

**JULY/
AUGUST
2010**

**THE EARLY HISTORY
OF THE FARM**

The Center



Community Center Foundation

"A place for celebration, enrichment and healing"

(708) 361-3650

In the early days of The Center (1930's) there were just three buildings on this property. There was the old brick farm house where Ernest Warner lived. This farm house was built around 1870 and stands today just south of the chapel. There was the small one-room lodge which my granddad, grandmother and local youth built using wood and nails from an abandoned girl scout cabin in the woods. The small lodge is still here though it has been extensively added onto over the years. If you go into the old living room of the lodge there you will see the original building with a railroad boxcar added as a dining room. The third and last buildings were the animal barns located right where the present day Wayside Chapel stands. This barn housed the work horses needed to do the field work, plowing and cultivating of the fields across the street. There were also cows, pigs and chickens housed there and raised for food.

At this time Palos was far out in the country and there was no electricity in this area. Buildings were heated with coal and wood burning stoves and light was provided by oil lamps. The children who lived in this rural area went to a one-room school house, McCord School, which was located just off the east side of LaGrange Road between 131st Street and McCarthy Road. My father and uncle would ride their horses to this school through the woods and then just swat their horses on the rear to run back home to the barn. There Tony, the farm hand, would put them away. Mrs. Braasch (Howard Braasch's mother) was the caretaker of the school which had ten to fourteen children, grades first through eighth. My father was the only one in fourth grade. Some years you might have two or three in your grade.

In the early 1940's construction began on the main lodge and the work horses were put to work dragging a slip shovel to dig out the great hall. Imagine that. No heavy equipment – just draft horses to do the work. Electricity came to Palos in 1945. In the late 1940's plans were made to build a larger chapel. Grand mom picked the highest point on the property to build this chapel which happened to be right where the animal barns stood. The animals were moved across the street and a new barn was built. This barn which still stands today was actually a new invention – a barn built from a kit. It came in pieces with directions on how to put it together. The chapel was to be made of wood to save money. One day a couple drove up to the lodge thinking it was a restaurant. They were met by my grandmother who said "No, we're not a restaurant, but you are welcome to join us for lunch." As they ate the conversation moved towards the excitement of building a new chapel. The gentleman asked my grandfather if he could see the plans. He reviewed them and said "This chapel should be built of stone." It turns out the couple were Mr. and Mrs. Zimmerman, owners of one of the largest cut stone companies on the south-side of Chicago. They generously financed the complete construction of the chapel, including material, labor, and two very good stone carvers.

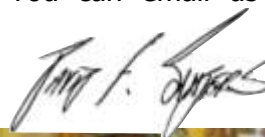
In the 1940's and 1950's Granddad would let busloads of school children from the inner-city of Chicago come out to the farm and spend a day in the country. They would pile off the bus and run and explore the fields, woods, sloughs and creeks of the farm. The children always ended up at the animal barns though, checking out the horses, pigs and cows – being very curious about what they did and how they lived. In 1961 it was decided to organize a tour program and show these children a real working farm. This is how the Children's Farm began and there was now a shift from the farm being strictly for food to an educational farm. The tour

program really took off and elementary school children from all over Chicagoland came to the farm for a tour. One of my earliest memories of the farm was watching my dad line up a bunch of children on a log bench and getting Tom the turkey out. This turkey would walk down the line of kids and every once in awhile turn to one of the children and gobble. It of course scared the daylights out of them – some would fall backwards off the log. It was hilarious at the time – you never knew who that turkey was going to pick on. There was also a lady who told us kids not to be afraid of the geese. “If you leave them alone they will leave you alone!” she would say. Just as she said that once, a goose somehow got his head under her dress and bit her on that really tender skin of the inner thigh, way up high. From the scream she let out I knew that it was very painful. Since then I have always been very leery of where geese put their heads.

In the early 1960’s Ranch Camp also began. It was billed as “An Adventure on Horseback” for young teens. I loved Ranch Camp. My first horse was named Snow. Snow had an odd behavior of always flapping his lips constantly. Dad, Mr. McIntyre and Jake were my counselors and we rode horses everywhere day and night. Sometimes we used the railroad tracks to get places. One night an unscheduled freight train came through and Mr. McIntyre literally pushed us on our horses off the tracks and over a steep embankment with his horse. Exciting stuff! Another night we teamed up with a partner and were expected to scrounge our dinner. One team butchered a chicken, a couple of kids butchered a rabbit, and my partner and I caught a garter snake and ate it – tasted like chicken. A couple of scholarship kids from the city wanted no part of this. They went to Mrs. Bond’s house and begged her for food – told her The Center wasn’t feeding them at camp. So these two campers came back with a couple of sandwiches apiece, and some Hostess Twinkies. All of us cried foul and Mr. McIntyre stepped in and said “Perfectly fair. Rather ingenious as a matter of fact!” It was a learning experience as I stood there with my plate of snake watching them slowly eat their Twinkies.

