Glenn Ellison, accompanied by a singer, will bring his vibraphone and focus on the great sounds from this lovely and unusual instrument. Glenn has promised to play a polka or two to get everyone in the Oktoberfest mood! Fee is \$25.00 and includes dinner at 5:30 p.m. before the performance.



## LADIES HALLOWEEN TEA!



Friday, Oct. 14, 4 - 6 p.m.

Held at The Anderson Center of the farm. The Christmas Teas are the coziest, the Spring Teas are most elegant and the **Halloween Tea is outright FUN!** Join us for this fun tea party with cackling witches, spider cider, a giant spread of delicious tea party foods and a performance by story teller Margaret Burk. Dust off your witches' hats and broom sticks and join us! Tickets are \$32 and

need to be purchased in advance. Call The Center's office, 708-361-3650 to reserve your seat today!

### **Coming in November:**

Restore your body, mind, and soul... **PREPARE FOR THE HOLIDAYS: AN EVENING OF RESORATIVE YOGA** Sunday, Nov. 27, 6-7:30 pm in the Forest View Room of the Lodge. Yoga instructor Valerie Lindstrom invites you to an evening of gentle yoga, aromatherapy, a longer relaxation period called a *yoga nidra*, brief forehead massages (to those who want them), and more. Newcomers to yoga are welcome. Bring a blanket, pillow or bolster. Fee: \$20, proceeds are Valerie's Christmas gift to The Center

## AUTUMN RETREATS AT THE CENTER

You deserve a break! Treat yourself to a retreat....

Register early to reserve your spot in one of these wonderful weekends!

### **Awake at The Center: A Day of Mindfulness in the Out of Doors**

Saturday, Oct. 8, 9 a.m. - 4 p.m.

The grounds of The Center hold a beauty and peace that, when we take the time, can be truly felt. Please join us for a day retreat led by Dan Morley and the other leaders of our Sunday morning mindfulness group. You will be invited to sit, to walk, to listen, to share, to hear, and to see that beauty and wonder that abounds all around us. Wear clothing and shoes appropriate for the weather as we will be spending most of our time out of doors. Retreat fee: \$50 includes leadership, lunch, and retreat supplies.



### **Autumn Knitting Retreat**

Saturday, Nov. 5, 9 a.m. - 4 p.m.

Are you a knitter and/or crocheter? Would you like to spend a day with like-minded people in a friendly atmosphere? If so, gather up your project(s) and join us for some uninterrupted knitting/crochet time in the beautiful Forest View Room. Retreat lead by Georgann Ring. Retreat fee: \$50 includes leadership, lunch, and instruction

### **WOMEN'S CHRISTMAS RETREAT: Preparing Our Hearts and Our Hearths for Christmas**

Saturday, Dec. 3, 9 a.m. to 8 p.m.

We gather for our very popular 23rd annual women's Christmas Retreat, which will focus on preparing not just our homes, but also our hearts for the holidays. Featuring Christmas crafts and gourmet treats, fireside fellowship, and time for reflection, this women's retreat is always a wonderful way to get in the spirit of the season. We'll make pots and swags of fresh balsam, twigs, and berries, plus charming folded star ornaments, chocolate-dipped nuts in handmade boxes, pomander tea lights, Advent mini-diaries, and stick Santas! A day full of creativity and Christmas Spirit! Retreat leaders: Heather Young and Lois Lauer. Retreat cost: \$78 which includes leadership, two meals and retreat supplies. Preregistration required (early advised!)

*The Children's Farm Presents*

# The Haunting

## A Terrifying Tale & Hayride

Join us for an evening of frightful fun! Come listen to a theatrical, spooky story and then take a hayrack journey around the farm trails. The past will come alive on these two special October evenings!

