

The Center



Community Center Foundation

"A place for celebration, enrichment and healing"

(708) 361-3650

June  
2010

## Be Still and Know That I am God

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Just the other day I walked up to our Wayside Chapel and paused long enough to read some of the quotes that were carved into its stone walls in 1950. The one that especially caught my attention was:

*Be Still and Know That I am God*

*Psalm 46:10*

Be Still. Now that's tough! Ask us to meet a deadline...no problem! Ask us to squeeze in another project...we're on it! Ask us to help out a worthy cause...what can we do? And there is the key word: do. It has been said that we really aren't human "be-ings" but rather we are human "do-ings". To "Be Still" feels so unproductive, it feels like we are wasting time. The closest many of us get to being still is watching TV. Yet sages throughout all time have known that in order to have a meaningful relationship with God, to have a meaningful life, we must learn how to Be Still. Apparently Rev. Paul and Elizabeth Sanders knew this wisdom, for they had it inscribed in stone on the Chapel wall. Is it even possible in this highly technological, hyper-paced world that we live in-- to Be Still? The world of the Psalmist, the world of Paul and Elizabeth Sanders truly did keep a slower pace, it must have been easier for them...and yet. And yet perhaps that is exactly why we need this wisdom even more so today!

*Be Still and Know that I am God*

Why would the Holy One want us to Be Still in order to be known? I wonder if one reason might be because when we are not doing anything, we are not controlling anything. We are not producing or constructing or planning anything. A spaciousness is created which then allows God an opportunity to be God for us. And for we humans, that could be a little scary, depending upon what we think about God. But think of Jesus' invitation: "*Come to me, all you who labor and are burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves. For my yoke is easy, and my burden light.*" (Matt. 11:28-30) This to me, sounds like the Chapel's invitation as well.

The Wayside Chapel sits on the highest ground of The Center. This was intentionally done as a way of highlighting the goal and the foundation of all The Center's activities. The Chapel doors are never locked: this is also intentional because the Chapel was intended to be a sanctuary, a place of refuge for the weary soul. When life becomes "too much" no matter what time of day or night, the Chapel is there open and ready to welcome you. When you walk in the door be sure to notice what is inscribed on the wooden beam above the sanctuary. It says: "Love never faileth". And on your way out, look up at the beam that stretches across the chapel next to the organ loft. It says, "Go in Peace." People seek out the Wayside Chapel for a myriad of reasons but no one leaves without touching the Stillness and the Peace that is offered to everyone. Truly indeed, all are welcome.

So the next time you are feeling stressed and weary, or just need some time to Be Still, come visit the Wayside Chapel. Walk slowly up the hill, pause to read the inscriptions carved into stone on its outside walls, sit inside the Chapel and ponder what is carved on its wooden beams. Be Still and know that God is a God that welcomes all. Be still and know that God welcomes you.

*Chris Hopkins*

## Low Cost (and No Cost!) Ways You Can Help The Center

Visit our [website](#) and tell your friends about it.

How does this help? The more people find out about The Center, the more quickly we make lots of new friends. Even people who have been visiting for years are sometimes surprised by the wealth of things we do here. Also, web hits "snowball"—the more people visit our website, the more the word spreads, and spreads, and spreads!

Shop at our [eBay store](#) and tell your friends about that, too! (Thanks Aleida and Kathy!!!) Our annual Rummage Sale goes hand-in-hand with eBay, and you can help The Center by cleaning out your basements and garages and donating your "treasures" for resale. We start taking donations in the middle of August for this big event!



Visit our eBay Store



Bring in your paper and used ink cartridges for recycling. These things help both the environment and The Center because we earn the proceeds from them!

Donate online by going to our homepage and looking for this button:



Shop at [One Cause](#), an online service that turns over a percentage to us of every purchase that you make—at no extra charge to you!



Turn your everyday shopping...

Switch over to our [electronic newsletter](#) instead of getting the paper version, if that works for you. If you like the feel of the physical copy in your hands, that's terrific. We're thrilled to send you one. For those of you who find it more convenient to read online, we'd just like to know.

Haven't been here in a while? Come on out to one of our upcoming activities like a camp rodeo and [SummerFest](#) or perhaps shop at our wonderful Fellowcrafters Gift Shop.

Summerfest is our major "green" event, and did you notice that many of the ways to help The Center above also reduce, reuse, and recycle our precious natural resources?