Today the farm serves over 27,000 school children a year. We have a preschool, Junior Farmer classes and a large, animal-based 4H club. Our camp programs heavily utilize the farm, and Ranch Camp is still going strong. We have all sorts of special events including Fall Festival, Easter Egg Round-up, Jazz in the Pines, and pumpkin picking to name a few. Fox College trains their vet-tech students at our farm and it is the site of numerous volunteer projects such as Boy Scout Eagle service projects, Appalachian service projects and Sertoma service projects. This last month we even held Chris Hopkin’s Ordination Service in the pines at the farm – how appropriate really – it is a sacred place to us with so many activities and memories of staff, volunteers and fellowship working and learning together with children and animals.

If you have a fond memory or learning / inspirational experience that took place at our farm and you would like to share it, we’d love to hear from you. We will be including a section in our newsletter titled “Farm Memories” and we will run it monthly as long as interest holds up. You can email us at centerpalospark@sbcglobal.net or send us a hard copy. Have a wonderful summer!



Farm and Nature Discovery Preschool

Our summer preschool was fabulous. We had an incredible 66 children attending our two-week program in June. We spent the time exploring our farm and our animals and learning what crops are harvested here on the farm. The kids had a blast as we ended our program with a beach day on the farm.

There are still some spots available for our fall program, which runs from Sept. through May. If your child is or will be 3 years old, please call for a tour or information. 708-361-8933





YOU'RE INVITED TO A PARTY!!

We are celebrating the birthdays of our farm animals!

What: A Giant Birthday Party for all of The Children's Farm Animals

Where: The Children's Farm

When: Saturday, August 28th 11am – 1pm

Come join us for a birthday celebration! We are asking all friends of the farm animals to come join us for their party. The morning will be spent visiting the guests of honor (our animals), singing a chorus of Happy Birthday, horse rides, hayrack rides, and of course, real birthday cake!

In lieu of an admission fee to the farm, we are asking that guests bring a birthday gift for one of our animals from the wish list provided. Each child who brings a gift from the list will receive a paper candle to decorate and 'pin' onto our giant cake. We hope to see you there!

BIRTHDAY WISH LIST

Chicken Mash – 50 lb bags

Oats – 50 lb bags

Cow Starter – 50 lb bags

Pig starter – 50 lb bags

50 lb salt blocks

DuraFlex Rubber Feed Pan – 3 & 6 ½ gallon sizes

Horse lead Ropes – Poly or Cotton

Leashes & Collars

Grooming Brushes – curry combs, hard bristle brushes, soft bristle brushes, hoof picks, main & tail brushes

Horse Halters – Foal (for baby calves), pony, and horse sizes

5 Gallon flat back buckets

Fly Spray – Ultra Shield, Bug Block or DuraGuard brands

Leather horse bridles, bits & reins

All of the above items can be found at

Blain's Farm and Fleet in Kankakee, IL – 815.933.3244

Most horse related item can be found at

The Saddle Shop in Hickory Hills, IL – 708.599.4400

All animal feeds and pet supplies can be found at

Ludwigs Feed. in Lemont, IL – 603.257.3097

South Cook 4H Fair

Saturday, July 24th

9am – 4pm

The South Suburban Cook County 4H Fair is going to be held at The Children's Farm! The day will be filled with 4H exhibits from hundreds of children involved with South Cook 4H clubs. Exhibits include but are not limited to, small and large animals, visual arts, photography, pottery, electricity, and cake decorating.

The 4H Fair board has lots of entertaining activities planned throughout the day. Some of the attractions are the farm animals, kids' games, and a talent show.

Come cheer on our Home of the Clovers 4H members as they compete in the South Cook 4H Fair!



Summer Junior Farmers

An outdoor opportunity for children to learn and play while enjoying life on the farm!

Children, ages 3 to 8, can enjoy two weeks of sunshine and fresh air while participating in one of the four summer sessions offered. Children will meet up to 3 hours per day, three days a week. Summer Junior Farmers will pick clover for the rabbits, gather fresh eggs from the chickens, brush the ponies and the goats; all while enjoying summertime at the farm.

They'll touch, they'll learn, they'll enjoy!

Summer Sessions

June 21 – July 2

July 5 – July 16

July 19 – July 30

August 2 – August 13

Ages 3-6:

M, W, & F afternoons

1-2 pm or 2:30 – 3:30 pm

\$84

Ages 6-8

M, W, & F mornings

9 am – 12 noon

\$200



Come and visit the farm on Saturdays and Sundays from 1:00 p.m. - 4:00 p.m. Bring your friends and family! A day of fun in the sun with the animals! Admission is \$4.50 per person and children under 2 free!



Farm & Ranch Camps (for boys and girls ages 9 - 14)

Senior Outdoor Leadership (SOL) (teens ages 15-17)

We began our 74th season on Sunday, June 20th!

FARM AND RANCH CAMP:

A HEALTHY PLACE TO GROW!

This summer, The Center is providing a wonderful camp experience for 160 young people. They learn and play and grow in the healthy atmosphere of the farm and woods. In each of the 4 two-week sessions, campers are immersed in a world of fun, friendship, and encouragement. They are also totally immersed in nature -literally! They walk in the creeks, discover things growing in the gardens, hug the bunnies and chickens, run in the fields, ride horses in the woods, and even camp out under the stars on clear nights. We began our 74rd season of camp at

The Center on June 20, and we are enjoying a wonderful summer of outdoor experiences!