**Friday, October 28<sup>th</sup> &**

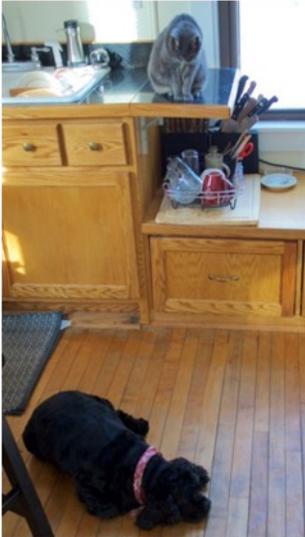
**Saturday, October 29<sup>th</sup>**

**\$10 tickets available for 6:30, 7:15 & 8:00**

Tickets must be purchased in advance

## TUESDAY LUNCHEONS ~ 12:00 NOON – 2:00 PM

Every Tuesday at The Center, we have a delicious luncheon followed by an enlightening program on travel, nature, art, book reviews, personal growth, world affairs, spirituality, or other topics of interest. Cost is \$22. Please make reservations by the Sunday before the luncheon.



### **Tuesday, Oct. 4:**

A Blessing of the Animals in the Great Outdoors

October 4 is the Feast of St. Francis, and what better way to celebrate than with an outdoor luncheon followed by a procession and blessing of our beloved pets? Attendees may bring along their pet (or a photograph if bringing the pet would prove difficult) for this event, which will be held at the Camp pavilion area behind the Lodge. After lunch, Rev. Chris Hopkins will bless the procession of faithful companions. \*Please note: Up-to-date animal vaccinations would be most appreciated!

### **Tuesday, Oct. 11:**

A Visit to Yellowstone National Park

On their last visit to YNP, Mark & Mary Walker took more than 2,000 pictures, but Mark promises to show only the very best ones in this fun look at America's first national park, with a couple of side trips into the Wyoming countryside. The emphasis of the show will be on the park's history, legends, geological uniqueness, and stunning natural beauty.



### **Tuesday, Oct. 18:** Estate Planning with Karyn Vanderwarren

Center Board Member and Attorney at Law Karyn Vanderwarren will host a luncheon covering important topics including What an estate plan is, Why an estate plan is important, Why people wish to avoid probate, What a revocable living trust is, and more.



### **Tuesday, Oct. 25:** Hysteria in Salem

Just in time for Halloween! Marking the 320th anniversary of the Salem Witch Trials,

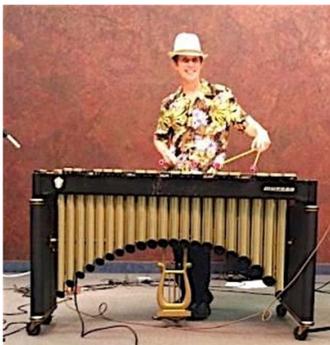
Terry Lynch portrays Magistrate John Hathorne as he recounts the hysteria, paranoia, and resulting trials that took place during the 17th century in Salem Massachusetts.



### **Emerson Hill Nights are back in October!**

**Sunday, Oct. 9, 5:30 p.m.:** The Glenn Ellison Duet

Glenn Ellison, accompanied by a singer, will bring his vibraphone and focus on the great sounds from this lovely and unusual instrument. Glenn has promised to play a polka or two to get everyone in the Oktoberfest mood! Fee is \$25.00 and includes dinner at 5:30 p.m. before the performance.





## *A SAGE Fundraiser at The Center*

**When:** Friday, October 7th, 6:30pm ~ **Where:** The Lodge at The Center ~ **What:** A multi-course, delicious meal, featuring ingredients that were planted, grown, raised, processed and/or harvested on our farm through our Sustainable Agriculture and Green Education program, SAGE.

Please consider joining us for our third annual, Farm to Table SAGE fundraiser dinner. Our fall harvest inspired dinner will be wonderfully prepared by The Center's chefs and each course will highlight ingredients that were lovingly and naturally grown on our farm this year! No chemicals or pesticides were used in the growing process and all animals were free-ranged and naturally fed. Dinner menu will feature pork chops, spinach salad, butternut squash soup and pumpkin pie.