We invite you to express your creative spirit this summer  
**At the LOG CABIN CENTER FOR THE ARTS**  
**Summer Schedule**  
**June - August 2010**

Classes and workshops for adults and children in fine arts and folk arts



*The programs at the Log Cabin Center for the Arts are partially supported by a grant from the Illinois Arts Council, a state agency.*

## OUTDOOR ART FOR KIDS:

Expressing the beauty of life and nature ... a summer opportunity for 1st through 9th graders, featuring an immersion in the combined worlds of art and nature. The children will explore the Children's Farm and its surrounding natural areas, such as the pine forest, the oak and maple woods, the fields, the prairie, the marsh, and the creek. These areas provide not only the subject matter for the young artists, but also provide fun and action, inspiration, and raw materials. The classes are kept small in order to encourage individual self-expression. The children will draw and paint, plus experience a variety of other artistic media such as pottery, tie-dyeing, paper-making, and printmaking.

*Class Fee \$100 each 2-week session*

*Monday, Wednesday, and Friday mornings for two weeks: 9 a.m. - 11 a.m.*

Session 1: June 21-July 2

Session 2: July 5- 16

Session 3: July 19 - July 30

Session 4: August 2 - August 13

In order for children to explore many different natural areas and all of the artistic experiences available, we encourage you to sign up for multiple sessions.



### Instructors:

**Grades 1-2: Casey Davidge**

**Grades 3-4: Sarah Heflin**

**Grades 5-9: Liz Halbauer**

## TEEN CLASSES

### TEEN POTTERY

**Instructor: Tom Hill**([www.artisttomhill.com](http://www.artisttomhill.com))

*6 Monday evenings, beginning June 21, 6:30 - 8:30 p.m.*

Teens age 13-17 are invited to join Tom Hill in the pottery studio to create pieces by hand and on the wheel. In six weeks students will make several clay pots and other items of their choice. Both new students and experienced potters are welcome.

*Class Fee: \$78 plus \$15 materials fee (for private lessons, see Pottery Wheel Lessons)*

***TEENS are sometimes allowed to register for adult classes. Please inquire.***

## LOOKING FOR A CREATIVE BIRTHDAY PARTY?

Celebrate at the Art Center, with creative projects led by our art staff. Talk to one of the art teachers or call Lois Lauer to schedule your child's party today!

*Art birthday parties cost \$10 per child plus \$2 - 5 for materials, depending on project choice.*

## FAMILY CLASSES

All configurations of families are invited, or bring a dear friend who's like a mom or dad!

### FAMILY TYE-DYE!

Instructor: Shari Wenzel

*Wednesday, June 16, 6 – 7:30 p.m.*

Create a family of Tie-Dye shirts --in red, white, and blue to show off your patriotic spirit on the 4th of July, or in any crazy colors you like to bring pizzazz to your summer wardrobes! Most of all, enjoy this family adventure of working together on a project, where the kids' haphazard techniques always turn out better shirts than those of us wise old souls who overplan.

*Class Fee: \$8 per person, includes all supplies. Please register early and let us know what size shirts you'll need.*

### FAMILY ART: FAIRY HOUSES

Instructor: Shari Wenzel

*Thursday, July 15, 6 - 7:30 p.m*

Create delightful fairy gardens to take home, and take a hike with Shari in the woods to create a few homes for our own woodland fairies!

*Class Fee: \$6 per person, includes all supplies.*

### FAMILY NATURE POTTERY: TOADHOUSES, WINDCHIMES, AND BIRDBATHS FOR YOUR GARDEN!

Instructor: Lois Lauer

*2 Thursday evenings, July 22 and Aug 5, 6 - 7:30 p. m*

Create a whimsical house to attract toads to your garden--- or a sparkling bird bath ---or tinkling windchimes ---or let every member of your family choose a different project so your garden can have them all! The pottery is formed on July 22, then fired in the kiln, glazed on Aug 5, and fired again, for pickup by August 12.

*Class fee: \$10/person includes all supplies and kiln firings. (A first-night-only option is available at \$6 per person, for families who choose to create pieces of unglazed terracotta clay.)*

## ADULT CLASSES & WORKSHOPS

The adult summer workshops at the Log Cabin Center for the Arts encourage participants to grow and communicate through the artistic process, emphasizing hands-on opportunities for creativity and the development of skills as students learn both the techniques and joys of artistic expression. Summer workshops often meet outdoors, although the cabins are air-conditioned to accommodate our summer classes.

### OUR NEW LAPIDARY STUDIO IS FINISHED AND READY FOR STUDENTS!



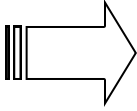
### LAPIDARY ART

Instructors: Dan and Sonya Snyder and Dave Sanders

*5 Tuesday evenings, beginning July 6, 6:30 - 8:30 p.m.*

Our new lapidary studio is finally completed. Located in the lower level of Log Cabin 3, the studio is filled with rock saws and water-cooled wheels for turning rough hunks of rock into beautifully polished gemstones. Beginners will create an oval, rectangular cushion and a pair of round or oval stones. As you advance, you'll work on more advanced designs, such as a teardrop (2-sided), a heart, or a free-form.