Each camp session ends with a farm camp animal show and ranch camp "rodeo," that is coordinated by the participants in our Senior Outdoor Leadership program. Anyone interested in the camp is invited to come to the farm and watch the fun at the end of each camp session:

Camp Rodeos

4 Friday Evenings: July 2, July 16, July 30, and August 13

5:00 - 6:00 p.m.

The Camp Wish List:

(please think of us when you clean out your garage!)

Used horse tack, cowboy boots, leather scraps, craft supplies, sheets or large pieces of fabric, Volleyballs, softballs, butterfly nets, tents, Frisbees, camping gear, canoes—to donate or to loan to us this summer, Cast-iron cookware, gardening tools, canoe paddles, canoe trailer, nature magazines!

CAMP SCHOLARSHIP UPDATE....

Thanks to the generosity of many, many people, we are nearing our goal for the scholarship fund. This funding will provide a wonderful camp experience for children who would otherwise be financially unable to attend. The Camp Advisory Board has worked hard to host wonderful monthly Family Nights, to sell plants and t-shirts, and to recruit donors to the fund. Thanks to all who have helped and special thanks to:

The Ted and Lee Pnazek Camp Scholarship Fund, The Robert Crownson Camp Scholarship Fund, The Palos Park Women's Club, The Palos Heights Women's Club, The Morgan Park Women's Club, The Beverly Ridge Lions Club, The Palos Lions Club, The Palos Kiwanis Club, The Orland Park Kiwanis Club, The New Lenox Rotary Club, Palos Bank and Trust, Standard Bank and Trust, The Kerr Foundation, Christ Evangelical Lutheran Church of Orland Park, Mrs. Marge Brumis, Mrs. Sally Cooper, Mr. and Mrs. Howard Faulk, Ms. Kathy Fontaine, Mrs. Jean Gray, Mr. and Mrs. Loren Jahn, Mr. and Mrs. Sean Kelly, Mr. and Mrs. Len Quas, Mr. Ronald Ritzler, Mr. and Mrs. Paul Sanders, Mr. and Mrs. Robert Serson, Mr. James Seward and Family, & The Walker Family.

Also a special thanks to all those who contributed to the: Camp Advisory Board, Family Nights, Barn Dance, A Night To Linger: Camp Benefit, Tulip & Daffodil Sales, Tomato & Herb Sales, & Barn to Be Wild.

The children who attend camp will have amazing opportunities that can have an important, positive effect on their lives: twelve days of fresh air, caring leaders, healthy food, wholesome learning, group laughter, and new friends. Thank you all for enabling us to provide this very worthwhile program.



Summer Camp

2010 Farm and Ranch Camp Staff

The common denominator of all the experiences at camp is good wholesome fun, supervised by wonderful energetic college students and educators known as our camp counselors. We welcome them - and we thank them, for all that they share with The Center and with the campers - and we look forward to a summertime steeped in outdoor fun!



2010 Senior Outdoor Leadership (SOL)

Program Director: Tom Kocher of Burbank, Senior at Northern Illinois University, Kinesiology major

Counselor: Molly Graham of Darien, Sophomore at University of Illinois, Champaign Urbana, Art education and painting major

2010 Ranch Camp

Program Director: Brittany Sanders of Orland Park, 2010 graduate Vet Tec Institute, Fox College

Counselor: Evan Vogt of Palos Park, Freshman at Northland College, Ashland Wisconsin, Outdoor education Major

2010 Farm Camp

Assistant Camp Director and Program Director: Paul Purdy of Midlothian, Senior at University of St. Francis, Joliet, Mathematics Major

Wrangler: Kayli Czyzewicz of Joliet, Sophomore at Truman State University, Psychology major

Fawn II Counselor: Corrine Stoffel of Palos Park, Sophomore at Iowa State University, Animal Science Pre-Vet major

Hawk's Nest Counselor: Seth Pedicini of Forest Park, 2009 graduate of DePaul University, Bachelor of Science in Digital Cinema

Fawn I Counselor: Becca Williams of Palos Hills, Freshman at Illinois State University, Acting major