**\$70 per Ticket—includes dinner and donation**  
**Call 708.361.3650 to reserve your spot**



*It's Almost Time for...*

### **THE CHILDREN'S FARM..... PUMPKIN DAYS!!**

#### **You-Pick Pumpkin Patch**

*(Patch only, No Farm Admittance)*

**Open Every Day in October – Free Admission!**

*Weekdays from Noon - 5 p.m.*

*Weekends (and Columbus Day) from 10 a.m. - 4 p.m.*

*Offering a variety of pumpkins, gourds, mini pumpkins, carving tools, straw bales, corn stalks, local honey & more!*

### **PUMPKIN PLAYLAND** –Admission Fee \$10 ages 2 and up

*Our most popular October farm experience for children and adults!*

**OPEN WEEKENDS & COLUMBUS DAY ONLY!! 10AM - 4PM**

- ◆ **Barn tours & Petting Farm** – Enjoy hands on interaction with all of our farm animals. Cows, pigs, goats, sheep, chickens, ducks, rabbits and more!
- ◆ **Straw Bale Climber** – See how high you can climb on our structure of straw!
- ◆ **Giant Corn Box** – This one speaks for itself. A giant box filled with corn kernels, provides endless fun!
- ◆ **Spooky Wood Shed** – An eerie experience designed for our youngest guests.
- ◆ **Crazy Maze-y** – Enjoy navigating your way through our crazy maze-y!



- ◆ **Toy Duck Races** – Get a partner and race your plastic ducks against one another!

*Food Concessions & Complimentary Hayrack Rides Also Available on Weekends Only*

Come...let us entice you "to express your creative spirit" at THE LOG CABIN CENTER FOR THE ARTS



**Classes and workshops for adults and children in fine arts and folk arts**  
OCTOBER-NOVEMBER ART SCHEDULE 2016  
**All classes require 24 hour pre-registration.**

KIDS, TEEN AND FAMILY ART CLASSES

**LOG CABIN ART FOR KIDS!**



Instructor: Ruth Augspurger

Six Saturday mornings beginning Oct. 29 (no class Nov. 26)

Kindergarten through 2<sup>nd</sup> Grade: 10 - 11:30 a.m.

3<sup>rd</sup> through 8<sup>th</sup> Grade: 11:30 a.m. - 1 p.m.

A world of art and nature for kids! Classes are held in our log cabin art studios and outdoors. Within each session students work on a variety of art projects such as painting, drawing, sculpture, pottery and more. Each session ends with a fun art show. Class Fee: \$80 includes all supplies

**TEEN POTTERY** (grades 7-12)

Instructor: Heather Young

Six Tuesday evenings beginning Nov. 1, 6 - 7:30 p.m.

Lots of fun with clay! Throughout the session students learn to create pottery on the potter's wheel and by hand building techniques. We use a variety of different types of clays and glazes. Class Fee: \$85 includes all supplies.

**TEEN LAPIDARY** (grades 7-12)

Instructor: Larry Rothenberg

Six Wednesday late afternoons beginning Nov. 2, 5:30-7 p.m. (no class Nov. 23)

Creative teens are invited to learn to use the lapidary wheels to make smooth polished stones from rough pieces of rock. Class Fee: \$75 plus \$10 materials fee for introductory project. Students purchase rocks for advanced projects.

**SCULPTURE WORKSHOP** (grades 5-12)

Instructor: Noah Colon (Camp Counselor & new Art Teacher!)

Saturday Oct. 1, 1-3 p.m.

Students will create a variety of sculptures within this fun class such as plaster hand sculptures, found object sculpture, and ceramic sculpture. Workshop fee: \$21

**MOMMY AND ME ART**

Instructor: Karen Signore

(For mothers or grandmothers with children ages 3-6, but we are open to family members of all ages attending)

- ◆ **FALL TREE PAINTINGS Wednesday, Sept. 28**, 11 a.m.- noon  
Get in the spirit of fall and join us as we will use our hands, fingers and paints to make a beautiful fall tree canvas painting that you can take home and hang on the wall. Karen will also read a cute fall story to the class!
- ◆ **PUMPKIN CREATURES Wednesday, Oct. 12**, 11a.m.- noon  
We will use pumpkins, gourds, squash, seasonal vegetables and natural items to make imaginative, silly and fun creatures and critters to take home and decorate your table or porch. (\$13 per person)
- ◆ **AUTUMN FAIRIES Wednesday, Nov. 2**, 11a.m.- noon  
Using pinecones, acorns, leaves, yarn, felt and other fun materials you will create whimsical fall fairies. Take them home to use in imaginative play, add them to your fairy gardens or hang as a decoration.  
Mommy and Me Workshop fees: \$10 per person (except Pumpkin Creatures is \$13 per person)

## ART FOR ALL AGES

Instructor: Heather Young

Come by yourself, with a friend or a family member of any age to these fun creative classes.