*Class fee: \$65 plus \$5 materials fee. Advanced students will pay higher fees as they progress to larger stones.*



## NEW OUTDOOR WOOD-FIRED KILN UPDATE:

Work on our outdoor wood-fired kiln was delayed in May by some snafus with the shipment of the brick. We are hoping to build the kiln in early summer. If you are interested in participating in the kiln-construction weekend, please leave your name and contact information at the office.

### POTTERY WHEEL LESSONS

Instructor: Tom Hill ([www.artisttomhill.com](http://www.artisttomhill.com))

Private lessons will focus on the use of the wheel to learn fundamental techniques to make pots. \$35/hour. (Semi-private for 2 people: \$20 each per hour; 4 people: \$10 each per hour ) Available for adults or teens, age 13 and up)

### PLEIN AIRE SKETCH AND WATERCOLOR FIELD TRIPS

Instructor: Lois Hrejsa

Thursdays,

June 3 – July 29, 9:30 - 2 p.m.

Artist Lois Hresja is again offering her special summer schedule of Outdoor Sketch and Plein Aire Painting workshops at a variety of wonderful locations. Everyone paints or draws until noon, and has a group critique after lunch. These outdoor classes are for folks with some art experience.

Participants usually bring a sack

lunch or a potluck lunch. Sometimes the group dines out in a restaurant. Students often arrange to meet at The Center to carpool to distant locations.

Please pre-register by calling The Center, as a courtesy to the hosts who invite us to their homes. Please pay upon arrival at each session with a check made payable to The Center (no cash please). Bring your art supplies and a folding stool or chair. Lunch details and driving directions are available at The Center office for those who register. *Class Fee: \$20 per session.*

- June 3 Garfield Park Conservatory
- June 10 Home of Pat & Ken Rockett, Long Grove
- June 17 Home of Jody Lewis, Glen Ellyn
- June 24 Garden, Illinois State Museum Gallery, Lockport
- July 1 Morton Arboretum, Lisle
- July 8 Home of Sally Cooper, Lake Point Tower, Chicago
- July 15 Chicago Botanic Gardens, Glencoe
- July 22 Children's Farm at The Center
- July 29 Home of Judy & Roger Carlsen, Frankfort



### BOOKARTS

Instructor: Marge Boyd

([www.penandpaints.blogspot.com](http://www.penandpaints.blogspot.com))

#### Coptic Bindings:

Monday afternoons, June 21 and 28, 1 – 3:30 p.m. Make a beautiful journal for sketching or writing -- with a sewn binding and a hard cover that opens flat. A really useful book and not hard to make! *Class Fee: \$32 plus \$2 materials fee.*

### HERBAL VINEGARS

Instructor: Lois Lauer

Monday evening, August 2, 6:30 – 8 p.m.

Harvest herbs from the farm garden and make three bottles of colorful herbal vinegars, complete with wax-dipped seals. After brewing on a sunny window for a few weeks, the vinegars will be great for marinades and vinaigrettes. *Class Fee: \$10 plus \$6 materials fee*

## **NATURE PHOTOGRAPHY WORKSHOP-DIGITAL OR FILM, YOUR CHOICE**

**Instructor: Rick Steffen**

Saturday, June 19, 9-11 a.m.: *The Basics of Photography*

Saturday, June 26, 9-11 a.m.: *The Tools of the Nature Photographer*

Saturday, July 10, 9-11 a.m.: *Field Techniques of the Nature Photographer*

Saturday, July 17, 9-11 a.m.: *Review and Critique of Class Photos*

Ever wonder how some people get such great photos? Rick Steffen can help you learn to do it too. Just bring whatever camera you have, and Rick will help you to use it more easily and more effectively. He'll demonstrate how to take great photos and share his strategies for composing great pictures, getting the right exposure on each shot, and, perhaps, most importantly, how to look for great subject matter in nature. Rick will bring his laptop, to demonstrate downloading and organizing photos on your own computer, and will project the class photos onto a large screen at the last session. We offer 4 workshops and encourage you to sign up for all four!

*Class Fee: \$48 for 4 session series (\$14 individual session registration)*

### **COLLAGE WORKSHOPS**

**Instructor: April Schabes ([www.aprilsart.blogspot.com](http://www.aprilsart.blogspot.com))**

**Making a Nature Journal:** *Wednesday afternoon, June 23, 1 – 4 p.m.:*

Inspired by the woods at The Center, we'll make a nature journal that is fun and experimental and that you can continue to add to with ideas from your own nature walks and gardens. Non-intimidating, we will be doing some "nature printing" and collage.

**A Nature Assemblage:** *Wednesday afternoon, July 28, 1 – 4 p.m.:*

Do you have some nature elements that you've collected and don't know what to do with? Along with other items supplied, we'll make a nature assemblage.