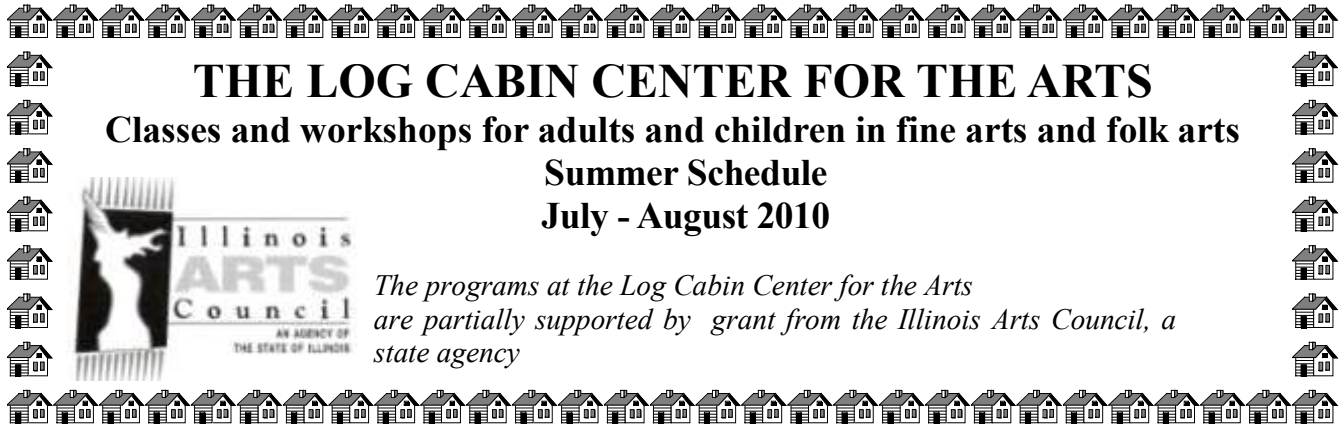
Eagle Counselor: Steve Duenas of Chicago Ridge, Freshman at Moraine Valley, Fire Science major.

Camp Director: Meagan Maricle

In addition to employing the above staff to guide our camp through a great summer, we are also fortunate to have the volunteer service of the following high school juniors and seniors, who each serve as assistants to the staff for one of the 2-week sessions of camp.

CITs (Counselors-in-Training): Aly Dworsky, Shawn Nienhouse, Dylon Roskopf, Kyle Boll, Julianne Touhy, Sarah Hausner, Lauren Becker, and Drew Sheppard

WITs (Wranglers-in-Training): Tess Tucker, Eli Janosz, Spencer Krivanec, and Bridget Carr



THE LOG CABIN CENTER FOR THE ARTS

Classes and workshops for adults and children in fine arts and folk arts

Summer Schedule

July - August 2010



The programs at the Log Cabin Center for the Arts are partially supported by grant from the Illinois Arts Council, a state agency

A complete summer class schedule with detailed information was published in the June newsletter and is available in the office or in the newsletter archives on the website: www.thecenterpalos.org. The following list is just a reminder of the wonderful opportunities still available in July and August! All classes require pre-registration.

OUTDOOR ART FOR KIDS: a summer opportunity for 1st through 9th graders, featuring an immersion in the combined worlds of art and nature. The children will explore the Children's Farm and its surrounding natural areas, such as the pine forest, the oak and maple woods, the fields, the prairie, the marsh, and the creek. These areas provide not only the subject matter for the young artists, but also provide fun and action, inspiration, and raw materials. The classes are kept small in order to encourage individual self-expression. The children will draw and paint, plus experience a variety of other artistic media such as pottery, tie-dyeing, paper-making, and print-making.



Monday, Wednesday, and Friday mornings for two weeks: 9 a.m. - 11 a.m.
Sessions begin June 21, July 5, July 19, and August 2. *Class Fee \$100 each 2-week session*

Instructors: Grades 1-2: *Casey Davidge*, Grades 3-4: *Sarah Heflin*,
Grades 5-9: *Elizabeth Halbauer*

LOOKING FOR A CREATIVE BIRTHDAY PARTY?
Celebrate at the Art Center, with creative projects led by our art staff. Talk to one of the art teachers or call Lois Lauer to schedule your child's party today!

Art birthday parties cost \$10 per child plus \$2 – 5 for materials, depending on project choice.



FAMILY CLASSES

All configurations of families are invited, or bring a dear friend who's like a mom or dad!

Family Art: Fairy Houses

Instructor: Shari Wenzel

Thursday, July 15, 6 - 7:30 p.m.

Create delightful fairy gardens to take home, and take a hike with Shari in the woods to create a few homes for our own woodland fairies! *Class Fee: \$6 per person, includes all supplies.*

Family Nature Pottery: Toadhouses, Windchimes, and Birdbaths for your Garden!

Instructor: Lois Lauer

2 Thursday evenings, July 22 and Aug 5, 6:00 - 7:30 p.m.

Create a whimsical house to attract toads to your garden--- or a sparkling bird bath ---or tinkling windchimes---or let every member of your family choose a different project so your garden can have them all! The pottery is formed on July 22, then fired in the kiln, glazed on Aug 5, and fired again, for pickup by August 12. *Class fee: \$10/person includes all supplies and kiln firings. (A first-night-only option is available at \$6 per person, for families who choose to create pieces of unglazed terracotta clay.)*

TEEN CLASSES

TEEN POTTERY

Instructor: Tom Hill (www.artisttomhill.com)

6 Monday evenings, beginning June 21, 6:30 – 8:30 p.m.

Teens age 13-17 are invited to join Tom Hill in the pottery studio to create pieces by hand and on the wheel. In six weeks students will make several clay pots and other items of their choice. Both new students and experienced potters are welcome. *Class Fee: \$78 plus \$15 materials fee (for private lessons, see **Pottery Wheel Lessons** below)*

TEENS are sometimes allowed to register for adult classes. Please inquire.

ADULT CLASSES & WORKSHOPS

The adult summer workshops at the Log Cabin Center for the Arts encourage participants to grow and communicate through the artistic process, emphasizing hands-on opportunities for creativity and the development of skills as students learn both the techniques and joys of artistic expression. Summer workshops often meet outdoors, although the cabins are air-conditioned to accommodate our summer classes.