- ◆ **PUMPKIN AND GOURD SCULPTURE CLASS** – Saturdays Oct. 15 & 22, 1:30 - 2:30 p.m.  
Learn to sculpt ceramic pumpkin and gourds that will last for many years to come. The first class is for sculpting and in the second class we will paint on glazes. The pieces will need to be fired in the kiln one more time and will be ready for pick up about a week after class. Workshop fee: \$20 per person, for 2 day workshop
- ◆ **FALL STILL LIFE DRAWING CLASS** – Monday Oct. 24, 6 - 7 p.m.  
Practice your drawing skills and learn some new techniques during this fun class. We will work with pastels to add color. Heather will have a lovely still life set up of colorful pumpkins, squash, gourds, Indian corn and fall plants. Workshop fee: \$10 per person

## ADULT CLASSES AND WORKSHOPS

(Teens are allowed to register for some adult classes, please inquire)

### NEW! AUTUMN AND CHRISTMAS FOLKARTS

Instructor: Lois Lauer

Monday afternoons, 1 - 3 p.m.

Join Lois Lauer this fall for four fun workshops in which you'll create great nature themed decorative crafts each week. No experience or previous skills needed. This is a fun immersion into the worlds of art and nature! On the first day of class, Lois will invite those who wish to join her on the following Monday mornings before class, to help gather the grapevines, pumpkins, evergreens, pinecones, etc. Others are welcome to just arrive at class ready to enjoy the creativity! Class fee for each 4 week session: \$64 plus \$16 materials fee

- ◆ **AUTUMN FOLKARTS:** With colorful leaves, apples, corn, grapevines, pumpkins and more!  
Four Monday afternoons beginning Oct. 3, 1 - 3 p.m.  
Join Lois this fall for four fun workshops in which you'll create great nature themed decorative crafts each week. Planned projects include cornhusk dolls with dresses naturally dyed from pokeberries and goldenrod, leaf-and-apple printed tote bags, grapevine wreaths with bittersweet and autumn ribbons, oak leaf candles, Martha Stewart pumpkin carving and more! No experience or previous skills needed. This is a fun immersion into the worlds of art and nature! On the first day of class, Lois will invite those who wish to join her on the following Monday mornings before class, to help gather the grapevines, pumpkins, cornhusks, goldenrod, etc. Others are welcome to just arrive at class ready to enjoy the creativity! Class fee: \$64 plus a \$16 materials fee
- ◆ **CHRISTMAS FOLKARTS:** *With fresh evergreens and pinecones, fragrant oranges and cinnamon, beautiful holly berries, and much more!*  
Four Monday afternoons, beginning Nov. 7, 1- 3 p.m.  
Planned projects include making evergreen swags or garland, fragrant pomanders, pinecone wreaths, hand printed gift cards and wraps, Christmas ornaments, and other seasonal decorations.

### BASKETMAKING

Instructors: Jane Dwyer (evenings) and Lois Shive (mornings)

Six Thursday nights beginning Oct. 20, 6:30 - 8:30 p.m.

or Six Thursday mornings 9:30 – 11:30 a.m.

(no class on Nov. 24, Thanksgiving)

Begin by making an easy and beautiful wood-bottomed basket with your choice of colored trim. Continue on to learn techniques for weaving a variety of shapes and sizes of baskets and choose your own project in consultation with the instructor. You can expect to make 2 to 3 baskets in six weeks, depending on your style and choice of projects.