**Collage Gift Cards:** *Wednesday morning, August 18, 9 a.m. – 12 noon.:*

We'll create some tiny gift cards that you can always have on hand to make the presents you give very special. Envelopes too! Let's collage!

*Class Fee: \$20 per workshop plus \$5 materials fees for June 23 and for July 28; no materials fee for August 18.*

### **PAPERCRAFT WORKSHOPS**

**Instructor: Ann Fowler**

**Dynamic Cards!** *Tuesday morning, June 22, 9:30 a.m. – 12 noon:* Come and create cards with movement! They slide or turn or shake!

**Woven Cards:** *Tuesday morning, August 10, 9:30 a.m. – 12 noon:* Use basic over-under weave with paper, yarn, and other materials to make colorfully fun cards.

*Class Fee: \$16 per workshop plus \$6 materials fee per workshop*

### **PLEIN AIRE WATERCOLOR WORKSHOPS**

**Instructor: Lenox Wallace ([www.lenoxwallace.com](http://www.lenoxwallace.com))**

*Tuesday and Wednesday, July 13 and 14, 9 a.m. – 2 p.m.*

*Tuesday and Thursday, August 17 and 19, 9 a.m. – 2 p.m.*

These outdoor workshops will take place at beautiful local areas, with a special focus on brush handling to create the intimation of trees, water, foliage, and flowers. Intended for painters with some previous experience. Locations TBA—ask for locations and directions at the office when you register. The classes will begin at the painting locations.

*Class Fee: \$50 for each 2-day workshop. Bring your lunch and art supplies and stool.*

### **QUILTING WORKSHOPS**

**Instructor: Denise Dulzo**

**Needle-Felting:** *Wednesday afternoon, June 16, 1 – 4 p.m.:* Use wool from the farm's sheep and a felting needle to make a beautiful real-wool felted ornament.

**Coiled-Rug Trivets:** *Wednesday afternoon, July 21, 1 - 3 p.m.:* Strips of fabric wrapped on a cotton cord and stitched together form a colorful trivet. Zig-zag sewing machine required.

**Quilted Tea-Cozies:** *Wednesday afternoon, August 18, 1 - 4 p.m.:* Keep your tea pot warm with a colorful quilted wrap. Please buy fabric before class: you need 3-4 fat quarters of cotton fabric and 1 yard of cotton fabric for the lining. Filling provided. Sewing machine required.

*Class Fee: \$20 per workshop for June 16 and Aug 18, \$13 for July 21, plus \$5 materials fees for June 16 and for July 21.*

## **MANDALAS: LUMINOUS HANDS!**

**Instructor: Theresa Suchy-McGraw**

*Monday evening, July 26, 6:30 – 9 p.m.*

Mandala is a Sanskrit word meaning “sacred circle.” Let your hands be a creative instrument in this powerful exercise of luminosity! Come and create a luminous hands mandala with luminous shades of light using white colored pencils on black charcoal paper. You may also choose to add another introspective element to the mandala, your feet!

*Class Fee: \$16 plus \$4 materials fee*



## **PAPERMAKING**

**Instructor: Marilyn VandenBout [www.vbartworks.blogspot.com](http://www.vbartworks.blogspot.com)**

*2 Wed evenings, May 26 and June 2, 6:30 – 8:30 p.m. (Papyrus)*

*2 Wed evenings, July 28 and Aug 4, 6:30-8:30 p.m. (Garden flowers/candle surrounds)*

The fun and creative art of making textured handmade papers is the focus of the papermaking classes. In the Papyrus class, students make papyrus which is a paper-like sheet made entirely from non-wood plant fibers--such as cucumbers!. In the July-August class, Marilyn will help students embed garden flowers and botanicals into paper to make "surrounds" for votive candles.

*Class fee: \$26 per workshop plus \$10 materials fee for each 2 night workshop.*

## **INTRODUCTION TO WEAVING**

**Instructor: Nettie Botts**

*3 week introductory sessions begin Wednesday mornings, June 9 and July 7, 9 – 11 a.m.*

Weaver Nettie Botts teaches students on convenient portable 4-harness table looms, on which they create beautiful weavings. Students from previous classes are also welcome and will be assisted in designing their own projects. *Class Fee: \$39 for each 3 week session, plus \$10 materials fee for new weavers. Returning students purchase their own threads for continuing projects.*

## **JEWELRY WORKSHOPS**

### **ANKLE BRACELETS!**

**Instructor: Linda Harty**

*Monday, July 12, 6:30 – 8 p.m.*

Make a beautiful bracelet to show off your tanned summer ankles (or wrists). Linda will supply a variety of beads, silver-plated fittings, and everything you need to create your own jewelry, perfectly sized for your own body. *Class Fee: \$10 plus \$12 materials fee*

### **SUMMER SOLSTICE STORY NECKLACES**

**Instructor: Catherine Myers**

*Monday, June 21, 6:30 – 9:30 p.m.*

Storyteller/jewelry-designer Catherine Myers invites students to design necklaces which tell a story of their own personal journey. Students use beads from Catherine's extensive collection and may also bring old beads from broken jewelry, to rework into their personal necklaces. At the end of class, we'll wear our beads, and have an opportunity to share our stories, gathered around a small camp fire, to celebrate this longest day of the year, as people have throughout the ages!