INTRODUCTION TO WEAVING

Instructor: Nettie Botts

3 week introductory session begins Wednesday morning, July 7, 6:30 – 8:30 p.m.

Weaver Nettie Botts teaches students on convenient portable 4-harness table looms, on which they create beautiful weavings. Students from previous classes are also welcome and will be assisted in designing their own projects. *Class Fee: \$39 plus \$10 materials fee for new weavers. Returning students purchase their own threads for continuing projects.*

POTTERY WHEEL LESSONS

Instructor: Tom Hill (www.artisttomhill.com)

Private lessons focus on the use of the wheel to learn fundamental techniques to make pots. *\$35/hour. (Semi-private for 2 people: \$20 each per hour; 4 people: \$10 each per hour) Available for adults or teens, age 13 and up.*

NATURE PHOTOGRAPHY WORKSHOPS

Instructor: Rick Steffen

Saturday, June 19, 9-11 a.m.: *The Basics of Photography*

Saturday, June 26, 9-11 a.m.: *The Tools of the Nature Photographer*

Saturday, July 10, 9-11 a.m.: *Field Techniques of the Nature Photographer*

Saturday, July 17, 9-11 a.m.: *Review and Critique of Class Photos*

Class Fee: \$48 for 4 session series (\$14 individual session registration)



LAPIDARY ART

Instructors:

Dan and Sonya Snyder and Dave Sanders

5 Tuesday evenings, beginning July 6, 6:30 - 8:30 p.m.

Located in the lower level of Log Cabin 3, our new lapidary studio is filled with rock saws and water-cooled wheels for turning rough hunks of rock into beautifully polished gemstones. Beginners will create an oval, rectangular cushion and a pair of round or oval stones. As you advance, you'll work on more advanced designs, such as a teardrop (2-sided), a heart, or a free-form. *Class fee: \$65 plus \$5 materials fee. Advanced students will pay higher fees as they progress to larger stones.*

PLEIN AIRE WATERCOLOR WORKSHOPS

Instructor: Lenox Wallace

(www.lenoxwallace.com)

Tuesday and Wednesday, July 13 and 14, 9 a.m. – 2 p.m. meet at Lake Katherine

Tuesday and Thursday, August 17 and 19, 9 a.m. – 2 p.m. (Montefiore) meet at The Center. *Class Fee: \$50 for each 2-day workshop. Bring your lunch and art supplies and stool.*

PLEIN AIRE SKETCH and WATERCOLOR FIELD TRIPS

Instructor: Lois Hrejsa

Thursdays, through July 29, 9:30 - 2 p.m.

Class Fee: \$20 per session.

July 1

Morton Arboretum, Lisle

July 8

Home of Sally Cooper, Lake Point Tower, Chicago

July 15

Chicago Botanic Gardens, Glencoe

July 22

Children's Farm at The Center

July 29

Home of Judy & Roger Carlsen, Frankfort

PAPERCRAFT WORKSHOPS

Instructor: Ann Fowler

Woven Cards: Tuesday morning, August 10, 9:30 a.m. – 12 noon: Use basic over-under weave with paper, yarn, and other materials to make colorfully fun cards.

Class Fee: \$16 plus \$6 materials fee

PAPERMAKING

Instructor: Marilyn VandenBout (www.vbartworks.blogspot.com)

2 Wednesday evenings, July 28 and Aug 4, 6:30-8:30 p.m. (Garden flowers/candle surrounds)

Class fee: \$26 plus \$10 materials fee

COLLAGE WORKSHOPS **Instructor: April Schabes (www.aprilsart.blogspot.com)**

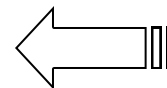
A Nature Assemblage: Wednesday afternoon, July 28, 1 – 4 p.m.

Collage Gift Cards: Wednesday morning, August 18, 9 a.m. – 12 noon.

Class Fee: \$20 per workshop plus \$5 materials fee for July 28; no materials fee for August 18.



******* JUST ANNOUNCED! *******



BASKETMAKING

Instructor: Ann Fowler

Basic Basketry: Tuesday, July 13, 9:30 a.m. – 2 p.m. A great project for beginning basket-makers. Make a 4" x 6" round basket with a wooden base, woven with fine seagrass and round reed. Easy and beautiful! *Class Fee: \$ 26 plus \$7 materials fee. Bring a lunch.*

QUILTING WORKSHOPS

Instructor: Denise Dulzo

Coiled-Rug Trivets: Wednesday afternoon, July 21, 1 - 3 p.m. Zig-zag sewing machine required. *Class Fee: \$13 plus 5 materials fee.*

Quilted Tea-Cozies: Wednesday afternoon, August 18, 1 - 4 p.m.: Please buy fabric before class--inquire in office for list. *Class fee \$20.*

ANKLE BRACELET WORKSHOP

Instructor: Linda Harty

Thursday, July 12, 6:30 – 8 p.m. *Class Fee: \$10 plus \$12 materials fee*

HERB VINEGAR WORKSHOP

Instructor: Lois Lauer

Monday evening, August 2, 6:30 – 8 p.m. *Class Fee: \$10 plus \$6 materials fee*

MANDALAS: Luminous Hands!