Class Fee: \$95, plus \$25 materials fee per six week session



### BOOKMAKING WORKSHOP

Instructor: Marge Boyd ([penandpaints.blogspot.com](http://penandpaints.blogspot.com))

Monday Oct. 17, 1 - 3:30 p.m.

Learn various techniques of bookmaking and create your own book that can be used as a journal or sketchbook. Workshop fee: \$20 plus a \$5 materials fee

### **COLLAGE**

Instructor: April Schabes ([www.aprilsart.blogspot.com](http://www.aprilsart.blogspot.com))

Six Wednesday mornings beginning Oct. 26, 9:30 a.m. - noon (no class Nov. 23)

Experiment with color and composition to create your own mixed-media collages... an opportunity to "play in your own world of artistic expression with a fun and easy art form!" Class Fee: \$116. List of required supplies available in office.

### **CREATIVE ART JOURNALING**

Instructor: April Schabes ([www.aprilsart.blogspot.com](http://www.aprilsart.blogspot.com))

Fridays, Oct. 28 and Nov. 25, noon - 3 p.m. (meets the last Friday of each month)

Create a colorful artistic record of your days, your thoughts, your experiences - through words, collages, photos, poems, magazine images, drawings, watercolor, etc. Class Fee for the remainder of 2016 Creative Art Journaling: \$30.

### **DRAWING**

Instructor: Lois Hrejsa

Six Thursday mornings beginning Oct. 20, 9 - 11:30 a.m.

(no class on Nov. 24, Thanksgiving)

Work in pencil or pen and ink to achieve a realistic three-dimensional effect on a two-dimensional surface. Value, perspective, composition, landscape, still life and portraiture will be explored. Students with drawing experience will be encouraged to try other drawing materials such as colored pencils or watercolor washes combined with pen and ink. Individual and group critiques will help point out what has worked and how to improve that which has not. Class Fee: \$116. A list of required supplies is available in our office.



### **KNITTING/CROCHET 101...AND BEYOND!**

Instructor: Georgann Ring

Six Mon evenings beginning Nov. 7, 6:30 - 8:30 p.m.

or Six Fri mornings Nov. 11, 9:30 - 11:30 a.m.

Beginning knitters will learn to use the knit and purl stitches, to cast on and bind off. Beginning crocheters will learn the basic crochet stitches. Both will learn simple increases and decreases, and to read a pattern while completing their first project, a washcloth; the second project will be chosen by the student from a suggested collection. Georgann will help those with experience choose their projects and learn more advanced knitting/crochet skills. Class Fee: \$95. Beginning students should bring a ball of Sugar n' Cream yarn; knitters need a pair of 10", U.S. size 8 (5 mm) needles; crocheters need a size "H" aluminum crochet hook. Students purchase own yarn for advanced projects.

### **LAPIDARY**

Instructor: Larry Rothenberg

Six Monday mornings beginning, Oct. 31, 9 - 11 a.m. or

Six Wednesday evenings beginning, Nov. 2, 7 - 9 p.m.

Turn rough hunks of rock into beautifully polished gemstones. Create a pair of round or oval stones, and then advance to more complex designs. Class Fee: \$95 plus \$10 new student materials fee for introductory projects. Students purchase rocks for advanced projects.

### **NATURE PHOTOGRAPHY**-Basic tools and techniques!

Instructor: Rick Steffen

Four Saturday mornings beginning Oct. 1, 9 - 11 a.m.

Ever wonder how some people get such great nature photos? Rick Steffen can help you learn to do it too. Bring whatever camera you have, and Rick will help you to use it more easily and effectively. He'll demonstrate and share his strategies for composing great outdoor pictures, getting the right exposure on each shot, and perhaps, most importantly, how to look for great subject matter in nature. Capture the beauty of fall at The Center!