*Class fee: \$20 plus \$15 materials fee*

**Pre-registration is required** for all Log Cabin classes and workshops. Class and materials fees are due at time of registration. All class fees include a \$10 non-refundable, non-transferable registration fee. No refunds or transfers of fees are available for cancellations made less than 24 hours prior to the beginning of class. To register by mail, send check and the following information: Name, address, phone, cell phone, email, name and date/time of class, and if registration is for a child, send birth-date and grade in school this fall, plus parents' names and emergency contact information.

*In September, we will resume a full schedule of weekly and seasonal classes in Calligraphy, Pottery, Silver Jewelry, Basketry, Watercolor, Woodcarving, Drawing, Nature Photography, Weaving, Collage, Papermaking, Gourd-craft, Beaded Jewelry, Poetry, Creative Writing, Quilting, Artist's Way, Family Art, Wreathmaking, Lapidary, Stitching, and Knitting, and hope to add Pastel classes to the schedule. Children's classes will be offered on Saturday mornings during the school year.*



## SUMMER CAMP OPENINGS!

We will begin our 74<sup>th</sup> season of camp on Sunday, June 20<sup>th</sup>! We still have some openings for boys in our Farm Camp (grades 4-7) and for girls (grades 4-5). Farm Camp is two weeks full of horseback riding, farm animals, camp crafts, hayrides, nature hunts, games, songs, and new friends. Limited spaces are still available for boys Ranch Camp (grades 8-9). These teens enjoy trial rides and horsemanship. Our Senior Outdoor Leadership (SOL) program also has some openings for girls and boys (grades 10-12). In SOL, teens will canoe, hike, camp, and lead activities. Anyone interested in camp for 2010, please contact Meagan Maricle 361-3650. Each camp session ends with a camp rodeo. All supporters of camp and anyone wanting to check us out should attend our rodeos!



Camp Rodeos:

Fridays July 2, July 16, July 30, and August 13

5:00 – 6:00p.m. @ The Children’s Farm

### **Camp Wish List: Please think of us when you clean this spring!**

Canoes, canoe trailer, canoe paddles, used horse tack, cowboy boots, leather scraps, craft supplies, sheets or large pieces of fabric, tents, camping gear, gardening tools, nature magazines

## Camp Scholarships

Thanks to the generosity of a whole community of friends, we are well on our way to our goal of \$40,000 for the camp scholarship fund. A special thanks to Ann Touhy and Mark Walker for their weekend in the barn with the pigs during Barn To Be Wild 2! Because of their efforts and your donations, we are able to help send more children to camp. Our scholarship fund allows children to experience camp who would otherwise be financially unable to attend. These children will enjoy opportunities that have a powerful and positive impact on their lives: twelve days of fresh air, caring leaders, healthy food, wholesome learning, group laughter and fun, and new friends. If you have not yet made a contribution to the scholarship fund, your donation will help us reach our goal! Your contribution will be matched dollar for dollar by our matching fund. We thank you for enabling us to provide this very worthwhile program.

### One Thousand OINKS - No I Mean One Thousand Thanks!!

What fun! Mark and I went 27 hours with the animals in the barn. The stars being the three pigs Dumbo, Gumbo and Jumbo. I don't believe they were affected by our presence at all. I know for a fact they slept better than Mark or me. The rooster was bothered by the company. He crowed all night long. I found out they do not only crow in the morning!



If you didn't get a chance to see all of the zany events, and some were pretty zany, you can always go to The Center's website [www.thecenterpalos.org](http://www.thecenterpalos.org) and check out the highlights. Some of our favorites were Gourd Art with Karen Caldwell, Line Dancing with Maureen Kanadet, a pig union with Chris Hopkins, and visits from past campers and the Pathway Men.



Thanks to all of you for your support. When I began this journey the thing that kept my enthusiasm was the greater good the money will do for some children joining us at camp this year! A heartfelt thanks to all who contributed, visited and supported this event.

Sincerely,  
Ann, Mark, Dave. Gumbo, Dumbo,  
Jumbo and all their friends!

# JUNE EVENTS AT THE CENTER

## TOASTMASTERS

**1st and 3rd Wednesdays, June 2 and 16, 7 - 9 p.m.**

Toastmasters is an opportunity for folks who wish to improve their public communication skills. If you'd like to develop the skills and confidence to stand and speak before groups of people, then we invite you to join The Center Toastmaster's Club. No commitment is necessary to come and observe. For more information, talk to Dave Sanders, Frank Sanders, or Lois Lauer.