Instructor: Theresa Suchy-

McGraw

Monday evening, July 26, 6:30 – 9 p.m. *Class Fee: \$16 plus \$4 materials fee*

Pre-registration is required for all Log Cabin classes and workshops. Class and materials fees are due at time of registration. All class fees include a \$10 non-refundable, non-transferable registration fee. No refunds or transfers of fees are available for cancellations made less than 24 hours prior to the beginning of class. To register by mail, send check and the following information: Name, address, phone, cell phone, email, name and date/time of class, and if registration is for a child, send birth-date and grade in school this fall, plus parents' names and emergency contact information.

In September, we will resume a full schedule of weekly and seasonal classes in Calligraphy, Pottery, Silver Jewelry, Basketry, Watercolor, Woodcarving, Drawing, Nature Photography, Weaving, Collage, Papermaking, Gourd-craft, Beaded Jewelry, Poetry, Creative Writing, Quilting, Artist's Way, Family Art, Wreath-making, Lapidary, Stitching, and Knitting, and hope to add Pastel classes to the schedule. Children's classes will be offered on Saturday mornings during the school year.



SPECIAL EVENTS OF THE SUMMER

MEDITATION: ATTENDING THE SILENCE

Every Tuesday *evening*, 5:30 p.m.- 6 p.m. in the parlor.

Every Monday and Thursday *morning* 9:00 a.m.-9:30 a.m. in the parlor.

Please join Chris Hopkins for a 20 minute period of silent meditation each week.

Come whenever you are able.

GATHER ROUND THE TABLE

Sunday evenings, July 11th & July 25th, August 8th & 22nd, 6:30 - 8pm.

This gathering is a circle of conversation and prayer. We remember when Jesus broke bread with his disciples and friends and we do the same. We welcome all to spend a brief time of deepening their relationship with God. We gather in a circle of mutuality, open and inclusive—please join us! Facilitated by Lois Lauer and Chris Hopkins.

BEYOND THEOLOGY

Tuesday evenings beginning July 13th, 6:30 - 8:30pm. or Thursday mornings beginning July 15th 10 - 11:45pm. We will not meet August 10th & 12th. (*The same program will be offered at both sessions*).

Beyond Theology is a 10 week DVD series produced by KTWU, a public broadcasting station in Topeka Kansas and hosted by Charles Atkins, Jr. The primary focus of this series is: "... exploring the nature of the transitional period we are passing through and reflecting upon the characteristics of the emerging world view." Among those featured are: Huston Smith, Karen Armstrong, Sr. Joan Chittister, Harvey Cox and Bishop Shelby Spong. Each session is self contained so you can come to one or all 10! These sessions are facilitated by Chris Hopkins.

WOMANTALK!

Tuesdays, July 27 and August 31, 10-11:30 pm discussion (Bring a lunch if you'd like to stay for a picnic)

WOMANTALK! is a wonderfully nurturing and supportive discussion group, focusing on the July and August readings in Sarah Ban Breathnach's "Simple Abundance" book, or any other inspirational resources that ladies would like to bring to share. Our focus is on learning to live authentically, joyfully, simply, gracefully, and gratefully. Program cost: \$5

SPIRITUAL COMPANIONSHIP

Kathy Fontaine donates her time and expertise to The Center every Tuesday, by offering her one-on-one services to anyone seeking spiritual direction through prayer, meditation, and dialogue. A good friend of The Center for many years, Kathy Fontaine has been trained by the Institute for Spiritual Companionship. The cost of Kathy's spiritual companionship is \$20/hour, which Kathy donates to the camp scholarship fund. Please, call the office for details about setting up appointments with Kathy.

SUMMER WELLNESS OPPORTUNITIES to get fit, to get healthy, to get energized!

Set your intention for a healthy summer! Come as often as you can!

Monday and Friday mornings, 7:30 a.m.: Summer Walking Club, meet at the farm. New walkers should call to register before their first walk.

Tuesday mornings, 7:30 a.m.: Summer Wellness Breakfasts and Discussions, based on Julia Cameron's "The Writer's Diet." Led by Sharon Butler, Kathy Mical, and Lois Lauer, the series begins June 22, but late registrants are welcome. Cost \$100, includes 10 simple healthy breakfasts. Please pre-register.

TOASTMASTERS

1st and 3rd Wednesdays, July 7 and 21, August 4 and 18, 7 - 9 p.m.

Toastmasters is an opportunity for folks who wish to improve their public communication skills. If you'd like to develop the skills and confidence to stand and speak before groups of people, then we invite you to join The Center Toastmaster's Club. No commitment is necessary to come and observe. For more information, talk to Dave or Frank Sanders or Lois Lauer.



ANNIVERSARY DINNER AND RENEWAL OF VOWS CEREMONY

Sunday, August 22, beginning with 4:30 p.m. Vespers.