Class fee: \$64

### **PAPERCRAFTS**

Instructor: Linda Sears

◆ **FALL AND HALLOWEEN CARDS** – Tuesday, Oct. 18, 10 a.m. - noon

October Paper crafting will focus our card making skills on fall and Halloween cards and a small Halloween project. We will be stamping, embossing and working on spooky techniques to make four cards and one paper project. All of our cards are easily made by crafters and not so crafty. Don't be a scaredy cat, join us for a fun filled morning! Workshop fee: \$16 plus \$5 materials fee for all paper craft classes

## **PAPERMAKING**

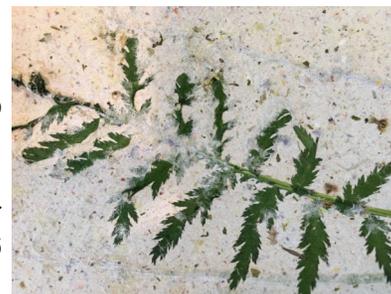
Instructor: Marilyn VandenBout

### ◆ **LEAF PAPERS** – Wednesday, Oct. 26, 6:30 - 8:30 p.m.

Using real leaves and plant matter you will create handmade papers. Workshop fee: \$16 plus a \$5 materials fee

### ◆ **SNOWFLAKE PAPERS** – Wednesday, Nov. 16, 6:30 - 8:30 p.m.

Using a paper punch to create snowflake shapes you will create beautiful winter inspired handmade papers with snowflakes imbedded within. Workshop fee: \$16 plus a \$5 materials fee



## **PASTE PAPERS WORKSHOP**

Instructor: Marge Boyd ([penandpaints.blogspot.com](http://penandpaints.blogspot.com))

Monday Oct. 10 1 - 3:30 p.m.

Paste papers are colorful painted papers that can be used as journal pages, to make books with or in collage. Have fun experimenting and creating your own collection (optional: register for our Book Making class the following Monday to make a book with your papers). Workshop fee: \$20 plus a \$5 materials fee

## **POTTERY**

Instructor: Heather Young

Six Tuesday mornings beginning Nov. 1, 9:30 - 11:30 a.m. or

Six Thurs. evenings beginning Nov. 3, 6:30 – 8:30 p.m.

Learn the basics of working with ceramics or expand your knowledge if you have already learned the basics. This is a class for beginners and advanced students. Throughout the six week course students will learn a variety of hand building techniques as well as working on the potter's wheel. We will experiment with different types of clay and glazes. Platters, plates, pinch pots, mugs, bowls and sculpture - the possibilities are endless!

Class Fee: \$95 plus \$25 materials fee



## **QUILTING**

Instructor: Denise Dulzo

Six Wednesday afternoons beginning Oct. 26, 1 - 3 p.m.

Bring your own sewing machine and your own choice of fabrics. Learn to design your project, cut your fabrics, piece them together, add batting and backing, and stitch it all together to create a baby quilt, wall hanging, or other pieced fabric project. Class Fee: \$95. Purchase your own fabrics and batting before the first class. A list of required fabrics and supplies is available in the office.

## **RECYCLED ART**

Instructor: Paula Scott

◆ **UPSCALE RUSTIC AUTUMN DECORATIONS**, Wednesday Sept. 28, 6 - 8 p.m.

Learn to create stunning table decorations repurposing items that could be found around your home and yard. Pinecone flowers, metallic acorns, twig table runners and more. Minimum effort/ maximum entertaining wow factor. Workshop fee: \$16 plus \$4 materials fee, per class.

◆ **REPURPOSING TEE SHIRTS** Tuesday Oct. 11, 6 - 8 p.m.

(Paula welcomes teens in grade 7 and older to also attend)

Repurpose favorite team or concert shirts into hobo bags, pillows, mounted canvas artwork and more! All no-sew projects that can make perfect gifts.

◆ **ADVENT CALENDARS** Tuesday Nov. 15, 6 - 8 p.m.

Create a unique advent calendar and countdown to Christmas with this gift that gives all month long with its handmade beauty and treats inside. We will provide repurposed papers, patterns and all types of supplies to have fun with. Workshop fee: \$16 plus \$5 materials fee, per class.

## **SILVER JEWELRY**

Instructor: Wendy Martin

Six Tuesday afternoons or evenings, begins Nov. 8, 2 - 4 p.m. or 6:30 - 8:30 p.m.