## Reiki

**Sunday, June 27, 5:30 – 7:30 p.m. at the Anderson Center at the Farm.**

Reiki (pronounced Ray-Key) is a gentle, relaxing and peaceful form of energy healing, especially beneficial for those suffering from physical or emotional pain. Reiki Master and Social Worker Judy Wiggins will be joined by fellow Reiki practitioners to offer their healing services, asking a suggested donation of \$10 per participant to The Center. Advance registration is necessary, as participation is limited. Until the 15th of the month, registration is limited to new participants in our Reiki program. After that time, returning participants may register for any remaining spaces. Meet at the Anderson Center at the farm.

## WOMANTALK!

**Tuesday, June 29, 10-11:30 pm discussion (Bring a lunch if you'd like to stay for a picnic)**

WOMANTALK! is a wonderfully nurturing and supportive discussion group, focusing on the June readings in Sarah Ban Breathnach's "Romancing the Ordinary", and "Simple Abundance" books, or any other inspirational resources that ladies would like to bring to share. Our focus is on learning to live authentically, joyfully, simply, gracefully, and gratefully. Program cost: \$5

Celebrating your wedding anniversary in June?

Then you are invited to our

## **JUNE ANNIVERSARY DINNER AND REWEAL OF VOWS CEREMONY**

**Sunday, June 13, beginning with 4:30 p.m. Vespers.**

Whether you were married in our chapel, a grand cathedral, or a courthouse, we invite you to this beautiful evening of celebrating and renewing your marriage commitment. The evening begins with a Vespers Service at 4:30 p.m. in the Chapel. After Vespers, you will enjoy a gracious candlelight dinner in the lodge and then return to the Chapel for the Renewal of Wedding Vows ceremony. For reservations, send \$70 for dinner for two, to be received no later than May 31.

*Planning ahead? The July-August Anniversary Dinner is scheduled for August 22. '*

## FELLOWCRAFTER GIFT SHOP

Ah, June. . .the month during which summer begins at last! The trees are fully leafed out, and when you are here at The Center, you will feel as though you truly are in a cathedral in the woods, as many before have described. So while you are here, we hope you linger a little longer and stop in the Fellowcrafters Gift Shop located in the Main Lodge. It is an enchanting little shop, brimming over with handmade items lovingly made right here at The Center. Brand new in the shop are necklaces made from beads and rolled newspaper strips—they are beautiful! Please remember our Gift Shop whenever you need a greeting or note card—they are so unique and all handmade, of course. Father's Day will soon be here, and we have wonderful gift ideas such as bottles of hot sauce dressed up as little men wearing adorable miniature crocheted ponchos and sombreros. Happy Father's Day and Happy Summer from the Fellowcrafters!

## **JOIN THIS GENEROUS GROUP OF CREATIVE LADIES!**

**1<sup>ST</sup> and 3<sup>RD</sup> Tuesdays,**

**June 1 and 15, 10 a.m. – 2 p.m.**

Fellowcrafters meet twice each month throughout the year, to make items to sell in the gift shop of the lodge. The Fellowcrafters have been meeting at The Center for nearly 70 years, making wreaths, knitting, crocheting, stitching, and more, to benefit The Center and its programs.



### **MEDITATION: ATTENDING THE SILENCE**

Every Tuesday *evening*, 5:30pm- 6p.m. in the parlor.

Every Monday and Thursday *morning* 9:00am-9:30 am in the parlor.

Please join Chris Hopkins for a 20 minute period of silent meditation each week.

Come whenever you are able.

### **GATHER ROUND THE TABLE**

Sunday evenings, June 13th & 27th

This gathering is a circle of conversation and prayer. We remember when Jesus broke bread with his disciples and friends and we do the same. We welcome all to spend a brief time of deepening their relationship with God. We gather in a circle of mutuality, open and inclusive—please join us! Facilitated by Lois Lauer and Chris Hopkins.

### **ANNOUNCING.....CENTER CINEMA!**

Sunday, June 6<sup>th</sup> 6pm.

Are you looking for some quality entertainment? Would you like to gather with others to have a meaningful discussion about the complexities of life? Please join us for the debut of Center Cinema. Our first film is Federico Fellini's classic film *Nights of Cabria*. This is a tender film of heart, courage and eventual hope. Although *Nights of Cabria* is an Italian film with English subtitles, the main character, Cabria, speaks a language of the heart which crosses time and language boundaries. Please join us for a lively discussion after the viewing....we will even provide the popcorn! This session is facilitated by Connie French and Chris Hopkins.