Whether you were married in our chapel, a grand cathedral, or a courthouse, we invite you to this beautiful evening of celebrating and renewing your marriage commitment. The evening begins with a Vespers Service at 4:30 p.m. in the Chapel. After Vespers, you will enjoy a gracious candlelight dinner in the lodge and then return to the Chapel for the Renewal of Wedding Vows ceremony. For reservations, send \$70 for dinner for two, to be received no later than August 9.

Planning ahead? The next Anniversary Dinner is scheduled for September 12.

REIKI

Sunday, July 25 and August 29, 5:30 – 7:30 p.m. at the Anderson Center at the Farm.

Reiki (pronounced Ray-Key) is a gentle, relaxing and peaceful form of energy healing, especially beneficial for those suffering from physical or emotional pain. Reiki Master and Social Worker Judy Wiggins will be joined by fellow Reiki practitioners to offer their healing services, asking a suggested donation of \$10 per participant to The Center. Advance registration is necessary, as participation is limited. Until the 15th of the month, registration is limited to new participants in our Reiki program. After that time, returning participants may register for any remaining spaces. Meet at the Anderson Center at the farm.

SUNDAY VESPERS IN THE CHAPEL

Every Sunday, 4:30 p.m.

We invite you to join us each Sunday for an inter-denominational worship service of music, meditation, and prayer, led by Rev. Frank Sanders and Rev. Chris Hopkins. According to Frank, the Chapel stands on the highest point of The Center's grounds, and symbolizes the underlying spirituality of all Center programs. After the service, guests are invited to the lodge for fellowship and coffee.

FELLOWCRAFTERS GIFT SHOP

Visit the gift Shop this Summer!

Now that summer is here, you may finally have some time to slow down a bit. The Fellowcrafters hope you do, and that you will use some of this free time to visit their Gift Shop located in the Main Lodge of The Center. Inside this quaint little shop, you will find a wonderful selection of greeting and note cards. Ann Fowler is a master of creating with paper, and it shows in the variety of cards she creates. Some are even recreations of antique postcards. Molly Robbins has created note cards from her magnificent photographs of The Center, including the Wayside Chapel and Herb Cottage. Her other note cards are photos of flowers, and these include seeds for the very flowers pictured! The note cards of Lois Hrejsa have lovely drawings and when you open them, there is a 3-D pop up illustration inside! The delicate artwork of April Schabes is depicted on lovely note cards of The Center's present and past farm animals including our beloved donkey, Wilbur. So please keep our Gift Shop in mind whenever you need a greeting or note card. For 4th of July celebrations we have coasters in the shape of patriotic colored stars. Is playing Bridge or another card game a pastime for you? Well, we have card holders to make your game even more fun and convenient! As you can tell, there are always new items being created by our devoted and hard-working Fellowcrafters, so we hope you will stop in soon! Join this generous group of creative ladies! New crafters are always welcome! 1st and 3rd Tuesdays, July 6 and 20, August 3 and 17, 10 am – 2 pm.



CENTER CINEMA AUGUST RUSH

Sunday, July 11th at 6pm

Please join us for an night of quality entertainment and lively discussion! June's inaugural session of Center Cinema featured Fellini's heartbreaking but hopeful *Nights of Cabiria* (1957) and was a big hit.

This month, we'll show and discuss the drama *August Rush* (2007). August (Freddie Highmore) is eleven, and escapes from an orphanage - and - a musical wunderkind who used his prodigious talent to try to bring his parents back together. Also starring Kerri Russell and Jonathan Rhys Meyers as the estranged parents, and Robin Williams as Wizard, a street person who first notices August's special gift. Come join us and bring your friends. We'll bring the popcorn!

COMPUTER BOOT CAMP: DIGITAL PHOTOS

Saturday, September 11th from 9am to 3pm

30 guests, maximum Facilitated by Mark Walker

We will cover the gamut of topics associated with processing digital photos including importing them from a camera, working with photo email attachments, editing them with Picasa, and exporting pictures to email and printers. This will be an intensive but fun workshop that depends upon participation from everyone. Please bring laptops, photos on disks, email and online photo account information, and digital cameras. You don't have to bring all of these things, just the stuff you want to talk about. *You do not need to bring a notebook computer.* The day will be broken down into three parts: 1.) a whirlwind introduction to the topics above, 2.) lunch, and 3.) hands-on participation before and after lunch; case studies of photo importing, processing, and exporting from Mark and from guests' own cases. Advance registration is a must. Mark will contact all guests prior to the retreat to make sure we have all the tech gizmos on hand that we'll need. *Class Fee, \$50, includes lunch. Proceeds go directly to The Center's Art Program.*

BARN DANCE & NIGHT OF MUSIC AT THE FARM!

Saturday, September 11^h, 5:30 – 9:30 pm

Rain or shine at the Children's Farm

We have a wonderful evening planned in our indoor riding arena—you won't want to miss our annual Barn Dance! We will have music and the dance floor will be hopping, with room for line-dancers, square-dancers, and kids too. Or just come to listen to the fine music if you want. Food and rootbeer will be sold from 5:30 p.m. to 8:00 p.m. The barns will be open to visit the animals, and hayrack rides around the farm and the bonfire will continue all evening long. Admission is \$5 per person.