Create beautiful pieces of sterling silver jewelry such as pendants, earrings, pins, bracelets, and more! Beginning students learn to saw, file, solder, and polish in their first introductory projects. Wendy will help experienced students learn advance techniques as they design their own jewelry projects. If you've been a lapidary student, bring your polished stones and learn to set them into silver. Class fee: \$95. Students can expect to pay \$40-\$50 in silver costs, to be paid directly to the instructor in class.

## STAINED GLASS

Instructor: Harry Meneghini

Six Thursday afternoons beginning Oct. 27, 1 - 3 p.m. (no class Nov. 24)

Create beautiful stained glass pieces, by learning the principles of glass design and color and the techniques of cutting and soldering, using both lead came and copper foil to join the pieces of glass. Start with simple projects, and eventually design your own windows, pictures, and lamps. Class Fee: \$95. A list of glass and supplies which will need to be purchased will be distributed the first day of class, or may be obtained at The Center office, but wait until after the first class to make any purchases.

## WATERCOLOR PAINTING

Instructors: Lois Hrejsa and Lenox Wallace ([www.lenoxwallace.com](http://www.lenoxwallace.com))

Six Wednesday evenings Oct. 19, 6:30 – 9 p.m. (no class Nov. 23)

Six Thursday afternoons beginning Oct. 20, 1 – 3:30 p.m. (no class Nov. 24)

Wednesday evenings with Lenox Wallace feature structured lessons for beginning watercolorists with critique and guidance in composition, values, textures, negative painting, brush stroke usage, and more, while experienced painters work individually with occasional guidance and critique. Thursday afternoons with Lois Hrejsa, include instruction in color mixing and theory, washes, light and shadow, glazing and negative painting, while intermediate and advanced students have the opportunity to further express themselves in watercolor with attention to areas of interest to the individual student. Opportunities will arise to expand the advanced students' painting experience. Individual and group critiques will point out what has worked and how to improve that which has not. Class Fee: \$116. List of required supplies available in office.

## WOODCARVING

Instructors: Keith Miller (mornings) and Arlene & Don Lesiak (evenings)

Six Wednesday evenings beginning Nov. 9, 6:30 - 8:30 p.m. (no class Nov 23)

Six Thursday mornings beginning Oct. 27, 9 - 11:00 a.m. (no class Nov 24)

Learn and practice the tools and techniques of woodcarving using a variety of types of wood. Create beautiful animals, objects, and faces. New students will make three to six projects such as a bird, a shoe, an egret, and miniature people. If you're experienced, you may design your own projects. Class Fee: \$95. Wood and bench knives are available for purchase in class (approximately \$25 for wood and bench knives).



**Pre-registration is required for all Log Cabin classes and workshops. Class and materials fees are due at time of registration. All class fees include a \$10 non-refundable, non-transferable registration fee. No refunds or transfers of fees are available for cancellations made less than 24 hours prior to the beginning of class. To register by mail, send check and the following information: Name, address, phone, *email*, name and date/time of class, and if registration is for a child, send birth date and grade in school, plus parents' names and emergency contact information. Registration in a program at The Center authorizes The Center to use photos of participants for promotional purposes.**

## Don't forget: Our 74th annual FALL FESTIVAL AT THE FARM!



**Saturday, Sept 24  
10 a.m. - 4:00 p.m.**

**It's like our very own "homecoming" weekend---a fun time to see your Center friends, and a great way to support the ministry and programs of The Center!**



## **Christmas Wreaths. . .Please order by October 25**

Once again we are providing beautifully handmade balsam fir wreaths with red velvet bows to make your home merry for Christmas. Wreaths are available in four sizes: 24, 36, 48, and 60 inches which cost \$20, \$30, \$40, and \$50. You can order the wreaths through The Center's main office or at the farm. Pick up will be Nov. 25-26 at the farm, or by arrangement.



Mark Your Calendars for the Upcoming Fall SAGE Programs....

## SAGE OFFERINGS



*A SAGE Fundraiser at The Center*  
(See details on page 9 of this newsletter)

### Farm to Table: PUMPKIN PIES 101

Meet in the kitchen of the Anderson Center at the farm  
Sunday Nov. 6, 1-3:30 p.m.