### **"BE STILL AND KNOW THAT I AM GOD"**

6 Thursday mornings beginning June 3<sup>rd</sup>. 10:00 am until 11:45 am.

*(This is the same offering as the Tuesday night sessions, although content will be different since the starting date for each is different.)* Prayer in the Christian tradition has many forms. Essentially prayer is about developing a relationship with God. While many of us feel most comfortable *saying* our prayers, a relationship with God actually thrives best in the give and take of speaking *and listening*. Centering Prayer is a method of listening to God. In Centering Prayer we are silent, attentive and open to God's presence. Please join us as we spend 6 weeks learning the method of Centering Prayer. These sessions are facilitated by Chris Hopkins. There is no cost, but registration is necessary.

### **NIGHTWATCH! or "We Have Loved the Stars too Fondly to be Frightened of the Night."** (Sarah Williamson)

Friday evening, June 11<sup>th</sup>. 8:00pm until 10:00 pm

As the day passes into night, a shift comes over the world. Daylight creatures seek the safety and comfort of their homes and nighttime wanderers begin their forage. On a clear night, stars are once again visible. Join us as we present ourselves mindfully and with full attention to the passing of the day into night. Looking up into the heavens (keeping our fingers crossed that it is a clear night) we will ponder upon the beauty of the heavens and our place in it. We ask that you bring a portable chair, a flash light, and if you can bring your own blanket all the better! This evening will be facilitated by Lois Lauer and Chris Hopkins.

### **SPIRITUAL COMPANIONSHIP**

Kathy Fontaine donates her time and expertise to The Center, by offering her one-on-one services to anyone seeking spiritual direction through prayer, meditation, and dialogue. A good friend of The Center for many years, Kathy Fontaine has been trained by the Institute for Spiritual Companionship. The cost of Kathy's spiritual companionship is \$20/hour, which Kathy donates to the camp scholarship fund. Please, call the office for details about setting up appointments with Kathy, who is here as a spiritual companion all day every Tuesday.

### **VESPERS IN THE CHAPEL**

Every Sunday, 4:30 p.m.

We invite you to join us each Sunday for an inter-denominational worship service of music, meditation, and prayer, led by Rev. Frank Sanders and Rev. Chris Hopkins, and to join us after the service for cookies and coffee in the lodge.

### **LINE DANCERS:**

**We're taking a hiatus for the summer since the farm is so busy with campers, but look forward to seeing you on Friday nights in the fall!**





### **SUMMER WALKING CLUB:**

Monday and Friday mornings

June, July, and August, 7:30 a.m. – 8:30 a.m.

If you'd like to focus on fitness this summer, please join Lois Lauer and Kathy Mical for morning walks at the farm, the woods, and occasionally other locals. Please call ahead, so that we will be able to notify you of schedule changes. *Meet on the front porch of the Anderson Center at the farm.*

### **WELLNESS BREAKFASTS**

Every Tuesday morning,

June 15 – Aug 24, 7:30 -9 a.m.,

on the Anderson Center front porch at the farm.

Based on "THE WRITER'S DIET—*Writing Yourself Right-Size,*" by Julia Cameron, and other inspirational readings about eating that participants wish to share,

such as Thich Nhat Hanh's new "*Savor: Mindful Eating, Mindful Life,*" and Geneen Roth's "Women, Food, and God." We invite you to join our annual summer wellness breakfasts. We'll gather together to share a simple healthy breakfast and to discuss simple, practical, and creative approaches to weight loss, facilitated by counselor Sharon Butler, MHS, CRADC. Program Fee: \$100 for 10 weeks. No charge for first introductory session on June 15. We would appreciate your calling in a reservation so we can plan food, but you needn't make a commitment for the whole summer until after June 15. Participants should purchase a copy of "The Writer's Diet" (available online or at bookstores) and read the first assignment by June 22.

## **SUMMER GARDEN RETREAT!**

Friday August 27, 5 p.m. to Saturday, August 28, 5 p.m.

The annual woman's garden retreat is timed to coincide with the peak of the garden harvest. We've planned the weekend to include time for garden folkarts, an outdoor herbal spa, quiet garden meditation, and, as always, warm fellowship. Retreat cost: \$116, includes meals, lodging, program, and all major supplies. Early registration is advised! Retreat leaders: Lois Lauer and Kathy Mical

## **Rummage Sale**

**Friday & Saturday - September 3 and 4**

**8:00 a.m. - 1:00 p.m.**

Rummage Sale at the farm. As you clean your house, garage, and/or basement this summer, please save your flea market items AND CLOTHES to help us have a great sale in the fall. Due to limited storage space we will not be able to take your donations until August 16th. Thanks for your understanding and continued support!!!!