OUR 68TH ANNUAL FALL FESTIVAL AT THE FARM!

Saturday, September 25, 10 a.m. - 4:00 p.m.

This will be a day of old-fashioned country-fair fun for "kids of all ages." Besides games, kids' crafts, prizes, farm tours, music, hayrack rides, and horserides, there will be craft and flea market booths, a farmer's market with freshly picked pumpkins, and refreshments from the grill. Vendors should register as soon as possible for a booth space and everyone else should plan ahead to spend a day of delightful fun at the farm

Those Lazy, Hazy, Crazy Days of Summer

Perhaps I'm dating myself but do you remember that song by Nat King Cole that began with the line: "Roll out those lazy, hazy, crazy days of summer....."? I want to know: what happened to the "lazy" part? Most of our days, be it summer, fall, winter or spring certainly are crazy but definitely not lazy.

I would like to think of summer as a glass of sweet lemonade on the patio or an afternoon at the ball park, but more often than not we are all running around in air conditioned cars to air conditioned offices and homes and we hardly notice what season it is. Even our vacations often are so jam packed with events and schedules that we come home more tired than before we left and seem to need a vacation from our vacation before we go back to work. Whew!

So, I would like to offer a suggestion: take at least one day this summer and create your own lazy day of summer, your own mini-retreat. You do not have to go anywhere. As a matter of fact, the less traveling you do, the better. If you have children, can you choose a day when they do not need to be driven anywhere? Can someone else drive them just this one day? Better yet, can they stay home and join you on this lazy summer day?

Turn off the TV and the computer and the cell phone. Try to eat simple but healthy meals. Spend a bit of time outside listening to the birds & watching the butterflies. Go for a walk. Watch the sunset. If it is raining, listen to the raindrops and smell the rain soaked air. Can you go out and play in the rain like you did when you were young? Be silly: laugh and play. It's good for the heart and good for the soul.

Each of us would create a day different from the rest, but you get the point. Our bodies need the rest, our minds need the break and our souls need the space. One word of caution: this gracious day of living might become addictive. Let's keep our fingers crossed and hope so! Peace.....



SUMMER GARDEN RETREAT

Friday August 27, 5 p.m. to Saturday, August 28, 5 p.m.

The annual women's garden retreat is timed to coincide with the peak of the garden harvest. We've planned the weekend to include time for garden folkarts, an outdoor herbal spa, quiet garden meditation, and, as always, warm fellowship. Retreat cost: \$116, includes meals, lodging, program, and all major supplies. Early registration is advised! Retreat leaders: Lois Lauer and Kathy Mical



Mark Your Calendars.....

September events.....

September we will resume a full complement of art classes for children and adults

September 3rd & 4th, 8:00 a.m. - 1:00 p.m.

September 7th, 14th, 21st, & 28th, 12:00 p.m.

September 11th, 5:30 p.m. - 9:30 p.m.

September 11th, 9:00 a.m. - 2:00 p.m.

September 25th, 10:00 a.m. - 4:00 p.m.

Rummage Sale

Luncheons

Barn Dance

Computer Boot Camp

Fall Fest

Join us in Fellowship

Join us in Fun

Join us in Peace

All our Welcome, take time and join us!

Fellowship Corner - Linda Whittaker



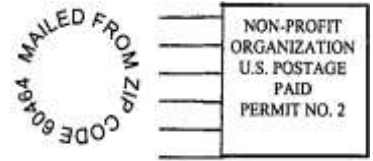
The Center's mission statement begins with the goal: **To provide a sanctuary that exemplifies selfless love, beauty, harmony, and brotherhood...** In the five years I have been privileged to teach the Artist's Way Series and facilitate personal growth retreats at The Center, I have seen this demonstrated in countless ways. Each and every staff person is kind, helpful, creative and attentive to details. The range of programs offered addresses the needs of every age group - whether participants are "regulars," take part of a special program or service, or come to find rest and recovery. When I step onto the grounds of The Center, my soul sighs with peace.

I feel so very fortunate to be part of the Artist's Way series where individuals explore, learn and grow emotionally, spiritually and socially (me included!). How wonderful to be in a community where we laugh, share deep thoughts, wipe away tears and come away filled. I feel so fortunate to be part of an organization that actually lives its mission every day.

And we feel so fortunate, Linda, that you are a part of helping The Center to carry out this mission. We really appreciate your generous spirit and amazing leadership and healing talent. Thanks for being part of this team and part of this community. The Center Staff

The Center

The Chicago Southwest Suburban Community
Parish and Community Center Foundation
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<http://www.thecenterpalos.org>
email: centerpalospark@sbcglobal.net



BIG Rummage Sale

**Friday and Saturday,
September 3rd & 4th
from 8:00 a.m. – 1:00 p.m.**

**EVERYTHING
AND ANYTHING**

The arena is filled with a huge
assortment of housewares,
hardware, sporting goods,
kids toys, craft items, clothes,
books, audio and video, and
furniture!!

We will begin accepting donations on August 17th!

*If you have items you would like to donate please call (708)361-3650
for drop off times. We are also in need of volunteers to help set up the arena.*

If you are interested please call Ann. Hope to see you there!