Lois Lauer will teach you to bake pumpkin pies straight from the pumpkin patch! We'll roll out crusts, scoop out the pumpkins, and bake delicious pies. (And while the pies are baking, we'll enjoy a tea party, with....a freshly baked pumpkin pie, of course!) Bring an empty pie pan and go home with your very own pumpkin pie - and the know-how to easily do it again on Thanksgiving day! Workshop Cost: \$20 plus \$8 materials fee. Meet in the Anderson Center kitchen of the farm. Please call to register!



### FREE RANGE EGGS

Cartons of one dozen eggs are available for \$6 and can be purchased in our main office. Our hens free range in the daytime and forage for insects, flowers and seeds. They lie in the sun, visit with many children and lay the best eggs in town! If making the trip out just for eggs, please call ahead to confirm availability as quantities are limited.



Like us on Facebook! Go to [www.facebook.com](http://www.facebook.com) and search for SAGE – Sustainable Agriculture & Green Education, Palos Park. Lots of updates and pictures of our animals and programs! Check it out!

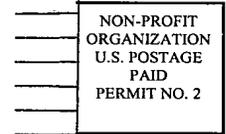
## Fellowship Corner: JOLYN STACK

I've been volunteering at the Children's Farm since 2012. My love for animals actually brought me here and I'm so glad that it did. I met Miss Kay and she immediately put me to work! My first day was actually the same day as the Barn Dance. Everyone was surprised when I returned to help in the animal barn that night. The Farm is my home away from home! I actually turn off my phone and spend quality time when I'm here. I enjoy interacting with families on the weekends and for special events, such as the Fall Fest, the Rummage Sale, Sheep Shearing, etc. I enjoy sharing my knowledge of the animals that I learned from Miss Kay. I love to work with the larger animals in the barn. You will usually find me with the goats, my favourites. Just look for my white hair! My best friend is actually the woman that I shadowed on my first day here. For that, and all the friends that I've met and will meet in the future, I thank everyone at the Farm and The Center.



*Jolyn, thanks for all you do for our farm programs and for loving the goats and all of our animals so much! Much gratitude!! ~ The Center Staff*

The Center



The Chicago Southwest Suburban Community  
Parish and Community Center Foundation  
12700 Southwest Highway, Palos Park, IL 60464  
708-361-3650  
Website: <http://www.thecenterpalos.org>  
Email: [centerpalospark@sbcglobal.net](mailto:centerpalospark@sbcglobal.net)

**DATED MATERIAL  
RETURN SERVICE REQUESTED**



*It's Almost Time for...*  
**THE CHILDREN'S FARM.....  
PUMPKIN DAYS!!**

**You-Pick Pumpkin Patch**  
*(Patch only, No Farm Admittance)*  
**Open Every Day in October – Free Admission!**  
*Weekdays from Noon - 5 p.m.*

*Weekends (and Columbus Day) from 10 a.m. - 4 p.m.*  
*Offering a variety of pumpkins, gourds, mini pumpkins, carving  
tools, straw bales, corn stalks, local honey & more!*

**PUMPKIN PLAYLAND** – *Admission Fee \$10 ages 2 and up*

*Our most popular, October farm experience for children and adults!*

**OPEN WEEKENDS & COLUMBUS DAY ONLY!! 10AM - 4PM**

- ◆ **Barn tours & Petting Farm** – Enjoy hands on interaction with all of our farm animals. Cows, pigs, goats, sheep, chickens, ducks, rabbits and more!
- ◆ **Straw Bale Climber** – See how high you can climb on our structure of straw!
- ◆ **Giant Corn Box** – This one speaks for itself. A giant box filled with corn kernels, provides endless fun!
- ◆ **Spooky Wood Shed** – An eerie experience designed for our youngest guests.
- ◆ **Crazy Maze-y** – Enjoy navigating your way through our crazy maze-y!



- ◆ **Toy Duck Races** – Get a partner and race your plastic ducks against one another!

*Food Concessions & Complimentary Hayrack Rides Also Available on Weekends Only*