South Cook 4H Fair  
Saturday, July 24<sup>th</sup>  
9am – 3pm



The South Suburban Cook County 4H Fair is going to be held at The Children's Farm! The day will be filled with 4H exhibits from hundreds of children involved with South Cook 4H clubs. Exhibits include, but are not limited to, small and large animals, visual arts, photography, pottery, electricity, and cake decorating. Come cheer on our Home of the Clovers 4H members as they compete in the South Cook 4H Fair!



**Come to the farm for an afternoon dedicated to Dads!**

**Sunday, June 20<sup>th</sup> is Father's Day and in honor of all the wonderful Father's in our lives, we are offering free admission to all Dads.**

**Open from 1pm to 4pm.  
Admission is \$4.50 (under 2 free)  
Fathers are Free!!**





## Summer Junior Farmers

*An outdoor opportunity for children to learn and play while enjoying life on the farm!*

Children, ages 3 to 8, can enjoy two weeks of sunshine and fresh air while participating in one of the four summer sessions offered. Children will meet up to 3 hours per day, three days a week. Summer Junior Farmers will pick clover for the rabbits, gather fresh eggs from the chickens, brush the ponies and the goats; all while enjoying summertime at the farm.

They'll touch, they'll learn, they'll enjoy!

### SUMMER SESSIONS

June 21 - July 2

July 5 - July 16

July 19 - July 30

August 2 - August 13

#### **Ages 3-6:**

M, W, & F afternoons

1-2 pm or 2:30 - 3:30 pm

\$84

#### **Ages 6-8**

M, W, & F mornings

9 am - 12 noon

\$200





## Farm and Nature Discovery Preschool:

What a gorgeous month May was. Our weather was wonderful, the farm was beautiful, and our last month together was so much fun. We watched eggs hatch and tadpoles turn into frogs, all in our classrooms.

May's theme, entitled "Creating with Nature's Bounty," was all about using nature in different ways. There was so much creativity this month. We celebrated our last month with an end of the year pro-

gram all about bears, and graduated over 60 students.

We are currently registering for fall, 2010 and our summer program. The summer program runs from June 7 through June 18<sup>th</sup>. We offer both a Tuesday / Thursday and Monday / Wednesday / Friday program from 9a.m. – noon. There are openings in both as well as openings in our fall preschool as well. Our own teachers will be teaching the summer program. Please come join the fun. If your child is between the ages of 3 – 5, we would love to show you what we have to offer.

**For a tour or to have information sent to you,  
please call the preschool at (708) 361-8933.**

# Fellowship Corner Joe Witryk



About 10 years ago I learned about The Center from Les Jones, the President of the Worth-Chicago Ridge United Way, whose board I had joined. Then I went to the lodge a few years later for a memorial service. That was when I realized how wonderful this place and the staff and volunteers really are. As time went on I decided to leave United Way, and Dave Sanders said we could really use you on the Board at The Center. So here I am.

This place is like a childhood home to me. When I was young my parents visited a farm on RTE 83 just north of Ogden Ave., to get fresh milk, eggs and corn when it was harvested. But I would always wander into the barn to feed hay to the cows and pet and talk to them. Over the last few years I've tried to help with as many activities as my schedule allows because I truly love being here. The animals here at the farm are just as awesome as are the entire grounds and various ongoing activities all year round on both sides of Southwest Highway. It is such a serene beautiful calming place that gives so much comfort especially to me within this past year. My favorites are the lambs and calves this

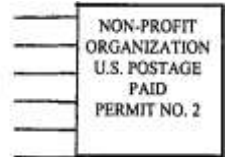
year. Thank-you Ms Kay ,Amy and Grant for the tender care you provide all the animals and visitors here.

*And thank you Joe for the care you provide to the programs here. Thanks for serving on our Board of Trustees, for helping at the farm and other Center events, and for loving our animals and visitors. The Center Staff*

# The Center

The Chicago Southwest Suburban Community  
Parish and Community Center Foundation  
12700 Southwest Highway, Palos Park, IL 60464

<http://www.thecenterpalos.org>  
email: [centerpalospark@sbcglobal.net](mailto:centerpalospark@sbcglobal.net)



## **SUMMERFEST AT THE FARM!** **Saturday, June 5<sup>th</sup>** **10 a.m. - 4 p.m.**

**Kick off a summer of fun at the farm at our 22nd annual summertime festival! The fest is centered around a "Green Fair" of environmental organizations and vendors of environmentally-friendly products, plus garage sale vendors, flea market vendors, and craft vendors *plus...* horsesrides, hayrides, crafts, and games for kids, tours of the animal barns, live music by Deb Seitz, and great food, including fresh lemonade and watermelon.**

**Volunteers needed to contribute baked items for the bake sale and to lead horse rides, to help with kid's games and crafts, and to help in the animal barns.**

**Plan to bring the whole family. Bring a big smile! Enjoy a summer day at the farm!**

**Festival admission: \$4/adult and \$2/child**



**Spread the word-**  
**This is the way to start the summer!**